

Essential Oils For Pets

**A Complete Practical Guide
of Natural Remedies and Ailments**

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Did you know?

Dogs shouldn't be given chocolate? Do you know why?

Dogs get allergies just like people. Can you identify them?

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REVIEW

them accordingly. With careful use, animals around the world can receive the best that aromatherapy has to offer without endangering them.

Aromatherapy works with animals on different levels: spiritually, evolutionarily, emotionally, conditionally, and physically. There is no certain proof that animals can respond as effectively as humans can to essential oils. However, there have been multiple cases, particularly with dogs, where essential oils have been used as a synthetic fragrance. While it is obvious that animals prefer specific scents and that they are capable of liking certain aromas, there is no direct link to their brain activity. The shortage of complex emotional dynamics in animals simplifies aromatherapy use with them to some degree. Other features, including which essential oils to use, the quality and purity of essential oils, and how they should be diluted, determine the safety as well as the usefulness of aromatherapy with animals. The method is kinesiology aromatherapy, in which essential oils are chosen with regard to a subject reference. It can be difficult to choose essential oils for animals since they cannot exactly tell you how they think and feel; but they will show you varying reactions when presented with fragrances of different essential oils.

are convenient sprays that can be misted around a cat's bedding. Keep essential oils and hydrosols away from strong light, heat, air, and moisture. The following essential oils are toxic as well as aversive to cats, and they include all citrus oils made from fruit peels. Oils that should be kept away from cats include lime, lemon, grapefruit, cinnamon, bergamot, orange, tea tree, thyme, Niaouli, oregano, spruce, mandarin orange, and fir, to mention a few.

How to Apply: Direct application for ticks and fleas, diluted application for inhalation

Eucalyptus Essential Oil

Eucalyptus oil is suitable for different uses, and it features a broad spectrum of terpene alcohols in its chemical composition. The aromatic oil has antiviral, anti-inflammatory and expectorant effects. The oil is exceptionally gentle; therefore, it is an appropriate choice to use in blends for your animals. You can also use the oil for congestion.



Dist

How to Apply: The oil is suitable for direct inhalation, topical application and diffusion.

Cedarwood Essential Oil

Cedarwood essential oil is a gently stimulating natural oil that has the capability of increasing circulation and stimulating the release of toxins. This essential oil has an elegant, earthy and complex fragrance that makes it appropriate for aromatic blends. The dominant chemical composition of the essential oil is sesquiterpene hydrocarbons. This signifies toning properties, moderate antiseptic effects and reduction of congestion in the circulatory system. The method of distillation used by this essential oil is steam distillation and it has a deep, woody, smooth, warm and balsamic aroma.



Lemon Essential Oil

Lemon essential oil is known as a remarkable aromatic, topical oil that can be used to complement many other oils. Lemon essential oil has a fragrance much like that of fresh lemon zest. It is normally pale to deep yellow in color and has a thin consistency. When used in aromatherapy blends, lemon oil is usually considered to be a top note. The general properties of this oil do include: carminative, anti-inflammatory, antibacterial, antispasmodic, anti-rheumatic, antiseptic, and antifungal.



Ginger Essential Oil

This is a pale yellow to amber essential oil with a warm, spicy, fresh and woody aromatic fragrance, which is reminiscent of coriander, lemongrass and citrus. The oil's sweet and heavy undertone is rich and almost balsamic floral. Ginger oil's citrusy fragrance provides a multitude of therapeutic benefits for your pet, either through aromatic or topical application. You should not settle for ginger oil that has a stale or musty smell. Ginger oil is moderately inexpensive when compared to other aromatic oils, and contamination is not common.



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Scent: Warm, earthy, and woody

Chemical Group: Burseraceae

Uses: Myrrh essential oil is used as a pet ointment. All you need to do is mix myrrh with appropriate oils and apply on rashes, fungal skin ailments, cuts, scrapes, and bites. It can also be used as a mosquito repellent for your dog's ears. The essential oils that you can blend with myrrh to make the ointment include geranium essential oil, carrot seed essential oil, patchouli essential oil, rosewood essential oil, and palmarosa essential oil.

How to Apply: Topical application through ointment and pet shampoo.

Ylang essential oil can also be used as a disinfectant, allowing you to keep your pet and its environment clean.

How to Apply: Inhalation and topical application by combining it with carrier oil.

highly resourceful as a calming oil.

How to Apply: Topical application, inhalation

Part of Plant: Seeds

Color: Pale Yellow

Scent: Sweet, herbaceous, spicy, woody, and slightly fruity

Chemical Group: Apiaceae

Uses: You can use the oil to enhance fresh breath for your pets. The simplest blend that you can make requires the following ingredients: eight ounces of fixed oil, four drops of peppermint oil, four drops of coriander oil, and eight drops of cardamom oil. You can also make an immune boosting blend by mixing the following: eight ounces of fixed oil, five drops of coriander oil, ten drops of tea tree oil, and five drops of eucalyptus oil.

How to Apply: Diffusion and Topical application

Uses: Yarrow oil can be utilized to improve certain circulatory conditions including varicose veins and hemorrhoids. Yarrow essential oil can be used for irregular menstruation, cystitis, and menopausal problems. It can also be used for digestive problems such as colic, indigestion, cramps, constipation, flatulence, and any other infection attacking the digestive system. Individuals with skin conditions can also benefit from the oil since it can be used for scars, eczema, rashes, inflamed wounds, burns, and cuts. Yarrow essential oil can also help with promoting hair growth, combating stress related problems, insomnia, and getting rid of infections in the urinary system and reproductive organs. It should not be used by pregnant women, and prolonged use of Yarrow essential oil in high doses may result in neurotoxic effects, headaches, and skin irritation.

How to Apply: Topical application, Diffusion

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