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# **Animal Reproduction in Veterinary Medicine**

# Physiological and Clinical Aspects of the Endocrinology of the Estrous Cycle and Pregnancy in Mares

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## Abstract

The use of advanced reproductive endocrinology can generate important economic benefits for equine breeding farms. Pregnancy in the mare involves considerable endocrine changes, which can be explained in part by the development of different structures such as embryonic vesicles, primary and secondary CL, endometrial cups and development of fetoplacental units. Both the pregnant mare and the fetus adapt to this development with unique mechanisms, such as alterations in the maternal endocrine metabolism and hormonal feedback. Since the ability to produce a viable foal is critical for the broodmare, the maintenance of the gestation implies almost a year of physiological effort. Therefore, the joint knowledge of basic reproductive science and current clinical endocrinology allows veterinarians and breeders to be better positioned to achieve their objectives. This chapter reviews normal and abnormal endocrine patterns during the equine estrual cycle, pregnancy. We also consider hormonal evaluation related to placentitis, abortions, recurrent pregnancy loss, and premature deliveries. Also, several aspects associated with endocrinological control of the reproductive cycle, ovulation, parturition, high-risk mare, and hormone supplementation will be developed.

**Keywords:** estrous, clinical endocrinology, mare, pregnancy

## 1. Introduction

The gestation in the mare begins with the fertilization of the ovum, then the implantation of the blastocyst in the uterus followed by the development of the placenta and fetus until delivery. Therefore, gestation is a dynamic and coordinated process involving systemic and local changes in the mare that support the supply of nutrients and oxygen to the fetus for growth and development in the uterus [1]. In part, these changes occur through the secretion of hormones in the placenta, which in turn interact with each other and exert extensive effects on maternal tissues during gestation [2]. These endocrine changes in maternal physiology adaptations to gestational status result from modifications in the maternal environment of steroids such as progesterone ( $P_4$ ), estrogens, androgens, and other hormones such as relaxin and prostaglandins (PG). However, an inadequate adaptation of maternal physiology can lead to gestational complications, such as restriction or overgrowth of the fetus and premature delivery [3].

Since an understanding of endocrinology in equine species is useful when considering hormone treatment of cyclic and pregnant mares, this chapter considers a basic review and applications of this information in clinical therapeutic situations. For this reason, this chapter aims to provide an overview of the endocrine changes that occur in the mare in response to gestation and to discuss the key role of hormones in mediating pathological processes.

## **2. Neuroendocrine control of the estrus cycle in cycling mares**

The estrous cycle is defined as the interval of time between two consecutive ovulations. The approximate length varies between 18 and 22 days, considering on average a period of 21 days [4, 5]. The current nomenclature stipulates that the estrous cycle consists of two differentiated stages: estrus or follicular phase and diestrus or luteal phase. These phases are characterized by internal modifications of the sexual organs and glandular system as well as behavioral alterations based on the levels of oestradiol ( $E_2$ ) and  $P_4$  [6, 7].

### **2.1 Follicular phase**

Estrus, heat or follicular phase is characterized by the presence of follicles at different stages of development, and the simultaneous increase in the secretion of  $E_2$ . It has a duration of about 5–7 days, with a variability of 3–9 days related to the season. Thus, estrus is extended in autumn (7–10 days) and is shortened considerably, in late spring and early summer (4–5 days). During this period the mare is sexually receptive to the stallion genital tract and is ready to receive and transport of sperm and finally culminates with ovulation [5, 6, 8].

#### *2.1.1 Follicular dynamics*

Ovarian follicular development is a complex dynamic process, characterized by marked proliferation and differentiation of follicular cells, providing an optimal environment for oocyte maturation and preparation for fertilization after ovulation [9]. Among the recruited follicles in each follicular wave, dominance takes place and one follicle of the cohort acquires the ability to continue growing while others undergo atresia. The regulation of each wave and follicular selection involves interactions between specific circulating gonadotropins and intrafollicular factors, ensuring that each follicle is properly stimulated to grow or regress at any stage of development [8]. From an experimental point of view, the occurrence of a wave is defined as follicular growth or simultaneous emergence of a variable number of follicles below 6–13 mm in diameter [10, 11]. In the mare, these follicular waves are classified depending on their ability to develop the dominant follicle (primary waves) or, in contrast, generate only small follicles (smaller waves). Thus, the main waves or greater originate several follicles subordinate and a dominant follicle, while smaller waves, the follicles are not larger than 30 mm in diameter and then regress [12, 13].

During each cycle produces 1 or 2 major follicular waves, differentiated according to time of onset at primary and secondary. The primary major wave occurs near the middle of the diestrus, in which the dominant follicle ovulates at the end or near the end of estrus. The largest wave precedes the previous secondary and emerges during late estrus or early diestrus. There are two anovulatory follicular waves followed by an ovulatory surge during the estrous cycle [14, 15].



Steroidogenesis in the ovaries involves both theca and granulosa cells. The antral follicles acquire receptors for follicle-stimulating (FSH) and luteinizing (LH) hormones in the membranes of the granular cells and theca, respectively. Cholesterol passes through theca cell plasma membrane attached to a lipoprotein, is stored in cytoplasmic vacuoles, and is transported to the outer membrane of the mitochondria. The LH is released in a pulsating form from the anterior pituitary gland and binds to its receptor in the theca cell membrane, mobilizing cholesterol. Inside theca cells, the StAR protein helps transfer cholesterol to the internal mitochondrial membrane, where the cytochrome P<sub>450</sub> (CYP) enzyme system divides cholesterol into pregnenolone (P<sub>5</sub>), and subsequently, P<sub>5</sub> becomes to androstenedione (A<sub>4</sub>). The A<sub>4</sub> produced in theca cells is transported through the basal membrane to the granulosa cells. There FSH supports the steroidogenic pathway and converts A<sub>4</sub> into E<sub>2</sub> [16].

Increased concentrations of estrogen stimulate the secretion of LH, which in turn induces greater estrogen synthesis. This progressive increase in estrogen also promotes the onset of LH receptors in granulosa cells, which facilitates the transition from the antral stage to the preovulatory stage, when the oocyte reaches the final stage of maturation. At 6 days after the emergence of major follicular wave deviation occurs. This event relates to the growth rate difference of the preovulatory follicle size (22.5 mm) compared to the subordinate follicles (19 mm) [12, 13, 17]. Deviation is related to inhibin secretion [12] and *insulin-like growth factor-1* (IGF-1) [13, 17]. Specifically, inhibin reduces FSH secretion, making it impossible to continue the development of the subordinate follicle. However, the dominant follicle continues to grow at a constant rate of 2.3 mm per day until reaching a size of 40 mm in response to the increased sensitivity to FSH. As has been mentioned, at this stage of development, granulosa cells also develop receptors for LH required for final oocyte maturation and ovulation after the LH surge [18].

As has been demonstrated in different horse breeds such as Quarter Horse, Arabian, Thoroughbred, and Spanish Purebred, the maximum diameter of the ovulatory follicle usually varies between 40 and 45 mm [19], although the range may be higher (30–70 mm) [7, 20]. Moreover, size differences were established concerning the breeding season or the presence of multiple ovulations. Thus, the follicles reach a size 5–8 mm higher in spring than in summer or autumn and are 4–9 mm lower in multiple ovulations compared to the simple [20, 21].

The highest concentrations of estrogen secreted by the granulosa cells of the preovulatory follicle also induce the appearance of typical behavioral manifestations of estrus. Estrogens are also responsible for reproductive changes that ensure the reception, transport of sperm and oocyte fertilization [4, 6]. After the preovulatory LH surge, ovulation occurs spontaneously 24–48 h before the end of the follicular phase. The ovulatory process brings rapid evacuation of the oocyte and follicular fluid after follicular rupture at ovulation fossa. Once completed, E<sub>2</sub> concentrations return to basal levels and at the same time completing the oestrus behavior in mares [11, 22–24].

## 2.2 Luteal phase

The diestrus or luteal phase begins at the time of ovulation with the formation of CL, which is responsible for the synthesis of P<sub>4</sub>. Unlike the follicular phase, the insensitivity of the corpus luteum (CL) photoperiod makes the length of this period more constant. Most research estimates an average duration of 14–15 days but can be more durable in mid-summer (16 days) than in spring or autumn (13 days) [5, 6].



### *2.2.1 Formation of corpus luteum*

The disorganization of the follicular wall after ovulation allows blood vessels and fibroblasts invade the follicular cavity. Luteinization involves structural and functional changes in granulosa and theca cells. These are the same cells that initially produced  $E_2$  and become into luteal cells that produce  $P_4$ .  $P_4$  remains high from day 5 post-ovulation until the end of the diestrus and exerts specific functions related to the preparation of the endometrium to accept and maintain pregnancy, endometrial gland development and inhibition of myometrial contractility [24].

Have been described two types of CL regarding the presence or absence of central blood clot. In a high percentage of cases (50–70%) in place of ovulation, a core clot develops surrounded by luteal tissue. This type of condition is defined as a corpus hemorrhagic. The cavity begins to fill with blood, fibrin, and transudate for the first 24 h, reaching the maximum size at 3 days. Around day 5 post-ovulation CLs that develop a central cavity usually, have a significantly higher size (32.8 mm) to those without it (26.0 mm). The ratio of the maximum diameter of the CL is 65–80% compared to pre-ovulatory follicle size and has an outer wall thickness of 4–7 mm corresponding to the portion of luteinized tissue. As happens with the size, texture also changes depending on the type of CL. The CL that develops the central cavity is denser than those that lack it, in which the structure is more spongy [25]. Usually, the ratio of non-luteal luteal tissue of the corpus hemorrhagic is minimal during the early diestrus and maximum in halfway of diestrus. These events are associated with the gradual decrease of fluid as a result of the production and organization of connective tissue associated with the clotting mechanism [26, 27]. Notably, the formation of one type or another of CL is a random event. The morphology luteal repeatability is not always observed in subsequent ovulation [26–28].

Furthermore, continuous  $P_4$  levels during diestrus reduce the frequency and intensity of gonadotrophin-releasing factor (GnRH) pulses by a feedback mechanism. However, because the pulses of FSH are higher than those of LH, a new follicular wave is developed during this period. In the absence of pregnancy, the end luteal phase culminates with the lysis of CL induced by the  $PGF_{2\alpha}$  of endometrial origin and decreased concentrations of  $P_4$  [5, 6]. Luteal regression involves several structural and functional events characterized by decreased vascularization, an increase of connective tissue, hyalinization, atrophy and fibrosis [29].

## **2.3 Neuroendocrine control of the estrus cycle**

Physiological events that occur during the estrous cycle are regulated by the coordinated interaction of various hormones and releasing factors like GnRH, FSH, LH,  $E_2$ ,  $P_4$ , and  $PGF_{2\alpha}$ , among others [22]. In this section we will describe a synthesis of the most notable changes and the physiological participation that all these factors have during the estral cycle in the mare.

### *2.3.1 Gonadotrophin releasing factor*

The increased photoperiod during spring and summer causes decreased secretion of melatonin. This signal has a positive effect on the pulses of hypothalamic GnRH, which in turn controls the release of gonadotropins [27]. GnRH pulses produced every 45 min originate predominantly LH secretion whereas those occur every 6 h stimulate the secretion of FSH. The high-frequency pulses of GnRH (2 pulses per hour) during estrus favors an increase in LH and FSH decline, while reducing the frequency to 2 pulses per day, leads an increase of FSH and LH inhibition [30]. These endocrine events, allowing the emergence of follicular waves,  $E_2$

synthesis, and ovulation during estrus and appearance of the CL with P<sub>4</sub> release during diestrus [24].

### *2.3.2 Follicle stimulating hormone*

Follicle-stimulating hormone describes two types of secretion patterns during the estrous cycle in the mare: uni or bimodal. The bimodal pattern occurs frequently during the spring transition period and the ovulatory season. The first peak of FSH appears between the 8th and 14th day of the cycle, the moment in which the largest follicle reached a diameter of 13 mm [18]. This initial increase precedes the beginning of the deviation and is associated with increased synthesis of inhibin by the largest follicle [8, 13, 15, 18, 31] and persists until the preovulatory follicle reaches 22 mm of diameter. The second peak of FSH begins on day 15 of the cycle and it is necessary to complete the development of the preovulatory follicle [19, 31]. Unlike the bimodal pattern, the first peak of FSH would be absent in the unimodal pattern [18]. In the latter pattern, FSH levels remain low during estrus, rise in times around ovulation, maintaining increased during diestrus [31].

FSH is also involved in the development of the LH receptors in the preovulatory follicle [32, 33]. At the start of follicular growth, low levels of estradiol exert negative feedback on the hypothalamic-hypophysis axis (HHA) controlling the tonic or basal release of gonadotropin. This mechanism controls the follicular growth and E<sub>2</sub> synthesis continuously preventing ovarian overstimulation. After the period of follicular growth, once the dominant follicle has been selected, the E<sub>2</sub> and inhibin levels are significantly increased. This elevation of E<sub>2</sub> is responsible for the characteristic changes of the genital tract and signs of heat during estrus. Furthermore, this response exerts positive feedback on the HHA, favoring the emergence of preovulatory LH surge, necessary to produce the ovulation. Additionally, the stimulatory effects of E<sub>2</sub> on LH combined to the inhibitory action of inhibin on FSH create the ideal microenvironment for the final maturation of the oocyte, inhibiting the development of immature follicles [4].

### *2.3.3 Luteinizing hormone*

LH levels gradually increase from day 5 to the day of ovulation, when it reaches the maximum concentration [7, 34]. The pre-ovulatory LH surge occurs as a result of the positive feedback mechanism exerted in the adenohypophysis by E<sub>2</sub> concentrations secreted by the granulosa cells of the preovulatory follicle. However, the peak of E<sub>2</sub> is reached 2 days before the LH surge. During diestrus, LH is released in a pulsatile manner, with a frequency of 1.4 pulses per 24 h and for a period of 20–40 min at the central level, or 2–4 h per pulse at the peripheral level [34]. Therefore, P<sub>4</sub> secretion is maintained by basal levels of LH. The decline of LH at the end of diestrus is a result of the combined effect of decreased estrogen positive feedback, and the resurgence of negative feedback induced by P<sub>4</sub> on the HHA. This gonadotropin not only participates in the development and maturation of the primary follicles but also in the development and maintenance of CL during the luteal phase [8, 13, 22].

### *2.3.4 Estradiol-17 $\beta$*

The ability of estrogen synthesis is dependent on the effect of FSH on granulosa cells. In the absence of P<sub>4</sub>, estrogens begin to be actively secreted by the preovulatory follicle 5–7 days before ovulation. This event coincides with the time of departure and reaches the peak 2 days before ovulation [5, 22], and will be responsible for

the preovulatory release of LH. After ovulation,  $E_2$  levels begin to decrease, reaching basal levels at day 5 post-ovulation [13, 19].

Although estrogen levels are directly related to the degree of ovarian activity, sexual receptivity and reproductive tract changes [4, 6, 13, 31, 35] there is no evidence of a direct relationship between the intensity of endometrial edema and  $E_2$  concentration. This situation is much clearer on  $P_4$ . Swelling occurs when  $P_4$  levels are  $<1$  ng/ml, so this hormone could be responsible in principle on the intensity of edema, among other behavioral and morphological changes of the cervix and uterus [35]. However, at the time of ovulation inverse correlations are established between  $E_2$  and FSH levels associated with the negative feedback effect of inhibin, as previously referred [31].

### *2.3.5 Progesterone*

The steroidogenic activity of  $P_4$  depends on the action of LH on theca cells. As noted above, levels of  $P_4$  are  $<1$  ng/ml during estrus [19, 36]. After ovulation, it increases progressively and significantly to the 5th or 6th day, with values similar to those of pregnant mares during the first 14 days of gestation. At this time the CL is fully functional and  $P_4$  levels remain high until day 9 [35, 37], consistent with the maximum diameter reached by the CL [7, 20, 35, 37]. However, peripheral concentrations of  $P_4$  are highly variable between mares. This variability is associated with secretory capacity CL and hormonal catabolic rate. Perhaps this fact may explain the differences in  $P_4$  levels between different breeds during the first 5 days of the luteal period, despite the similarity in length of estrous cycles. Among other factors related to variations in levels of  $P_4$  highlights the number of ovulations. In fact, double ovulations induce higher concentrations of  $P_4$  compared to simple ones [35].

$P_4$  inhibits the secretion and pulsatile release of GnRH and LH but does not modify the pattern of FSH [7, 13, 15]. This event, unlike what happens in other species, enabling a new wave of follicular growth and in some cases the presence of ovulation during diestrus related to high levels of this hormone [18, 22, 38]. After lysis of the CL at the end of diestrus,  $P_4$  is drastically reduced to levels  $<1$  ng/ml, a fact which promotes the mare returns to estrus [19, 36].

### *2.3.6 Prostaglandin $F_{2\alpha}$*

In the absence of pregnancy, the average life span of the CL is controlled by the release of endometrial  $PGF_{2\alpha}$  source, establishing a bimodal pattern of discharge around day 13–16 of diestrus. While the first 4-h peak precedes the decline of  $P_4$ , the second occurs during and after luteolysis. Luteolysis involves decreased blood supply, leukocyte infiltration, cell disruption and loss of lutein steroidogenic capacity by apoptotic or non-apoptotic mechanisms intended to disintegrate the CL and therefore secretion  $P_4$  [39, 40].

## **3. Recent advances in hormonal control of estrous cycle**

In mares, the natural breeding season extends from spring to early autumn. Until now, various methods have been used to advance the onset of the breeding season or to synchronize the estrus during the reproductive season. Ovulation induction protocols have also been developed for use in artificial insemination or embryo transfer programs [41, 42].



### 3.1 Gonadotropin releasing hormone

Seasonal reproductive inactivity in mares is due to reduced synthesis and storage in the hypothalamus of GnRH and decreased amounts of FSH and LH in the anterior pituitary gland [27]. Taking this physiological basis into account, it would be expected that the administration of gonadotropins to anestrus mares will restart reproductive capacity.

The administration of a single dose of GnRH to mares causes an increase in the circulating concentrations of FSH and LH [43]. However, constant infusions result in a continuous release of both hormones [44]. An experience conducted in the late 1980s reported that 50% of mares treated during the seasonal anestrus had fertile estrus after infusion of GnRH for 28 days (100 ng/kg; SC). However, this same experiment showed that mares with transitional anestrus were more likely to respond to GnRH than mares with deep anestrus [45].

In another study, daily but not continuous administration of GnRH to induce ovulation in anestrus mares only induced the development of preovulatory follicles [46]. Also, another report [47] showed that the administration of 0.5 mg GnRH three times daily for 7 or 7.5 days induced normal follicular maturation and normal luteinization in anestrus mares. From these studies, it has been demonstrated that the administration of GnRH in diverse protocols is not profitable and requires a lot of manpower. It also results in variable response to treatment among mares, especially deep anestrus mares.

### 3.2 GnRH agonists

GnRH is known to be responsible for the secretion of FSH and LH, but studies performed to evaluate the efficacy of GnRH-agonists are conflicting. GnRH agonists were used as injections or slow-releasing implants to induce estrus and ovulation in anestrus and transitional mares. The GnRH agonists available for mares include deslorelin, buserelin, and historelin [48].

According to Allen et al. [49] two injections of GnRH agonists each day or continuous administration of GnRH agonists were able to induce follicular development and ovulation in acyclic mares. In the same way, Bergfelt and Ginther [26], demonstrate the same result where mares where about 60% of treated mares with GnRH-agonist ovulated within a 21-day long treatment.

In a study conducted in transition mares for 28 days, Harrison et al. [50] administered buserelin twice daily (40 µg, IM, q 12 h) for 28 days, or as SC implants releasing 100 µg/day. 45% of the mares ovulated between the 10th and 25th day after the start of treatment, in response to the two daily injections. However, 60% of the mares ovulated between 4 and 30 days after implant treatment. The same results were observed when the GnRH agonist was combined with E<sub>2</sub> [51].

Deslorelin has also been used to induce cycle and ovulation in mares. Slow liberation subcutaneous deslorelin implants are effective in increasing LH and accelerating ovulation in mares [52, 53].

It is important to indicate that the response is in correlation with the follicular size at the beginning of the treatment and the depth of anestrus. This means that due to the insensitivity of GnRH, mares that are already in the transition period are more likely to respond to the treatment compared to those who are in deep anestrus [54]. Another negative aspect of GnRH treatment in anestrus mares is the risk of early pregnancy losses due to inadequate luteal function [26].

### **3.3 Progesterone and progestins**

The administration of  $P_4$  suppresses the release of LH from the anterior pituitary gland. Once  $P_4$  supplementation ceases, the so-called “rebound effect” induces follicular maturation and ovulation. Its use in equine reproduction is a common practice and the available protocols include progestogens administered orally or parenterally. However, its use in mares with seasonal anestrus is questionable.

Different studies indicate that mares in deep anestrus or early transition do not anticipate the first ovulation of the year with  $P_4$  treatments [30, 55]. However, it has been shown that, if treatment is carried out at the end of the transition period and the mares have at least one follicle of more than 20 mm in diameter in the ovaries, they show regular post-treatment cycles [56].

Intravaginal devices containing  $P_4$  (CIDR, PRID, and intravaginal sponges) have been used in mares. Indeed, Hanlon and Firth [57] examined the effect of intravaginal devices placed during 10 days in transitional Thoroughbred mares. The results of the experiment showed that the use of  $P_4$  has a positive effect in bringing forward the first estral cycle of the breeding season. Compared to control mares, in the first 21 days of the season, 95.2% treated mares were served and conceived sooner after the start of the breeding season.

Regumate is the most commonly used orally administered progestogen. Its active ingredient is allyl trenbolone, also called Altrenogest. Allen et al. [55] evaluated the effect of oral  $P_4$  treatment in mares with seasonal anestrus. Within 8 days, 88% of the treated mares showed estrous behavior and within 18 days of treatment interruption, 84% had ovulated. Based on these figures, the treatment gave a positive result in the acceleration of cyclicity in mares, but its response depends on the depth of the anestrus.

### **3.4 Recombinant equine FSH (reFSH) and LH (reLH)**

The use of recombinant equine FSH (reFSH) has been reported to induce follicular growth in cyclic mares [58, 59]. A study reviewed in 2013 however determined the efficacy of it in deep anestrus mares to be very successful with ovulation rate of 76.7% in response to FSH treatment followed by human chorionic gonadotropin (hCG) administration [60].

Mares in deep anestrus treated with reFSH alone or reFSH and reLH in combination under natural photoperiod showed a significant increase in follicular development within 6 days on average and all of them ovulated within 10 days. In comparison, the control group needed a significantly longer time for follicular growth and only 30% of the control mares had ovulated at the end of the 14 days used for the experiment [61].

### **3.5 Dopamine antagonists and prolactin**

Studies in sheep found that dopamine antagonists are effective in increasing LH secretion during estrus by inhibiting the release of dopamine in the brain [62]. In mares, the increased release of dopamine during winter anestrus has been confirmed in studies measuring a higher concentration of dopamine in the cerebrospinal fluid during deep anestrus. It has also been shown that inhibition of dopamine D2 receptors may accelerate the onset of the ovulatory season in mares. Sulpiride, domperidone, and perphenazine have been studied [63].

Mari et al. [64] compared the efficacy of sulpiride and domperidone, two long-acting dopamine antagonists, to induce ovarian activity in mares with deep anestrus. The results showed that sulpiride administration was effective in accelerating the transition period and first ovulation in mares with deep anestrus.

On the other hand, as daylight increases, the concentration of prolactin (PRL) also increases. Dopamine is an inhibitor of PRL release, and it has been suggested that the administration of this hormone may help stimulate cycling in mares in anestrus [65]. Various studies have confirmed that the administration of recombinant prolactin from different animal species (equine, porcine and ovine) has a stimulating effect on mares in anestrus. Thompson et al. [66] examined the effect of subcutaneous administration of recombinant porcine prolactin (rpPRL) pony mares for 45 days. About 17 days after the start of treatment, a high percentage of treated mares showed signs of heat and ovulation accelerated by more than 1 month. However, another study examined the effect of a single dose of recombinant ovine prolactin (ovPRL). As a result, significant stimulation of follicular development was observed, but only one mare ovulated [67].

### **3.6 Induction of ovulation in mares**

A reliable ovulation-inducing drug is one that can trigger ovulation within a certain “fixed” period of time. This pharmacological action can provide enormous advantages in anticipating the right time for artificial insemination. Several pharmacological agents such as GnRH and GnRH agonist, hCG, recombinant equine LH, and equine pituitary extracts, prostaglandins and kisspeptin have been used to determine their efficacy in ovulation induction [68].

#### **3.6.1 GnRH**

The frequency of GnRH pulses is the main regulator of LH secretion by the adenohypophysis [69]. Because of this stimulation, they can be used as an ovulatory agent and therefore can be used to induce ovulation in mares. On the other hand, due to its natural origin, it does not cause an immune response after being administered in several sessions. There is also little risk of contamination as GnRH is a synthetic product. In the 1990s, several experiments were conducted to evaluate the efficacy of GnRH in ovulation induction in cyclic mares [70, 71]. In one of them, the effect of a single administration of 2 mg of synthetic GnRH was tested but did not affect ovulation induction. However, daily injections of the same compound from day 2 of heat to ovulation resulted in a shortening of the duration of heat and the time for ovulation [72]. Likewise, Duchamp et al. [73] conducted a study to try to identify a more suitable ovulatory agent. To do that, they compared the effect of an intramuscular injection of 2.500 i.u. hCG and 2 mg GnRH (not synthetic). The use of hCG, injected when the follicle reached 35 mm in diameter, induced ovulation in 24 or 48 h. However, GnRH was not effective in shortening ovulation time compared to the control group.

On the other hand, the pulsatile infusion of endogenous GnRH was effective in advancing ovulation time in cyclic mares [70]. Treatments with low doses of endogenous GnRH (2.5 µg) continuous infusion for 14 days demonstrated increased LH and ovulation in all treated mares compared to controls [74].

#### **3.6.2 GnRH-agonist**

##### **3.6.2.1 Deslorelin (ovuplant and other products)**

Deslorelin is a potent GnRH agonist and is marketed as a controlled-release subcutaneous implant under the trade name Ovuplant™. In the past, several authors have investigated the efficacy of Deslorelin in inducing ovulation in mares [29, 75, 76].



It has been shown that between 84 and 93% of mares ovulate after 2 or 3 days of treatment, respectively [77]. However, adverse effects have been reported for this drug. Mares treated with Ovuplant™ showed a prolonged interovulatory interval and estrual cycles of 3–7 days longer than controls [78]. In this sense, it was suggested that the GnRH agonist may cause a decrease in the regulation of the pituitary gonadotropic cells [79]. Besides, additional studies reported suppression of follicular growth and decreased FSH levels in mares treated with Ovuplant™ [80]. A study conducted by McCue et al. [81] showed that the extraction of Ovuplant™ after 48 h prevented a prolonged interovulatory interval. These authors also observed an alteration in ovulation rates. However, Ovuplant™ is currently not commercially available.

A short-term release product of deslorelin was developed in a biocompatible liquid vehicle called BioRelease™ [82]. This product releases deslorelin for approximately 6–36 h. An increase in the number of ovulations within 48 h has been demonstrated (75% vs. 7% for controls). There was also no effect of fertility and the number of coverages per conception decreased in treated mares (1.6 vs. 2.9).

Subsequently, a greater number of injectable deslorelin products have been developed. Many of them are suspensions in saline or sterile water and do not contain any slow-release mechanism. McCue et al. [83] compared several deslorelin formulations and reported that all of the formulations tested in their study resulted in a shortening of the follicular phase, acceleration of ovulation and a similar response to human chorionic gonadotropin (hCG). It is important to note that these studies were conducted in the middle of the breeding season.

### *3.6.2.2 Buserelin*

Different works have also tested Buserelin for its effect of inducing ovulation in mares [84]. Treatment with 40 µg de buserelin (4 doses/12 h) caused ovulation without altering fertility in mares [84, 85]. Also, the effect of treatments with 20 µg or 13.3 µg of buserelin (4 doses/12 h; or 3 doses/6 h respectively) was comparable with treatment with 2,500 IU of hCG (iv).

However, some problems with Buserelin to induce ovulation were also reported [86]. Mares treated with 40 µg iv. of Buserelin (2 times daily), 2,500 IU of hCG (single dose iv) and 2 ml of water distilled as placebo (iv) were compared. The highest ovulation rate was found in hCG treatments where 88% of the mares ovulated between 36 and 48 h. However, Buserelin treatment caused only 22.7% ovulation within 48 h.

Buserelin has also been given during early diestrus to pregnant mares as a means of improving pregnancy rates [87, 88]. These studies used doses of 20–40 mg of Buserelin between days 8 and 12. The results showed that pregnancy rates after ovulation increased by approximately 10%. The exact mechanism of how GnRH increases pregnancy rates is unclear since P<sub>4</sub> does not appear to be increased.

### *3.6.2.3 Human chorionic gonadotropin*

hCG is a glycoprotein hormone and has a biological function like LH. It is composed of two subunits (α-subunit and β-subunit). The biological activity of hCG is determined by β-subunit, which is composed of 145 amino acids [89]. Several experiments have been conducted to test the efficacy of hCG in ovulation induction [73, 90, 91]. The results of these studies showed that administration of 1,500–3,300 IU of hCG to mares with a follicle in the ovary 35 mm in diameter, or after estrus day 2, induced ovulation within 48 h. The administration of hCG to mares

with a follicle in the ovary 35 mm in diameter, or after estrus day 2, induced ovulation within 48 h. The administration of hCG to mares with a follicle in the ovary 35 mm in diameter, or after estrus day 2, induced ovulation within 48 h. However, the adverse effect of consecutive administration of hCG has been reported. The results demonstrate a null effect from the second administration of hCG.

On the other hand, significant levels of antibodies to hCG were also observed after repeated injections [91, 92]. However, there is much conflicting evidence as to whether antibody formation affects the efficacy of hCG [93].

#### *3.6.2.4 Equine recombinant LH*

The recombinant equine LH (reLH) was successfully developed and tested for both in vitro and in vivo efficacy [94, 95]. To test the efficacy of reLH in ovulation induction, a study was performed in mares with 35 mm follicles that were treated with 0.3, 0.6, 0.75, 0.9 mg reLH, 2,500 IU hCG and the number of ovulations within 48 h of injection was monitored. With a total of 84 mares of various breeds 28.6, 50, 90, and 80% ovulated within 48 h in response to 0.3, 0.6, 0.75, and 0.9 mg reLH, respectively. Changes in hormonal profiles (LH, FSH,  $P_4$ ,  $E_2$ ) in response to 5, 0.65, or 10 mg reLH were similar to those of mares of the control group, except for the early increase in LH after reLH injection. The result of this study indicates that reLH is a drug that induces ovulation in mares with a follicle size of 35 mm in 48 h. It is important to point out that as a synthetic product it offers good potential by having, for example, a low production cost.

#### *3.6.2.5 Equine pituitary extracts*

The raw extract of equine gonadotropin (CEG) from the pituitary, contains FSH and LH. These extracts have been tested to determine if they can be used as agents to control the estrual cycles of mares. Also, due to their LH content, the effect of CEG for ovulation induction has been tested. Duchamp et al. [73] showed that 80% of ponies and 57% of mares ovulated 2 days after the administration of 50 mg and 25 mg of CEG, respectively. However, there is one major obstacle to these results; the FSH and LH relationship in CEG is not always consistent. Another important factor to keep in mind is that CEG may be contaminated with other pituitary hormones. Also, the potential transmission of certain associated diseases between animals or between animals and humans [96–98].

#### *3.6.2.6 Prostaglandins*

Savage and Liptrap [99], reported on the use of  $\text{PGF}_{2\alpha}$  was able to induce ovulation in mares. By administering 250  $\mu\text{g}$   $\text{PGF}_{2\alpha}$  synthetic (Fenprostalene) 60 h after the onset of estrus, the interval between treatment and ovulation and the duration of estrus were significantly reduced.

Despite these good results, no other  $\text{PGF}_{2\alpha}$  could be found that could give similar results [100]. It is therefore believed that the prolonged action of Fenprostalene was responsible for these results. Another  $\text{PGF}_{2\alpha}$  (Luprostiol), has also been shown to induce a release of LH from the anterior pituitary gland [101].

#### *3.6.2.7 Kisspeptin*

Kisspeptin is a neuropeptide that induces the secretion of gonadotropins through the stimulation of GnRH secretion and has also been described as having a role in

triggering the onset of puberty [102, 103]. A study in pony mares demonstrated the anticipated ovulation when treated with 10 mg of kisspeptin. Another report identified that the administration of 500 µg and 1.0 mg of kisspeptin induces indistinguishable LH and FSH responses to 25 µg GnRH. However, a single injection of 1.0 mg of kisspeptin (iv) was insufficient to induce ovulation in the mare in heat [104].

## **4. Hormonal regulation of pregnancy in normal mares**

### **4.1 Progesterone**

“Maternal recognition of gestation-MRG” it is essential to establish a complete and uninterrupted interaction between the uterus and the conceptus to prevent the regression of primary CL as a result of the blocking of luteolysis. The mobility of the conceptus within the uterine lumen between days 11 and 15 (or “first luteal response of pregnancy”); [27] seem to compensate for the reduced contact surface due to the relatively small size of the equine trophoblast, demonstrating that restriction of movement only partially leads to early embryo loss [105]. The PGs synthesized and secreted by the conceptus itself stimulate myometrial contractions that promote their migration through the uterus, avoiding premature regression of CL. Additionally, the longitudinal direction of the uterine folds, as well as the spherical shape of the embryo due to the persistence of the glycoprotein capsule, contribute to facilitating this movement [106, 107]. During the mobility phase and its subsequent fixation uterine high amounts of estrogen, mainly oestrone sulfate ( $E_1S$ ) by the equine conceptus are synthesized, related to the development of the embryonic and endometrial vasculature and local effects on myometrial activity, uterine mobility and endometrial gland secretion [108, 109].

Embryo implantation begins around day 36 post-ovulation and involves the development of the chorionic band from the trophoblast, whose cells invade the maternal endometrium giving rise to endometrial cups [110]. Ginther [28] reported that the embryonic cup cells produce a hormone called equine chorionic gonadotropin (eCG), formerly known as pregnant mare’s serum gonadotropin. This hormone is first detectable systemically between days 35 and 40 of pregnancy. The cups are mature and robustly secreting eCG at approximately days 50–60, but they will subsequently undergo sloughing by days 100–150 in most mares. This resurgence phase of  $P_4$  secretion by the primary CL is termed the “secondary luteal phase or output 2,” whereas the production by supplementary CL is termed the “third luteal phase” or “output 3”. These accessory CLs formed, respectively, causing an increase in  $P_4$  secretion around the 75th day of gestation [27, 28, 111]. Thus, during this period, two secretion peaks of  $P_4$  are described, which gradually decreasing to undetectable levels at the 200 days of gestation [112, 113].

Ovarian  $P_4$  is necessary for the early maintenance of gestation in the mare until 150 days of pregnancy. After the regression of CLs, the placenta is then the organ in charge of maintaining gestation [114]. Several studies describe maximum levels of  $P_4$  during the second and third months of gestation, followed by a significant decrease to minimum values ( $<1$  ng/ml) from mid-gestation to term [115]. Additionally, the presence of eCG causes a change in luteal steroidogenesis. In this case, CL changes from synthesizing only  $P_4$  to secreting also estrogens and androgens, increasing plasma levels rapidly and tripling the basal values [116]. However, it is not until approximately day 35 that systemic estrogen rises. The source of this estrogen is the ovary, more specifically, the CL and possibly follicles. The stimulation of the ovaries by eCG is responsible for the timing of this increase in estrogen. It appears that estrogen is not actually necessary for pregnancy



maintenance, because ovariectomized mares administered only exogenous progestins will maintain pregnancy without the administration of estrogens [28]. The origin of both steroids is found in the primary CL, since their increase takes place before the formation of the secondary CLs and is absent in mares without functional CL. Although the mechanism by which gonadotropin exerts this activity is unknown, an increase in the expression of the enzyme  $17\alpha$ -hydroxylase in charge of the conversion of  $P_5$  into dehydroepiandrosterone (DHEA) and  $P_4$  into  $A_4$  has been described. Both events coincide with the secretion of eCG, they seem to be limited to the first period since they are not detected towards the middle of gestation [116]. The increase in  $P_4$  responds primarily to the growth of primary CL and the development of secondary and accessory CLs [4, 117].

During the period of endometrial cups activity, secretion peaks are described for testosterone (T) and  $A_4$  [118, 119], whose activity may be decisive in uterine processes related to cell transformation associated with decidualization [120]. In addition, estrogen production depends on the increased synthesis and availability of androgens that are subsequently metabolized by the enzyme aromatase, present in luteal tissue even before eCG secretion. Thus, total estrogen levels are like right-handed during the first 35 days of gestation and increase around day 40 due to follicular development before the formation of CL [121]. Additionally, primary gestational CL produces  $E_2$  in response to eCG stimulation [113, 115, 118].

The regression of the endometrial cups to 100–120 days of gestation causes the cessation of eCG secretion and luteal development, observing a progressive decrease in plasma levels of  $P_4$  to reach basal values around 200 days of gestation [115]. Currently, all the luteal structures present in the ovary have completely involuted [27]. From this moment onwards, various metabolites derived from  $P_4$  (progestins) increase in the systemic circulation, that exceed 500 ng/ml during the last weeks of gestation, which subsequently fall in the 24–48 h prior to birth [122].

## 4.2 Progestagens

Progestins can be subclassified as pregnenes and  $5\alpha$ -pregnenes. The pregnenes includes  $P_5$ ,  $P_4$  and 5-pregnene- $3\beta,20\beta$ -diol ( $P5\beta\beta$ ), while  $5\alpha$ -pregnenes includes  $5\alpha$ -pregnane-3,20-dione ( $5\alpha$ DHP),  $3\beta$ -hydroxy- $5\alpha$ -pregnan-3-one ( $3\beta$ 5P),  $20\alpha$ -hydroxy- $5\alpha$ -pregnan-3-one ( $20\alpha$ 5P),  $5\alpha$ -pregnane- $3\beta,20\beta$ -diol ( $\beta\beta$ -diol) and  $5\alpha$ -pregnane- $3\beta,20\alpha$ -diol ( $\beta\alpha$ -diol). Of them, the most important ones in maternal plasma during this period are the  $5\alpha$ DHP and its derivatives,  $20\alpha$ 5P, and  $\beta\alpha$ -diol. The origin of all of them is found in  $P_5$ , synthesized mainly in the fetal adrenal gland, with a production rate exceeding  $10\text{ }\mu\text{mol/min}$ . In the placenta,  $P_5$  is converted to  $P_4$  and this is transformed into  $5\alpha$ DHP in the endometrium [123]. The pattern of secretion of  $5\alpha$ DHP at beginning of gestation runs parallel to that of  $P_4$ , while around 90 days the onset of  $P_4$  decline gives way to fetoplacental synthesis of the different progestogens whose concentrations continue to increase during the second half of gestation. Thus,  $20\alpha$ 5P, which is initially at 5 ng/ml, reaches 69 ng/ml at 200 days of gestation and 300 ng/ml at term. In addition, the concentrations of  $\beta\alpha$ -diol increase to 484 ng/ml [112], while  $3\beta$ 5P,  $P5\beta\beta$  and  $\beta\beta$ -diol reach values of 100, 10 and 100 ng/ml, respectively, towards the end of gestation [124].

The  $5\alpha$ DHP is found primarily at the uterine level during midgestation, but as labor approaches, its distribution changes and is predominantly in fetal circulation. This metabolite is an immediate precursor of allopregnanolone, a potent gamma-aminobutyric acid (GABA) receptor agonist with activity on myometrial relaxation in other species [125–127]. Serum allopregnanolone increases similarly to its precursor, reaching maximum values at the middle of gestation and a term [112]. However, both  $P_4$  and  $5\alpha$ DHP prevent weakly myometrial contractions induced by

oxytocin *in vitro*, suggesting the intervention of the other hormones in the maintenance of uterine quiescence [128]. On the other hand, an umbilical increase of  $P_4$  after 300 days of gestation related to a greater expression in the trophoblast of the enzyme necessary for the conversion of  $P_5$  into  $P_4$  has been described [129].

Simultaneously with the production of progestagens, the feto-placental unit (FPU) synthesizes phenolic estrogens,  $E_1S$  and  $E_2$   $17\beta$  and  $17\alpha$ , through the aromatization of dihydroandrosterone (DHA), DHEA and its precursors ( $3\beta$ -hydroxyl C-19). The estrogens  $\beta$  unsaturated, equilin and echinelin, specific to the equine species, derive from farnesyl pyrophosphate, through a noncholesterol-dependent pathway. In general, the pattern of estrogen secretion during gestation is characterized by the first peak of secretion around day 40 in relation to follicular development before the formation of secondary and accessory CLs and a subsequent increase from day 80, reaching maximum levels around 210 days of gestation [130–132]. Thus, the initial plasma concentrations of  $E_1S$ , corresponding to ovarian synthesis and are affected by ovariectomy. On the contrary, the subsequent peak of liberation comes only from fetoplacental synthesis, descending drastically after fetal death [108, 113, 115, 133].

This increase in estrogens temporarily coincides with the hypertrophy of fetal gonads, which together with local expression of the enzyme  $17\alpha$ -hydroxylase, lead to elevated umbilical levels of  $P_5$ , T and DHEA [134]. At the same time, maternal plasma concentrations of T and DHEA increase after 100 days of gestation, reaching maximum values at 6 months [116, 135] to promote greater perfusion in the fetal compartment and the uterine tonicity [27, 136]. Legacki et al. [112] describe DHEA values that increase since the first 2 months of gestation to at 6–8 months, decreasing afterward.

The mitochondrial cytochrome P450 side-chain cleavage enzyme ( $P450_{sc}$ ), necessary for the conversion of cholesterol into  $P_5$  is present in the glomerulosa and reticularis zone of the fetal adrenals from 150 days of gestation. However, its expression increases noticeably at the end of gestation, is also found in the fasciculata zone, in the placenta, and the utero-placental tissues. At the same time, fetal plasma levels of  $P_5$  and its uteroplacental diffusion are doubled and tripled between 200 and 300 days of gestation and that subsequently descend in the days prior to birth [132, 137]. One of the main metabolites of  $P_4$ , the  $5\alpha$ -DHP, returns to umbilical circulation after synthesis in the endometrium, excreting only 30% of its production to the maternal circulation. Thus, it has been suggested that it could play a relevant role within fetoplacental tissues [137].

### 4.3 Estrogens

Estrogen production can likewise be determined in serum obtained from the mare and used as an indicator of feto-placental health [136]. Although total estrogen levels decrease in term gestation,  $E_2$  increases dramatically hours before parturition with accentuated myoelectric activity at the uterine level, suggesting the involvement of  $E_2$  in myometrial activation [132, 138]. In fact, estrogens promote PGs synthesis and increase endometrial sensitivity to oxytocin, stimulating myometrial contractile activity during delivery [137].

### 4.4 Cortisol

A few days before parturition, fetal adrenals change from mainly synthesizing  $P_5$  to producing cortisol in response to the stimulation of adrenocorticotrophic hormone (ACTH). The increase of fetal cortisol is related to preparing the fetus for extra-uterine life by stimulating different processes necessary for the maturation of

organs such as the liver, thyroid gland, lungs, digestive system, bone marrow and cardiovascular system [137]. In addition, cortisol activates the enzymes responsible for the synthesis of PGs which, without the presence of progestogens, increase continuously stimulating the onset of myometrial contractions. In addition, E<sub>2</sub> favors the uterine response to PGs and may also promote their synthesis [139].

#### 4.5 Prostaglandins

PGF<sub>2α</sub> play an important role during delivery by promoting myometrial contractibility, along with oxytocin, and cervical ripening and relaxation (PGE<sub>2</sub>). Utero-placental tissues are capable of synthesizing PGs and can be found in maternal plasma, fetal plasma and allantoic fluid [140]. However, its bioactivity is controlled by the enzyme 15-hydroxyprostaglandin dehydrogenase (PGDH), which converts the PGs into inactive metabolites, present in the maternal endometrium since approximately 150 days of pregnancy. Since the labile nature of PGs makes it difficult to measure one of these metabolites, 13,14-dihydro-15-keto-prostaglandin F-2α (PGFM) remained at low levels until day 200, then increased to peak pregnancy levels by day 300 and remained at this value until parturition. PGFM uses one of its metabolites as an indicator of its circulating levels, with a term increasingly being described, although it is during the second labor stage when its value increases up to 50 times [141].

#### 4.6 Relaxin

Relaxin is produced by the trophoblastic cells of the placenta and its activity is related to myometrial [137] as well as of the cervix and pelvic ligaments relaxation [142]. Maternal plasma levels increase at the end of gestation and during the second labor stage. After the expulsion of the placenta, it returns to basal values below the detection limit at 36 h, remaining elevated in cases of placental retention [143].

### 5. High-risk mares and hormone supplementation

#### 5.1 Progesterone

P<sub>4</sub> concentrations above 4.0 ng/ml are considered adequate to support early pregnancy. However, when levels are <2.0 ng/ml, P<sub>4</sub> supplementation is considered [137]. Several types of P<sub>4</sub> products have been used to maintain pregnancies in mares. After oral administration altrenogest is readily absorbed, reaching peak levels after 3–6 h [144]. Altrenogest acts by binding to the P<sub>4</sub> receptors but has little effect on endogenous plasma total progestagen concentrations. Specifically, altrenogest is not metabolized to 5α-pregnanes in the horse [128]. For this reason, the only scientific evidence that altrenogest prevents loss pregnancy in mares is during the first trimester, when it prevented abortion induced by repeated administration of PGF<sub>2α</sub> (cloprostenol) [145]. P<sub>4</sub> may exert its effects by interfering with PG production stimulated by proinflammatory cytokines. Daels et al. [146] demonstrated that the rise in endogenous PGF<sub>2α</sub> concentrations was inhibited by altrenogest treatment. Indeed, when early pregnant mares (21–35 days post-ovulation) were exposed to *Salmonella typhimurium* endotoxin all mares supplemented with altrenogest until day 70 remained pregnant, whereas 6 out of 7 mares aborted when altrenogest therapy was discontinued on day 50 [147].

Mares with suspected luteal insufficiency can be supplemented with altrenogest (0.044 mg/kg per os once or twice daily) or P<sub>4</sub> (150 mg/day IM) starting on day



3 after ovulation and continuing until 100–120 days of pregnancy. Long-acting injectable formulations of  $P_4$  and altrenogest are available in some countries [148]. Administration of the GnRH analog, buserelin (40  $\mu$ g), 10 or 11 days after ovulation has been reported to improve luteal function and reduce early pregnancy loss [149]. Panzani et al. [150] showed that the use of altrenogest improved recipient pregnancy rates compared to untreated controls. A recent clinical study showed a positive effect of altrenogest supplementation on embryonic growth rates between 35 and 45 days after ovulation in Warmblood mares older than 8 years [151].  $P_4$  may need to be supplemented generally in early pregnant mares showing estrus signs, with a history of repeated pregnancy loss in case of endotoxemia and of stressful events. In mares under  $P_4$  supplementation continuation of pregnancy has to be monitored regularly, since many will lose their pregnancy despite supplementation of  $P_4$  and this will prevent those mares return to estrus [152].

The latter sentence has been checked. It has been reported that the administration of a single dose of 20–40  $\mu$ g of buserelin between day 9 and day 10 after ovulation increases the number of multiple ovulations and gestation up to 5–10% [153]. Buserelin does not increase circulating  $P_4$  levels or preventing the luteolysis, acting independently of CL in the mare [154]. These effects preventing pregnancy loss that operating between day 9 to day 10 and day 13 to day 14 of pregnancy.

In a recent study Köhne et al. [155] reported that hCG administration for induction of ovulation in mares increased progesterin concentration in plasma of early pregnancy as well as the embryo size at the time of the start of placentation. Periovarian treatment of mares with hCG may thus be a valuable tool to enhance conceptus growth during early pregnancy by stimulation of endogenous  $P_4$  secretion. However, Biermann et al. [156] report that hCG-treatment of mares on day 5 or day 11 post-ovulation influenced peripheral  $P_4$  concentrations due to secondary luteal tissue but did not alter ovarian and uterine blood flow or increase pregnancy rates.

## 5.2 Progestagens

Several pathological conditions as placentitis, placental separation or fetus as, alteration in umbilical blood flow attributable to a cord pathologic condition stimulates inflammatory and immune responses leading disrupt the endocrine capacity of the FPU and alterations in endocrine profile in plasma maternal attributed to disturbances to the normal synthetic pathway for these pregnancies [126, 157].

Fetal death or imminent fetal expulsion due to uterine torsion, colic, maternal stress, or acute cases of experimentally induced placentitis when the mares abort rapidly (within 7 days of infection) are related with the rapidly declining of  $P_5$  and  $P_4$  (less than the 95%), consistent with failure of the fetus and feto-placental tissues to produce and metabolize progestagens [158, 159].

In mares with chronic placentitis, placental edema, and placentas with poorly developed or sparse microvilli [159, 160] unusually high concentrations of all the progestagens. This pattern indicates that the fetus and the uteroplacental tissues are metabolically active despite the presence of bacteria or their products. In addition, Shikichi et al. [157] demonstrated that mares with a high concentration of progestins and low concentration of estrogens after day 241 of pregnancy were likely to deliver aborted/dead foals with placentitis. These authors demonstrated elevated and low concentrations of progestins and estrogens in the maternal sera of all cases with placentitis in pregnant mares, respectively.

The mare's exposure to ergopeptine alkaloids from the endophyte fungus found on tall fescue grass (fescue toxicosis), ergot alkaloids inhibit fetal

corticotropin-releasing hormone (CRH), inhibiting the normal function of the adrenal gland to produce the cortisol surge and associated changes in pregnane metabolism [137]. In mares with fescue toxicosis, prepartum total plasma progesterone concentrations remain low, their foals have low cortisol concentrations, indicating suppression of fetal adrenocortical activity and P<sub>5</sub> production [161].

Recent studies demonstrated that altrenogest, when given in combination with antimicrobials, pentoxifylline and nonsteroidal anti-inflammatory (NSAIDs) drugs to mares with placentitis, decreased the incidence of abortion [162]. In these cases, altrenogest counteracts uterine contractility induced by inflammation of the fetal membranes. In the same way, in bacterial placentitis, a combination of trimethoprim sulfamethoxazole, pentoxifylline and a double dose of altrenogest (0.088 mg/kg bwt per os s.i.d.) were successful in maintaining pregnancies to term [163], while that untreated control mares aborted. When mares were treated with trimethoprim sulfamethoxazole and pentoxifylline without altrenogest, only one live foal was born [163, 164]. Despite this, it is not clear what role, if any, altrenogest plays within this multi-treatment approach. However, the mares can still abort while receiving altrenogest treatment in the last trimester of pregnancy.

### 5.3 Estrogens

In late gestation total estrogen (including E<sub>1</sub>S, E<sub>2</sub>, and its metabolites, equilin, and equilinenin) may be used for fetal and placental health monitoring. However, it is doubtful that total estrogen concentration can predict fetal death as the fetal gonads are unlikely to respond to fetal stress [157, 165].

Since the production of estrogens requires both contributions by the fetus and placental, reduced concentrations in maternal circulation may indicate or predict a stressed or hypoxic fetus that is not producing the estrogen precursors [165]. Indeed, E<sub>2</sub> [166] and E<sub>1</sub>S [167] concentrations decreased sharply in mares with placental dysfunction and after the induction of abortion. If the fetus is severely compromised or die in the uterus, maternal plasma E<sub>1</sub>S are baseline because of the absence of the C19 precursors secreted by the fetal gonads. However, pregnancies compromised by equine herpesvirus-1 infection or severe colic can present normal or transiently decreased E<sub>1</sub>S concentrations [168]. Compared with the adrenal glands, the gonads are unlikely to respond to fetal stress; consequently, so it is doubtful that total estrogen concentrations can predict fetal death. Frequent blood sampling of mares induced to abort with PG between 90 and 150 days of pregnancy indicated that E<sub>1</sub>S levels did not decline until within 5 h of abortion [145].

In cases of placentitis at gestational ages between 150 and 280 days, Douglas [169] and Shikichi et al. [157] showed hormonal alterations common as elevated progesterones and low estrogens in mares that aborted. Although the decline in E<sub>2</sub> associated with placental dysfunction is thought to reflect placental disease per se, Esteller-Vico et al. [170] recommended the estrogen supplementation as a means to reduce the risk of abortion associated with placentitis in mares. Recently, Curcio et al. [171] showed that in addition to basic treatment with trimethoprim-sulfamethoxazole and flunixin meglumine, mares with experimentally induced ascending placentitis benefited from E<sub>2</sub> cypionate supplementation. Conversely, altrenogest did not appear to make a difference in outcomes.

After fetal death and stress or fetal weakness, androgens and estrogens levels drop rapidly. For better determination of the health state of the fetus, due to the metabolism of both steroids, it is recommended to monitor androgens and estrogens simultaneously [126].

## 5.4 Relaxin

Relaxin is a useful biomarker to assess placental health and can be monitored in high-risk mares. Ryan et al. [172] reported a positive relationship between circulating levels of relaxin and poor outcomes in high-risk pregnancies. Relaxin is detectable in the blood after the 80th day of pregnancy without any changes until the second stage of labor. In mares with impaired placental function, in cases of placentitis, placental abruption, hydroallantois, and hydramnios relaxin concentrations decrease below 4 ng/mL [143, 172]. Low circulating levels of relaxin have been reported both in pony mares affected by fescue toxicosis associated with placental disease and agalactia and in Thoroughbred mares, with other forms of placental disease or insufficiency [172].

In the case of placental hydrops, the risk of spontaneous rupture of the fetal membranes increases significantly [173]. Relaxin has been explored as a potential marker of treatment success in placentitis due to its level decrease in cases of spontaneously occurring and experimentally induced pregnancy loss [174].

## 5.5 Prostaglandins

Placentitis is characterized by the production of proinflammatory cytokines (such as IL-6 and IL-8) and PGs [175, 176]. PG release increases uterine contractility and consequently the risk of premature delivery [138]. Proinflammatory cytokines and the PGs of the FPU increases both in response to inflammation/infection, inducing premature activation of the fetal hypothalamic-pituitary-adrenal (HPA) axis [177], accelerating fetal maturation before parturition [138, 178]. The fetal adrenal produces both progestins and, once sufficiently mature, cortisol. Fetal cortisol, in turn, enhances placental and uterine PGs production, further enhancing uterine contractility and resulting in fetal delivery. Since the maturation of the equine fetus occurs later in gestation [137] this implies that placentitis or maternal disease could be devastating to the newborn foal. However, early fetal maturation likely counterbalances premature delivery and may help improve the chances for foal survival [138, 178]. The supplementation with progestin and PG synthetase inhibitor can maintain equine pregnancy in the presence of PG<sub>F2</sub> insults [146, 147]. In addition, Esteller-Vico et al. [170] showed that estrogen suppression resulted in a decrease in circulating PGFM, which suggests that estrogens partially regulate PG production during pregnancy since PGFM concentrations were lower but still increased during the last trimester of equine gestation in letrozole-treated mares.

## 6. Conclusions

Knowledge of the physiological basis of the estrous cycle allows us to understand the interaction of reproductive hormones and the factors or events that interact in the cyclicity of mares. These basic studies have made possible the correct manipulation of the estrous cycle, the advancement of the reproductive season or the synchronization of ovulation. A great contribution in this sense has been possible through the description of the follicular dynamics and the study of the different structures present in the ovaries of the mares throughout the year.

Likewise, the adequate interaction between the ovary, the placenta, and the fetus guarantees the secretion of the correct hormonal patterns necessary for a successful pregnancy. Measurements of progestogens, estrogens, and relaxin, among other hormones, are useful for monitoring the health status of the placenta and fetal viability. This is mainly because placental pathologies or fetal death are mainly due

to alterations of these hormones. On the other hand, the hormonal diagnosis allows temporizing and early detection of pathological conditions to propose an adequate treatment for the maintenance of gestation and with it, the production of a viable foal. Substantial progress has been made in recent years in the identification of risk pregnancies and their treatment.

All this knowledge helps greatly to improve the work of professionals and achievements for the improvement of reproductive outcomes. It is important to bear in mind that the constant production of basic knowledge and applied in equine reproduction will allow in the future to improve and generate new guidelines in reproductive technologies.

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# Understanding Sow Sexual Behavior and the Application of the Boar Pheromone to Stimulate Sow Reproduction

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## Abstract

In this chapter, we review the sexual behavior of domestic pigs, and the visible or measurable anatomical features of the pig that will contribute to detecting sows in estrus. We also summarize olfactory organs, and the effects of a sexual pheromone on pig's biology and sow reproductive performance. We discuss the role of a live boar in the heat detection where the female is in breeding crates. However, there is an increasing interest in being able to breed sows without a boar present. Farm workers must be trained on the fine points of estrus detection so that they can work in a safe and productive setting. After a review of olfactory biology of the pig, the chapter explains how new pheromonal technology, such as BOARBETTER<sup>®</sup>, aids in the process of heat detection with or without a live boar. To achieve reproductive success, the persons breeding must assimilate all fine points of pig sexual behavior and possess a clear understanding of what they should be looking for in each sow they expect to breed.

**Keywords:** pigs, reproduction, sexual pheromone, sexual behavior

## 1. Introduction

In 2018 the world had over 700 million pigs with over half of them in China [1]. With the recent spread of African Swine Fever (ASF) in China and other parts of Asia, the pig population has rapidly declined. At the same time, movement of breeding animals is restricted in the most pig-dense continent and so rebuilding pig numbers is a challenge. When diseases like ASF break out, and breeding animal movement is restricted, then some sows must be bred without the use of adult males. Successful pig breeding is the key to maintaining and restoring pig numbers and the world's supply of pork.

In cattle herds and poultry flocks, successful breeding often takes place without any adult males. In contrast, most commercial pig farms have adult male pigs (boars) on site to maintain optimum breeding success. Thus, the pig is unique among common food animals in requiring the presence of adult males in



**Figure 1.**

*Outdoor systems with natural mating (left) are less common today. Sow in a breeding crate or stall (right). The breeding crate is the most common indoor breeding system. Note that in the outdoor, natural mating system, the sow and boar can fully interact. However, in the breeding crate, a person applies back pressure in the presence of a boar to induce sexual behaviors when a sow is in estrus. If the sow is not in estrus, she will not show sexual behaviors when the person applies pressure to her back.*

commercial production. While some sows will express sexual behaviors without a boar, to get the majority of sows bred, in current commercial production, the male is thought to be required.

In less developed countries, pigs may roam free and are harvested as desired, but these represent a smaller percentage of the world pig inventory over time. Some commercial pigs are kept outdoors in managed systems. The outdoor production system (**Figure 1**, left) represents a small part of the world's pig herd. Most pigs in the world used for pork production are kept on commercial farms using an indoor sow housing system. The most common method of housing the breeding sow is in a crate or pen (**Figure 1**, right) [2]. The breeding crate is large enough (often 0.6 m × 2.1 m) to accommodate the body of the sow but the breeding crate does not allow the sow to turn around or to express her full repertoire of behaviors. The method of keeping breeding sows (outdoor, indoor in pens or crates) clearly impacts their ability to express natural sexual behaviors and the breeding crate reduces the likelihood of successful mating. Sexual behaviors are best observed in freely-moving sows and boars, but the reality of commercial pork production is that sows are in a breeding crate in which they may have limited fence line contact with an adult male—and this makes training of workers challenging. A better understanding by farm workers of sow and boar sexual behaviors will meaningfully improve reproductive success.

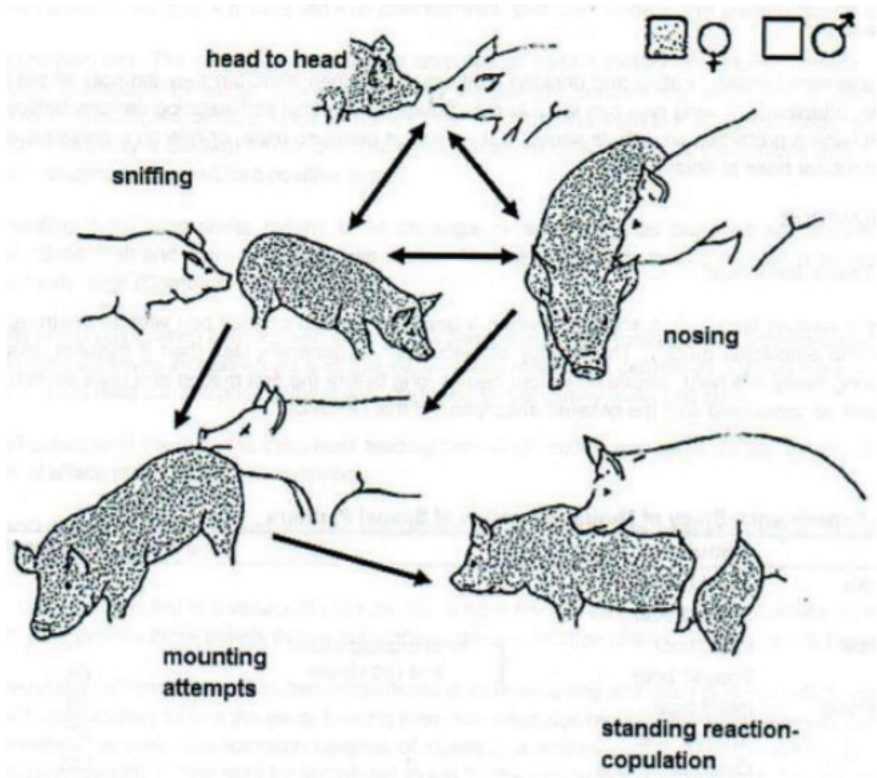
The objectives of this chapter are first to review the basic behavioral biology of sexual behavior and reproductive success in the domestic pig. Secondly, this chapter will summarize classic literature on sow and boar sexual behaviors and will review both applications of pheromone technologies and mechanisms by which pheromones can improve reproductive performance in the pig herd. To have a better understanding of pig sexual behaviors and of the impact of the boar sexual pheromone on female reproduction, we will also review pig olfactory system anatomy and physiology.

## **2. Sexual behavior in the domestic pig: early studies and preferred terminology**

While pig farmers have observed sexual behavior for millennia, the earliest scientific description of sow sexual behavior in the scientific literature was in 1941 by Altmann [3]. Altmann was a psychologist at the University of Chicago when animal

behavior was developing in the USA. Altmann studied female pig sexual behavior because she used pigs in her conditioning studies, and she wanted to be sure if sows were or were not in heat when she trained them on an operant task. In 1941, she reported several aspects of sow sexual behavior that we know to be true. She said there was a 18–23 day cycle among adult females. She indicated that domestic sows (unlike wild boar) bred year-round, although they often had a “silent heat” in warm weather. She found external signs of estrus to be not reliable indicators of estrus; these included, vaginal mucous, swelling of the vulva and rectal temperature changes. We recently confirmed her observations with quantification of anatomical changes (see below). She indicated behavior and activity were the best methods to determine heat, but a combination of methods increased accuracy.

The next scientist to publish studies in pig sexual behavior was Jean Pierre Signoret from France. His research on sow sexual behavior in the 1960s and early 1970s were summarized in a chapter Signoret co-wrote in Hafez’s 1964/1968/1975 editions of the book “The Behaviour of Domestic animals” [4]. The picture of sow-boar sexual behavior in that chapter has been widely used to describe pig’s sexual behavior. In that picture, he lists sequences of boar-sow behaviors that are shown in **Figure 2**. The sequence of sexual behaviors between a sow and boar include mutual head sniffing, and then the boar sniffs the sow’s rear, he then pushes and may lift the sow from the side, then he sniffs and licks and pushes on the sow’s rear. These olfactory and tactile behaviors are accompanied by grunting by the boar and, if the sow is in estrus, she will be silence or she will make soft rhythmic grunts in response (she will squeal if she is not in estrus as a form of objecting to the boar behavior). After touching, smelling and licking her rear, he will mount her and if she is fully in estrus and showing “standing reflex or locked up” behavior, he will copulate with her.



**Figure 2.**  
*Drawings of sow-boar sexual behaviors from Signoret [4].*



We present in **Table 1** our definitions of sow sexual behaviors that are observed while a sow is in a breeding crate. Note that because her movements and boar interaction are restricted while in a breeding crate, she will not express the same number of behaviors as in the wild. When the sow expresses intense standing still, we say she is “locked up.” A sow can stand still for a few seconds at any time and not be locked up or in estrus. Being locked up is the primary and only reliable sign that a sow is in estrus.

The boar is non-discriminating when deciding which animal or object to mount. The boar will attempt to mate sows not in estrus and they will mate an object shaped roughly like a sow (e.g., a boar semen collection dummy)—anything shaped like a cylinder that stands still will be mounted by an adult boar.

If the sow is not in full estrus, she will avoid the boar. If she experiences an adult boar while not in heat, then she will vocalize (squeal) and be aggressive towards him to express her objection. In the author’s personal observations of feral pigs and outdoor pigs allowed to mate naturally, a sow not in estrus is very aggressive towards adult males. With the matriarchal social structure in nature, the sow is clearly dominant to the boar, except when she is in estrus.

In the period of proestrus, the sow is becoming interested in the boar, but she will still not be willing to stand still for mounting. In this period, she will seek a boar, interact with him and allow for mutual sensory exploration. When these behaviors are observed and the BPT is administered, the sow will not stand still. This period is referred to on the farm as a sow that is coming into estrus but not fully in estrus (proestrus).

Word	Definition
Standing still	Also called standing posture, the sow is motionless for intervals no greater than 10 consecutive seconds
Standing reflex, locked up	When a sow stands still for more than 10 consecutive seconds, usually by applying back pressure. This behavior is exhibited by sows when they see the boar, during the back-pressure test, or when being mounted. Sometimes displayed together with pricked ears and muscle contraction (rigid muscles and in some sow muscle shaking)
Latency to lock up	Time in seconds from application of back pressure until the sow locks up. When a sow is in estrus, latency is usually less than 30 s
Pricked ears	Lifting ears from resting position, usually while sniffing and exhibiting sexual interest. Ears either stand straight up or are obviously higher than resting
Moving	Before and after full estrus, sows will move when back pressure is applied
Sniff	When a boar is near or when they experience a pheromone, they move their rooting disk as they sniff (see videos)
Chomping	When the sow has nose-to-nose contact with a boar, or if they experience the complete pheromone, they will open and close their mouth, and move their tongue in and out while they keep their head level or elevated so they can apply the liquid to their VNO
Vocalization—stress	Sows express a high-pitch squeal when they are objecting to back pressure or a boar. This is a stress vocalization sows make when are not in estrus
Vocalization—“chatting” or “chanting” with the “boar”	The sow grunts in a low-pitch repeated manner when she sees, smells or hears a boar. This vocalization is not expressed by all sows
<i>We use these and related definitions in our recent work.</i>	

**Table 1.**  
*Definitions of sow sexual behavior when she is in estrus.*

In a breeding crate, the most noticeable sexual behaviors expressed by a sow are locked up and pricked ears (see **Table 1** for definition). Stock people that breed sows will be familiar with these sexual behaviors. However, we recognize that there is considerable variation in sexual behaviors within genetic lines and among genetic lines (and breeds). Some individual sows show more extreme sexual behaviors and some show only mild signs of being in estrus. Video in the following link (<https://youtu.be/DdgxK1U8ZUo>) shows a sow with a strong sexual behavioral response after boar exposure. Video in the following link (<https://youtu.be/tspB7RkviBo>) shows the same sow that expresses sexual behavior after application of the new boar pheromone [5]. Note the locked up behavior, sniffing and chomping by the sow.

Commercial farms must train workers who perform artificial insemination (AI). Pig breeders must understand sow sexual behavior to achieve success. With training and experience, the AI technician can achieve very high breeding and farrowing rates, but rarely 100% of sows are bred and remain pregnant. Training workers is challenging because sows vary widely in their sexual behaviors. AI workers must be trained with the specific genetic line of pig they are expected to breed. They must understand what normal sexual behavior is for that genetic line and then how to modulate that behavior to achieve high levels of reproductive success. Training is challenging because sows in breeding crates are not able to express the full repertoire of sexual behaviors that they express in an open area and boars are not able to stimulate crated sows through olfactory and tactile senses as they can for penned or pastured pigs.

### 3. Overview of the estrus cycle

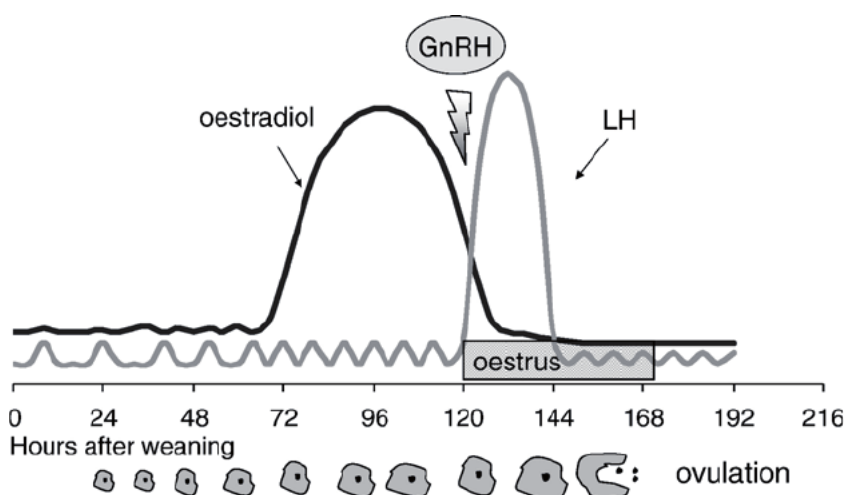
#### 3.1 Hormonal changes

The sow estrus cycle is of 18–24 days long [6], with the median and mode of 21 days. Sows are polyestrous animals. This means that with the appropriate nutrition, good health, and the proper environmental conditions, sows will cycle through the year. The sow estrus cycle is only stopped by pregnancy or lactation, and possibly old age. In sows, lactational anestrus is due to the inhibition of the GnRH pulse by the suckling stimulus [7]. Gilts reach puberty at 5 or 6 months old. For sows, the first estrus post-weaning takes place 4–7 days after weaning for most, but not all sows (some have a longer or shorter wean to estrus interval).

During the estrous cycle, sow's hormones change. The hormonal changes mark the different stages of the estrus cycle. The sow estrus cycle is divided in two main phases, follicular and luteal. These phases are further divided into four stages. The follicular phase is divided into proestrus and estrus, while the luteal phase is divided into metestrus and diestrus.

For our discussion, we will assume that the first day of estrus is day 0 of the cycle (**Figure 3**). The onset of estrus is mainly caused by an increase in estrogens. Sow estrus usually last 40–60 h (from day 0 to day 1–2 of the cycle) [6] but some sows can be on estrus for longer. Sow will only show sexual behaviors and accept the boar during the estrus stage of the cycle. During estrus, estrogen, Follicle stimulating hormone (FSH) and Luteinizing hormone (LH) secretion peaks. During estrus, ovulation is caused by the LH surge. Ovulation occurs 30–40 h after estrus onset [6].

Almost immediately after ovulation, sow will enter the luteal phase. During the metestrus stage of the luteal phase (days 2–5 of the cycle), the follicle tissue will start its development into a corpus luteum. This process is called luteinization [6]. The end of metestrus and the beginning of diestrus is marked by the end of the



**Figure 3.** Schematic of the timing of ovulation with associated hormonal and behavioral changes. Weaning is at time zero. From Pedersen [8].

luteinization process. Diestrus is the longest stage of the estrus cycle. It starts once the corpus luteum is formed and last for 12–15 days after (days 6–17 of the cycle). The corpus luteum will secrete progesterone to prepare the uterus for implantation and to maintain pregnancy in case of successful fertilization by the boar or artificial insemination. If the sow is not pregnant, the uterus will start secreting prostaglandin F2 alpha and luteolysis (degradation of the corpus luteus) will start after 15 days post ovulation (proestrus stage) [6]. Proestrus (day 17–21 of the cycle) is characterized by an increase in prostaglandin F2 alpha secretion and the completion of luteolysis. During this phase, progesterone secretion is reduced and estrogen, then LH, and FSH secretion increase. This increase will re-start estrus.

### 3.2 Anatomical changes (vulva size, color, and temperature)

The introduction of assisted reproductive techniques, such as Artificial Insemination, has shifted the responsibility of estrus detection to humans with the assistance of a live boar. The traditional way to identify if a sow has come into heat and is ready to be breed, is based on the occurrence of sexual behaviors before, during or after the backpressure test (BPT) and by detecting physical changes in sow vulva. Physical changes associated with the onset of estrus are reported to include vulva reddening, increase in vulvar temperature, the presence of sticky mucus, and an increase in vulva size often refer as swelling.

Langendijk et al. [6] found that out of 130 sows only 87% showed an increase in internal vulva redness. In this study, they also found a significant variation on the time vulva reddening occurred. Even when reddening onset varied between individual sows, it always occurred before ovulation. Thus, they suggest that insemination of sows that shows vulva reddening should be delayed until the end of vulva reddening.

The increase in vulva size and infrared temperature observed during estrus have been correlated to the high estrogen levels during estrus. The elevated levels of estrogen increase the vaginal and vulvar blood flow resulting in both an increase in vulva temperature as well as vulva swelling [9]. The literature is contradictory related to vulva features. Sykes et al. [9] and Scolari et al. [10] found that the infrared vulva temperature increased by 1 °C the day of estrus whereas Simoes et al. [11] found that the temperature increase was during the proestrus period.

Un-published studies recently conducted by the authors showed that not all sows will show these physical changes. We carefully measured color, size, surface temperature and vaginal temperature in sows before and during estrus (**Table 2**). Sows might show these physical changes at a different stage of the estrus cycle. Because not all sows will show changes in vulva color, temperature, or size during estrus, the onset of these changes varied among individual animals. Vulva physical and thermal changes are not reliable indicators for heat checking for all sows of use on the farm.

3.3 Skeletal and smooth muscle contractions

Myometrial activity before and after estrus is either absent or of low amplitude and frequency [12, 13]. During estrus, sow myometrial electrical activity and contraction frequency and amplitude increase [12]. Myometrial contractions are regulated by progesterone, oxytocin, and estrogen concentrations [14]. High progesterone reduces uterine contractions whereas high oxytocin and estrogen levels increase them [14]. Oxytocin and estrogen secretion increase during estrus and sexual stimulation and arousal, although direct neuromuscular activation could be via the brain and spinal nerves. In vitro studies found that after an estrogen perfusion, there was a significant increase in peristalsis going from the isthmus uteri towards the corpus uteri [15]. Similar results were found with an oxytocin perfusion [15]. Uterine contractions are necessary for the movement of sperm from the uterus to the fallopian tubes. This could explain why seminal oxytocin and estrogen increase uterine contractions [12]. Boar presence induces sow oxytocin release and increases sow’s myometrial activity [12]. The effects of each individual boar stimulus (olfactory, tactile, and visual) on oxytocin release are still not clear [12].

Some sows will also show skeletal muscle contraction that one would call shaking during the standing reflex. From our behavioral studies, we estimated that fewer than one in ten sows will show this behavior. Skeletal muscle movement can be easily perceived on sow shoulders, flank, neck and ears.

3.4 Gilt development

To continue the production cycle and swine sustainability, sows need to be replaced by gilts. Breeding farms should target to have an annual replacement rate lower than 50% [16]. In 2012, the average annual replacement rate was 45% [17]. This mean that around 900 gilts are needed per year to replace culled sows in a 2000 sow unit. Usually sows are culled due to low reproductive performance, lameness, or because they were not bred after weaning.

Measurement	Day when the change was visible			
	Day before estrus	First day of estrus	Day after first day of estrus	No change
Vulva reddening	31.82%	18.18%	13.64%	36.36%
Vulva IR temperature	4.55%	59.09%	9.09%	27.27%
Vaginal temperature (C°)*	0.00%	15.38%	0.00%	84.61%
Vulva swelling	31.82%	13.64%	0.00%	54.55%
Presence of sticky mucus	40.91%	36.36%	22.73%	0.00%

*\*The percentage figures refer to the % of sows that first show that feature on each day.  
n = 13.*

**Table 2.**  
*Proportion of sows (N = 22) that showed vulva changes before, during, or after the first day of estrus.*

Replacement gilts are selected based on their growth rate, body composition, and their mother's reproductive success [17]. In general, gilts selected as replacement are moved from the growing facility to the gilt development unit (GDU) within the breeding farm when they are around 150 days old. To accelerate the onset of puberty, gilts in the GDU are often exposed to live boars. Gilts can have direct contact with a boar or indirect contact through pen fencing. Usually, groups of vasectomized boars are introduced into gilt's home pen for at least 20 min per day. Boar should not be housed in the GDU unit since gilts will be habituated the boar olfactory, visual, tactile, and auditory stimuli and this could decrease effective heat detection by farm workers [17].

When boars are introduced into the gilt pen, farm personnel will check gilts for estrus behavior and vulva changes described above. Daily boar exposure will induce estrus in most gilt within 10–20 days [17]. Gilts in heat are then moved to breeding stalls so they can habituate to the new environment and are breed in their second estrus. The term heat-no service (HNS) is commonly used to identify gilts that had their first estrus but were not breed. At the time of first service gilts should weight 135–150 kg and have a back fat of 12–18 mm [16, 17]. After 23 days of boar exposure, gilts that have shown no sign of estrus, can be hormonally treated to induce estrus by use of PG600. Gilts that did not come into heat after 28 days of boar exposure are usually culled from the breeding herd [16]. Gilts can be treated with Altrenogest to synchronize their estrus cycles.

## **4. Sensory system impacts on the estrus cycle: the boar effect**

### **4.1 The boar effect**

The effect of boar exposure on gilts and sow reproduction has been extensively study across the years. Direct contact with the boar significantly reduces puberty onset in gilts [18–22] and reduce sows weaning to estrus interval. The boar provides sows and gilts with olfactory, tactile, visual, and auditory stimuli that together create a maximum response. Below we discuss the effect of each individual boar stimuli on sow and gilt reproduction.

### **4.2 Visual, auditory and tactile systems**

Pigs have well developed olfactory, tactile, auditory and visual systems. Most of the work on the pig focuses on the pig olfactory sense. Pigs have been used in biomedical research to study the auditory system. The auditory and somatosensory (touch) parts of the brain have been mapped in the pig [23]. The pig auditory system is understudied. In one paper where the auditory, visual and somatosensory regions were mapped in pig reared indoors or outdoors, the authors showed different neuron structures in the outdoor pig in both auditory, visual and somatosensory regions [24]. The auditory neocortex was especially different with diverse housing systems.

Surprisingly few recent studies have been done on the pig visual system. Dudley Klopfer was a psychologist at Washington State University in the 1950s to about 1980. He studied the pig visual system using operant conditioning methods. He found that pigs could see colors. His work was published in a detailed proceedings paper in 1966 [25]. Ewbank [26] and his group put black contact lenses on pigs which made them temporarily blind. Pigs that could not see, had normal fights and formed a dominance hierarchy. In the world, pig do not need their sight to function, even though their eyesight is about the same as humans.



What we can conclude from the limited work on pig senses is that their olfactory system is much more developed than humans (see below) and their auditory, visual and somatosensory systems are at least as developed as humans.

### 4.3 Olfactory systems

Meese and Baldwin [27] removed the olfactory bulbs in pigs and this did not change their establishment of a dominance order. When pairs of pigs were tested, they fought the same with or without their olfactory bulbs. However, when the group size increased to 3 or 4 pigs, the bulbectomized pigs were at a disadvantage. For reproduction, removal of the olfactory system had large negative effects on reproduction [28].

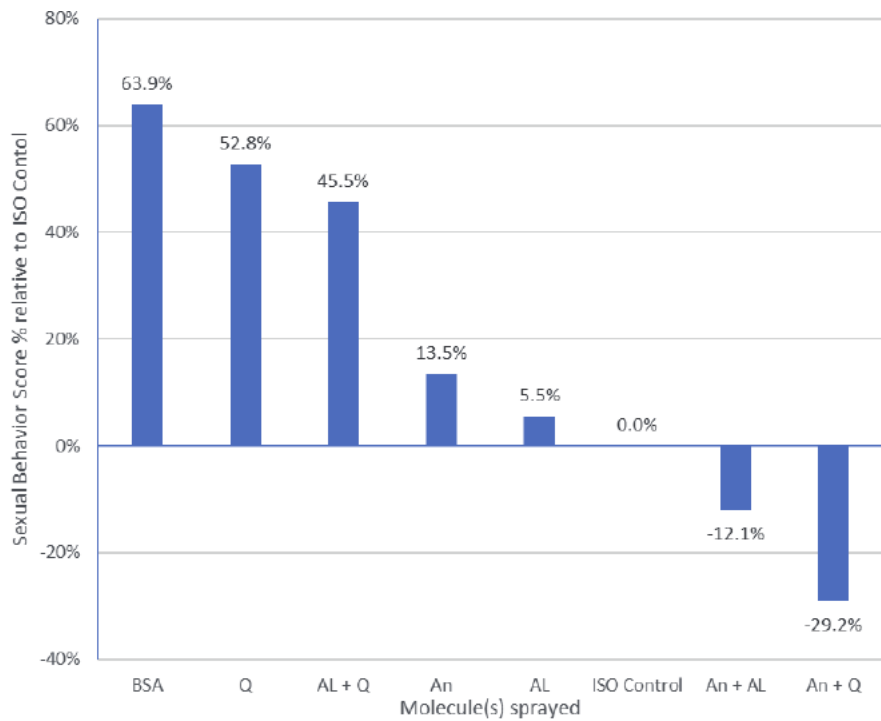
The boar olfactory stimulus has been widely studied of known mammalian pheromones. During the 1960s, androstenol (5 $\alpha$ -Androst-16-en-3 $\alpha$ -ol) and androstenone (5 $\alpha$ -Androst-16-en-3-one), two steroids secreted by boars' submaxillary salivary glands, were thought to be the boar pheromone. Multiple studies have found that these two steroids have a major role on gilts puberty onset. For instance, puberty age was significantly greater for gilts with their olfactory system inhibited by chemical or mechanical means [29, 30] and for gilts exposed to a sialectomized boar [31]. It is thought that direct contact between boar and sow is necessary to transfer the boar pheromone from boar saliva to the female snout [30]. Although these two steroids are responsible for a significant part of the boar effect on puberty onset, when applied as an individual olfactory stimulus, they were not as effective as the boar [18, 21]. Thus, it was suggested that boar saliva must contain additional analytes that together with androstenol and androstenone are acting as a multicomponent primer pheromone or that other boar stimuli are necessary for the boar pheromone to have a full effect. Recently, it was found that, quinoline was another boar specific salivary molecule (**Figure 4**) [5, 32]. The mixture of androstenone, androstenol, and quinoline induced more sexual behaviors in weaned sows than the mixture of androstenone and androstenol [5]. This finding might explain the lack of response of sows and prepubertal gilts when exposed to androstenone and androstenol alone.

### 4.4 Early work on sow and boar preferences and sensory systems

Boars, being a non-discriminating breeder, will investigate sows independent if they are in estrus or not but sows will only be interested in a boar when they are in estrus. When sows are in Proestrus, they will seek a boar. This seeking behavior intensifies when sows are fully in estrus.

Early works showed that sows would only seek the boar when they are in estrus [33] and that the boar could not detect a sow in estrus. This turned out to be only partially correct. Boars can learn the smell of an estrus sow. It was reported that the boar could not tell an estrus sow from a non-estrus sow [32, 34]. Some boars were found to be able to find an estrus sow while others could not [32, 34]. This could be a learned behavior, or some boars may have better olfactory acuity than other boars. This remains to be determined.

Signoret's classic early research [4] (**Table 3**) on boar induction of sow sexual behavior is often cited in textbooks and seminars. In his work, he found that the boar odor was the best single stimulus to induce sexual behaviors in estrus sows. He applied back pressure to estrus sows with no odor stimulation and found that 59% of the sows showed standing reflex. If farms found only 59% of the sows that are in heat, they would not be profitable. The goal is to find 100% of the sows in estrus. With a live boar across a fence, Signoret found that 97% of the sows were detected



**Figure 4.** Sow sexual behavioral response to Androstenone (An), Androstenol (AL) and Quinoline (Q) alone or in combination. Note that androstenone increased estrus sow sexual behavior by 13.5% while all three molecules increased sow sexual behavior by over 63%. The N for this study was 947 sows [5].

Source	Odor source	Sows showing estrus
Signoret, 1975 [4]	No boar odor	59%
	Boar odor in pen	81%
	Fence-line contact with live boar	97%
Melrose [35]	Androstenone	78%*

*Note that Androstenone (\*) was not as effective as fence-line contact with a boar.*

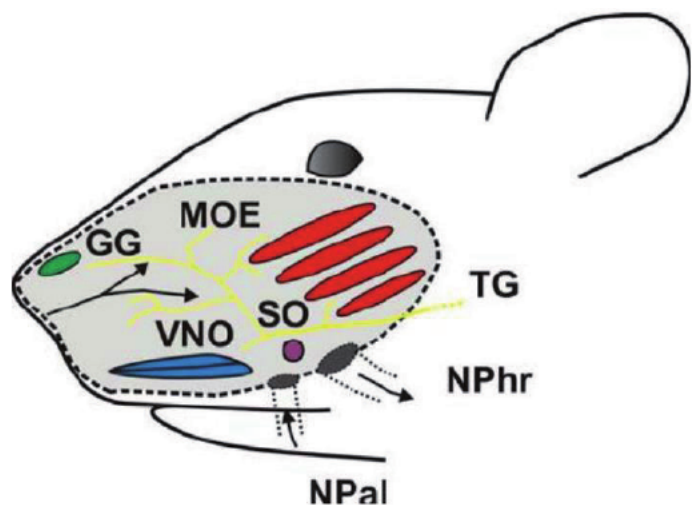
**Table 3.** Early research on sensory system impacts on sows showing estrus.

in estrus. Further, he found that 81% of sows were detected in estrus when they were moved and heat checked in a pen containing the boar odor. This is better than 59%, but not as good as the live boar. Later, when Androstenone was used, Melrose [35] found 78% of the sows in heat—similar to Signoret’s finding with the boar odor. Scientists and producers thought at that time that Androstenone was the boar pheromone. However, why would the fence line contact be better than the odor of the boar or Androstenone alone? This is because more than Androstenone (e.g., other molecules) is needed to induce sexual behavior in the sow (see details below).

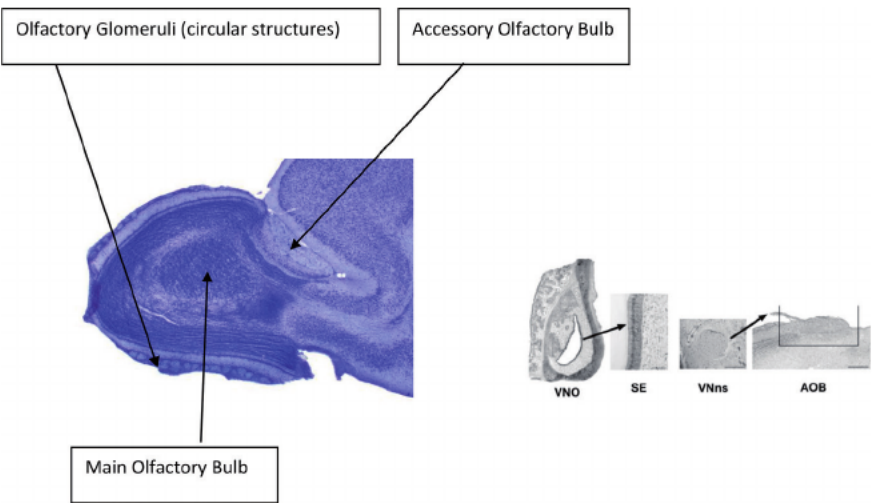
5. The pig olfactory system

The pig is a species with one of the highest numbers of functional olfactory genes [36]. To understand pig pheromone biology, one must understand the

different olfactory organs of the pig. Only two of the five olfactory organs described in mammals have been described in the pig. **Figure 5.** Shows the five olfactory organs described in rats. Of these five organs, only the main olfactory epithelium (MOE) and the vomeronasal organ (VNO) have been described in the pig (**Figure 6**). The Grueneberg ganglion (GG) is the sensory organ that senses alarm pheromones in mice. Scientist believe that pigs may also have alarm pheromones [39], but they have not been isolated, nor has the GG been found in the pig. Little is known about the septal organ (SO) or the chemical sensory cells of the Trigeminal Nerve in the pig (or in other species). We do believe that the MOE receives molecules in an aerosol, while the VNO receives molecules in liquid form. The GG and SO may also need an aerosol because they are in the nasal airway where aerosols pass as the animal breathers or sniffs.



**Figure 5.** Chemosensory epithelia in the rat nose. GG, Grueneberg ganglion; MOE, main olfactory epithelium; SO, septal organ of Masera; TG, trigeminal system/nerve; NPAl, nasopalatine duct; NPhyr, nasopharyngeal duct. Arrows represent the direction of air flow. From Dauner et al. [37].



**Figure 6.** Ignacio Salazar pictures of the pig VNO (right) and the main olfactory bulb (left) with the AOB shown. VNO pictures are from Salazar et al. [38]; olfactory bulb histology is from Salazar, personal communication.

In addition to the olfactory organs, the nasal mucosa contains several olfactory binding proteins (OBPs). Patricia Nagnan-Le Meillour [40] has done the most recent work in pig's OBPs. When the nasal epithelium receives a chemical signal, that signal can bind an olfactory receptor directly, or more commonly for bioactive chemicals, it binds an OBP and it is the OBP odorant complex that activates the olfactory receptors. It is likely that, before pheromone exposure, a small amount of OBPs are present in the olfactory epithelium mucosa. Pheromone exposure increases OBPs synthesis. Thus, we speculate that a second pheromone exposure 30–60 min after the first exposure could have a large effect on olfactory perception because more OBPs will be present to carry the odorants to the olfactory receptors. However, this still needs to be experimentally demonstrated.

In **Figure 6**, we show excellent anatomical histological pictures of the pig MOE and the VNO by Salazar [38] (personal communication). He and his laboratory they showed that the MOE and VNO are fully present at birth in piglets.

The VNO is thought to be the olfactory organ in which pheromones are perceived. But we know now that this is not always the case. One of the boar sexual pheromone molecules is sensed by the MOE [41]. The other three molecules may be sensed by the VNO or the MOE or any of the other olfactory organs not yet described in the pig. Our behavioral observations of the sow when she experiences a liquid containing a pheromone show that they chomp (see **Table 1**). We believe this behavior is analog to the flehmen behavior in other animals and that, by doing this, sows expose the VNO as well as the MOE to the pheromone.

The VNO receives chemical signals from liquids. Some mammals (except humans and some primates) show flehmen (lip curl) behavior when they are drawing liquid chemical signals into the VNO. An example is when the bull licks cow urine and draws it into the VNO. It is likely that more than one olfactory organ is needed to sense complex pheromones that are mixtures of molecules (like the boar pheromone). The pig is not well-known to show Flehman, but they may Flehman when they receive a chemical signal in liquid form.

## **6. Pheromone concepts**

The field of sexual behavior and pheromonal modulation of sexual behaviors have unique terminology. **Table 4** provides definitions of key terms used in pheromone biology in its widest sense. This may help the reader navigate this area. The broadest term is Semiochemical in which all chemical communication falls. Sexual pheromones are species specific (the cattle sex pheromone is different than the pig sex pheromone). Certainly, the pig uses chemical communication within and between species, for example, when a pig finds a buried truffle or when a plant drives away insects—these between-species forms of chemical communication are not discussed here. We are mostly concerned with the species-specific boar pheromone that stimulates sow reproductive behavior and performance.

The pheromone concept was first described in insects by Karlson and Luscher in 1959 [42] and at the time, they were primarily referring to insect pheromones. Certainly, semiochemicals are found in most plants and animals. Pheromones were previously referred to as ectohormones. This means a hormone that works outside the animal. But pheromones do not meet the definition of a hormone, although the definitions are similar. Karlson and Luscher [42] used the term pheromone to describe a species-specific molecule that is secreted or excreted

Word	Definition
Pheromone	<ul style="list-style-type: none"><li>• Substances that are excreted to the outside by an individual and received by a second individual of the same species, in which they release a specific reaction, for example, a definite behavior or a developmental process [42]</li><li>• A chemical substance that is usually produced by an animal and serves especially as a stimulus to other individuals of the same species for one or more behavioral responses [43]</li><li>• A pheromone is an externally secreted signal that sends meaningful information to members of the same species [44]</li></ul>
Kairomone	<ul style="list-style-type: none"><li>• A chemical substance emitted by one species and especially an insect or plant that has an adaptive benefit (such as a stimulus for oviposition) to another species [45]</li><li>• Kairomones are ligands emitted from one species that generate behavior in another species (such as aversion upon detection by a prey species) [45]</li></ul>
Allomone	<ul style="list-style-type: none"><li>• A chemical substance secreted externally by certain animals affecting the behavior or physiology of another species detrimentally [46]</li><li>• A chemical that is released by one species that influences the behavior or physiology of a different species. The organism releasing the substance usually benefits. Allomones are a type of semiochemical used in warning [47]</li></ul>
Synomone	<ul style="list-style-type: none"><li>• An interspecific semiochemical that is beneficial to both interacting organisms [48]</li></ul>
Interomone	<ul style="list-style-type: none"><li>• An interomone is defined as a semiochemical that acts as pheromone of one species but elicits physiological responses in a different species where the pheromone molecules have not yet been identified [49]</li></ul>
Semiochemical	<ul style="list-style-type: none"><li>• A chemical substance or mixture released by an organism that affects the behaviors of other individuals (could be between or within species) [50]</li></ul>

**Table 4.**  
*Definitions of common words in mammalian olfactory communication.*

from one animal that changes the physiology or behavior of another animal of the same species. The concept was adopted rapidly among invertebrate and vertebrate animal scientists.

Most of the work on mammalian pheromones has been done with rodents. The pig has a highly developed olfactory system (see above), but little work has been done recently on pig pheromones including sexual pheromones. We can learn from work on other species so that we can predict possible pheromones and pheromone effects in the highly-olfactory domestic pig.

An early concept was the bifurcation between priming and releasing pheromones. This dichotomy will be familiar to people who work in pig breeding with gilts and sows. The gilt develops from pre-puberty to post-puberty at around 120–200 days of age. A pheromone that stimulates the onset of puberty, for example, would be a priming pheromone. Boars certainly cause gilts to have an earlier onset of puberty (see Boar effect above). The molecule(s) that are responsible for priming gilts have not been described, but are likely to be the same as the boar pheromone. Most people might believe at this time that the boar sexual pheromone that causes sexual behavior and stimulates gilt puberty are likely to be the same molecules.

A releasing pheromone is one or more molecules that cause a rapid onset of behavior; sexual behavior in this case. Another releasing pheromone might be one that causes pigs to eat, or piglets to nurse, or pigs to fight, or pigs to stop



fighting [39, 51]. None of these releasing pheromone molecule(s), other than the boar pheromone have been described.

What can we learn from other mammalian sexual pheromones? Given that the pig has so many functional receptors, it is likely that if a type of pheromone was described in another mammal that the pig would have a pheromone with a similar effect. Here we summarize the classic reproductive pheromones. Note that each early reproductive pheromone was named after the scientist who first reported the effect.

### **6.1 The Bruce effect**

Hilda Bruce described what has been called the Bruce effect in 1959 [52]—before the concept of pheromone was established. She showed that when a pregnant mouse was exposed to an adult male, preferably a dominant male, that the pregnant mouse lost her pregnancy. The Bruce effect has been replicated by many investigators and what we know is that each male has a specific major histocompatibility complex (MHC) class 1 protein that is secreted in its urine. The father of the mouse litter has a given MHC protein. If a new male enters the cage with a different MHC protein, the female is likely to lose her pregnancy (not 100% of the time, but at a significant rate). The male MHC protein binds the VNO in the female mice. It makes one wonder if heat checking with a boar during pregnancy might contribute to a lower farrowing rate.

The Bruce effect has not been clearly documented in the pig. Assuming the Bruce effect is found in pigs, one would change the management of the sow herd. On most farms, pregnant sows experience a live, often dominant, boar walking the aisle to see if any bred sows are now in heat (meaning their pregnancy has failed). That live boar would not have the same MHC as the father of the litter because they are commonly bred by artificial insemination. We know that a small (5–10%) percentage of sows lose their pregnancy from breeding until farrowing. Part of this effect could be due to the Bruce effect. To manage this situation, pregnant sows should never experience a live boar that is not the father of her litter or perhaps is not the boar present during breeding. Keeping in mind that the Bruce effect is mediated by MHC proteins and not the boar pheromone, one can use the boar pheromone to check for return to estrus in pregnant sows without inducing the Bruce effect.

### **6.2 The Vandenberg effect**

John Vandenberg first described this pheromone in a paper published in 1975 [53]. He showed that female mice have an accelerated onset of puberty when exposed to an adult male mouse or urine from an adult male mouse. The molecule was thought to be a protein, but the actual molecule had not been described.

Pigs clearly show the Vandenberg effect. Gilts will have a delayed onset of puberty if they do not experience an adult boar. With boar exposure, the onset of puberty is accelerated in gilts [54]. The pheromone molecule(s) that are responsible have not been described. One might predict that the boar pheromone that stimulates sow reproductive behavior and performance [5], is the same pheromone that stimulates the accelerated onset of puberty in gilts. However, if these boar pheromone molecules are responsible for the Vandenberg effect in gilts, then the dose and number of applications required to cause the Effect have not yet been determined.

### 6.3 The Whitten effect

Whitten described the Whitten Effect in a number of papers from 1956, 1957 and 1966 and 1968 [55–58]. The Whitten Effect states that in a group of post-pubertal females, the presence of either other cycling adult males will cause the females to synchronize their estrus (or menstrual) cycles. Likewise, adult females tend to synchronize their cycles over time when they are housed together. The Whitten Effect has no valuable application in modern pork production at this time that we can think of; however, production systems change over time and there could be an application in the future. The Whitten Effect takes weeks or months to have its effect. Therefore, we do believe that when gilts approaching puberty are exposed to a boar, that the number or percentage that come into estrus is not evenly distributed over the 21-day cycle, so this may be happening. Boar exposure may partially synchronize a group of gilts first estrus.

## 7. Benefits to not using a live boar

### 7.1 General benefits

Boars are found on most modern pig farms. They are needed to find sows in estrus when AI is used. Below are reasons to not have boars on the farm. The reasons include cost, safety and disease control.

The boar costs money to buy and they cost money to maintain. Besides the direct cost of the boar, the boar does not live a good life. They are heat checking sows often and rarely if ever breed. They are often housed in a crate or stall individually for their own safety and the safety of other sows and boars.

Boars are dangerous to have on farms. One large farm in the USA reported that they budget \$500,000 per year for boar-induced human injuries. The boar can take a single swipe at a person and damage the person severely. If a boar was very aggressive, they could do great damage to a person. While rare, boars sometimes step on people, or bite people or knock them down if a person stands in the way of the boar and his intended direction.

Boars carry disease. While sows move from breeding to gestation to farrowing and back to breeding, the boar resides in the barn for a long time (a year or more). The boar can be a reservoir of disease and continually infect new breeding sows.

When a serious disease (foot and mouth, ASF, etc.) is found in a country, they often limit movement of adults in some or all regions. If the farm cannot get live adult boars, and have no access to pheromones, the breeding rates will be very low.

### 7.2 Pheromone applications in the field

#### 7.2.1 Sows

Melrose [35] first suggested Androstenone was the boar pheromone. But we and others have observed that this single molecule was not sufficient to elicit the full sexual behavioral response in estrus sows. This led to the project to seek and discover the complete boar pheromone. This was accomplished by using advanced GC-MS technology to identify three unique molecules that are found in boar saliva and not found in sow saliva [59]. If one examines **Figure 4**, is clear that androstenone alone has only a small effect on sows expressing estrus when they are in fact in heat. But the three molecules together give the largest increase in sow sexual

Parities	Total born/litter	Born alive/litter
1–3	0.88*	0.73*
4–6	–0.10	–0.23
Overall	0.40*	0.22*

*Difference in measures. LSMEANS within a row that differ ( $P < 0.01$ ) have an \*.*

**Table 5.**  
*Results from McGlone et al. showing that BOARBETTER<sup>®</sup> caused an increase in pigs born and born alive in parities 1–3 on 12 farms.*

behavior. Furthermore, data we collected recently showed that most sows identified in estrus by a boar, also express estrus behavior to the three-molecule pheromone called BOARBETTER<sup>®</sup> (BB).

Boar Better (BB) was formulated to include all three molecules in an analog to the natural pheromone. When BB was applied to 12 USA farms in different USA states on nearly 4000 sows, it was discovered that BB increased Farrowing Rate, and litter size born (total or alive). Together, the increase per batch of pigs was significant—over 8% more pigs born per batch. The effect on early parities (1–3) was greater than for older sows that may have maximized their uterine capacity (**Table 5**). Note that while the overall increase in total pig born per litter was 0.40 more pigs with BB, in parities 1–3, the increase was 0.88 pigs/litter due to BB. This is a remarkable improvement in reproduction that cannot be achieved by any common animal health product on the market.

7.2.2 Gilts

While we believe and hope that BB is also the priming pheromone that accelerated gilt puberty, we do not have solid data to show that this is the case. These studies are underway now. We know cycling gilts can be bred with BB because it is a powerful releasing pheromone. Still, because the live boar can stimulate the onset of puberty, it is likely that BB is also the priming pheromone.

8. Future research needs on farms

This area of research is ripe for new discoveries. We know that the pig has a highly developed sense of smell. And we know that pheromones are a major player in the modulation of sexual and other behaviors. The sow releasing pheromone has been discovered and it contains three boar-unique molecules. The primer pheromone that brings gilts into heat has not been identified. It seems likely that the priming pheromone is the same set of molecules that comprise the releasing pheromone. But this must be confirmed through experimentation and practical applications.

We also demonstrate that the novel boar pheromone that was recently discovered induces both sexual behavior in estrus sows and it increases the change of reproductive success in sows. This pheromone is the only known molecule to cause the full effect in behavior and reproduction.

We do not know anything about three olfactory organs that are described in mice, but not yet described in the pig (SO, GG, Trigeminal nerve). Locating these in the pig and documenting how they modulate behavior will be important in the future.

## 9. Conclusions

This chapter was written to first give the reader a background on boar and sow reproduction, olfaction and pheromones. If one wants to delve deeper in this subject, understanding the biology of the pig is helpful.

Measures of reproductive success on commercial farms show that swine reproduction can be improved on commercial farms by use of a synthetic analog of the natural boar pheromone. Breeding rates should be more successful with the full understanding of the sow's behavior before, during and after her estrous cycle both in housing facilities and free roaming herds. As well as, the different stages of estrous to properly recognize the different measurements for signs of a sow in estrus. The anatomy of the animal also plays a critical role for the pheromones to initiate her "standing reflex" through the different olfactory organs, which help determine if she is in estrus or not. The key point of this is remembering to look for the signs that are visible to show that the sow may be in heat; unreliable indicators are pricked ears, low, deep grunts, vulva temperature and color. The most important sign of estrus is when the sow shows, the standing reflex or locked up behavior. Locked up is the only behavior that indicates estrus in all sows (except those anestrus). Ultimately, the ability to properly detect sows in heat with or without a boar will save time, labor and money. With the assistance of the product BB (which contains three molecules: Androstenedione, Androstanol, and Quinoline), stockpeople may be able to attain improved reproductive performance.

## Acknowledgements

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## Conflict of interest

Only the first author (JJM) declares a conflict of interest. He is the inventor on the patent on Boar Better which Texas Tech University has licensed to Animal Biotech (of which he is a minority owner). All other authors do not declare any conflict of interest.

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# Troubled Process of Parturition of the Domestic Pig

*Claudio Oliviero and Olli Peltoniemi*

## Abstract

Over the past three decades, efficient breeding and management have almost doubled the litter size of sows. Simultaneously, duration of farrowing has increased markedly. The expulsion phase of parturition in the hyper prolific sow is now 3 to 5 times longer than it was in the early 1990s. There has also been a constant downward trend in piglet birth weight, along with a similar trend in colostrum intake, which is an important risk factor for piglet mortality. Together with these trends, an increase in farrowing complications, such as postpartum dysgalactia and retention of placenta, has been reported. This paper investigates group housing of sows during gestation, farrowing and lactation, focusing on management strategies of the sow. In short, the sow needs to be given space and enrichment materials for adequate expression of nest-building behavior. Maternal characteristics may be utilized to improve the success rate of reproductive management during farrowing and early lactation. The lower piglet birth weight and compromised immunity of newborn piglets warrant investigation in the search for novel management tools. Robust breeds with somewhat lower litter size, but improved resilience and increased birth weight may be needed in the near future.

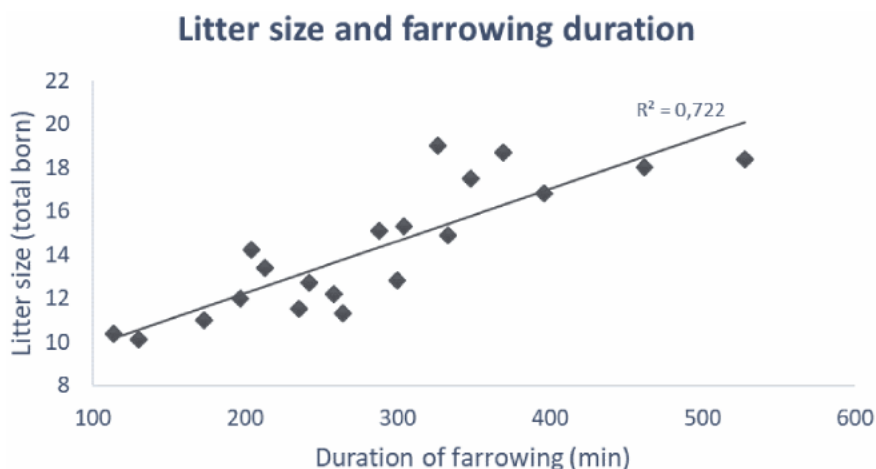
**Keywords:** hyper prolific sow, large litters, group housing, parturition process, feeding management, colostrum management, gut microbiota

## 1. Introduction

In the pig, just as in other mammalian species, the process of parturition includes three phase: opening of the cervix (I), expulsion of the fetuses (II) and expulsion of the placentae (III). In the 1990's, the average duration of farrowing was 1.5–2 hours [1]. Since 1990, there has been a linear increase in both 1) litter size from about 10 piglets in 1990 to close to 20 piglets in 2019 and 2) duration of farrowing from 1.5–2 hours to 7–8 hours (a conclusion based on 20 studies on duration of farrowing, **Figure 1**, [2]). While the described tendency is subject to differences between breeds and management (i.e. farrowing crate vs. free farrowing), the overall tendency is rather convincing. The extended duration of farrowing appears an outcome of intensive breeding for prolificacy in the pig [2].

The increasing litter size presents with an immunological challenge for the sow and especially the piglets [2, 3]. The last 20–30% of the fetuses to be born likely miss out on access to good quality colostrum that declines by 50% already by the 6th hour after the birth of the first piglet [4]. On the other hand, they also have less time to suckle colostrum due to decreased window of opportunity for colostrum intake,





**Figure 1.** Relationship between litter size and the duration of farrowing in 20 studies from 1992 to 2018 (adapted from Oliviero et al. 2019, reproduction in domestic animals, Wiley-Blackwell).

increased competition for teats and reduced birth weight. This all may show up later in emergence of diseases in the growing phase of piglets/fattening pigs.

The metabolic challenge related to hyper-prolific sow production model begins in the growing phase of gilts and goes beyond farrowing and lactation. The sow is supposed to eat enough to meet the requirement of growing litters prior to farrowing, which may cause some of the problems seen at around farrowing [5, 6]. In the early part of lactation, sows with large litters lose more energy while producing milk than what they can consume in their feed, ending up in a negative energy balance (NEB) [7, 8].

The growing litter size and intensity of production as such appear as items for welfare concern for the public. This seems to happen regardless of whether those concerns would be warranted or not. However, this review will tackle those items relating to welfare of the hyper-prolific sow model that we know, based on scientific literature, as having reasons to be addressed.

## 2. Physiology of parturition: low state systemic inflammation involved (PDS)

Nest building and the phases of farrowing are orchestrated by responding changes in reproductive hormones. It is well established that decline in progesterone and peak in prostaglandin F2alpha triggers nest building behavior while oxytocin rise at the beginning of expulsion phase marks the session of nest building [9]. Prostaglandin F2alpha peak also induces CL regression with a concomitant decline in progesterone, making uterine contractions and parturition possible. Oxytocin is mainly in charge of uterine contractions during the expulsion phase of parturition and letdown of colostrum and milk, while prolactin will promote mammary gland development to the extent that initiation of milk production after parturition will become possible [10–12].

It has also been described in the literature and also shown by our group that allowing the sow to build up a nest prior to farrowing will increase oxytocin release and shorten the duration of farrowing [5, 13]. Other ways of shortening the duration of farrowing include increasing fiber in the feedstuff and encouraging water intake [5, 14]. However, even applying most good management interventions prior

to farrowing, duration of farrowing of modern hyperprolific sows is extended four – to five fold as described [2, 15, 16]. Prolonged duration of farrowing will mean reduced quality and quantity of colostrum intake by piglets, increased degree of intrapartum hypoxia of fetuses [17], increased rate of retained placentae [18], increased rate of uterine inflammation and post partum dysglactia (PDS) [19] and likely, reduced development of next generation of follicles fertility [3, 17].

Moreover, during the periparturient period, biological mechanisms coordinate the mobilization of body reserves in order to support fetal growth and milk production; insulin concentrations are reduced and the response of hormone-sensitive lipase in adipose tissue (e.g., low insulin, high growth hormone and catecholamines, or high glucocorticoid concentrations) is greater to facilitate lipid mobilization. This periparturient period is also characterized by a low state of inflammation encompassing an increase in hepatic production of positive acute-phase proteins (APP), and a decrease in the production of negative APP [15, 20]. It has been rather well described in the literature that these responses are mediated by the pro-inflammatory cytokines interleukin (IL)-6, IL-1 $\beta$ , and tumor necrosis factor- $\alpha$  (TNF- $\alpha$ ) [15]. Additionally, evidence in the dairy cow indicates that oxidative stress also occurs during this period and is driven by the imbalance between the production of reactive oxygen metabolites (ROM), reactive nitrogen species (RNS), and the neutralizing capacity of antioxidant mechanisms in tissues and blood [21]. The extent and duration of the inflammatory process will determine whether or not the condition is ending up as a clinical disease. However, it is noteworthy, that in the hyper prolific sows lines as those typical of Denmark and Belgium, the incidence of sows contracting a systemic disease postpartum is as high as >30% [15, 22, 23]. Moreover, it is obvious that even in those sows staying healthy as far as clinical symptoms, the inflammatory process is heavily present as indicated by means of those markers described above [15].

Typically, within two to three days post partum, the process of inflammation may develop into endotoxemia, which involves the release of the inflammation markers described. Endotoxemia is associated with clinical symptoms indicating a systemic response to infectious agents such as coliform bacteria – and PDS [24–26]. The condition comes with acute general symptoms such as inappetite, lethargy and fever [25], followed by local symptoms that usually affect either the uterus [19] or the udder [27] or both of them.

After parturition, concomitant with the process of inflammation, the sow undergoes metabolic stress due to loss of body reserves in favor of milk produced for large litters. This change rate is highest during the first 10 days of lactation. One of major mediators of metabolic stress is IGF-1, which is also seen as an indicator for fertility. Low IGF-1 levels indicate inflammation, metabolic stress present and fertility. IGF-1 is also regarded as one of the most important factors driving follicle development [28–30]. The role of extracellular vesicles, although proposed as being key players in follicle development and the cross talk between the mother and the embryo, in this inflammatory process and its effect on follicle development, however, remains less explored [31].

In conclusion, in hyperprolific sows, the physiological process of farrowing is prolonged, making the system vulnerable in terms of increased rate of inflammation and emerging infectious uterine and mammary disease. In fact, recent evidence now shows that even in sows staying without symptoms, there seems to be considerable degree of “silent inflammation” in the body. In an increased proportion of sows, however, post partum disease PDS is detected and hopefully treated. The consequences of inflammation, regardless of clinical symptoms, include reduced quantity and quality of piglet colostrum intake and milk intake during early lactation.

### **3. Challenges with transfer of immunity to piglets**

The neonate piglets are born without the protection of immunoglobulins because of the epitheliochorial nature of the porcine placenta, which does not allow transfer of large molecules during the maternal-fetal interface. Neonate piglets must acquire maternal immunoglobulins from ingested colostrum for passive immune protection, before they will adequately produce own immunoglobulins at 3–4 weeks of age [32].

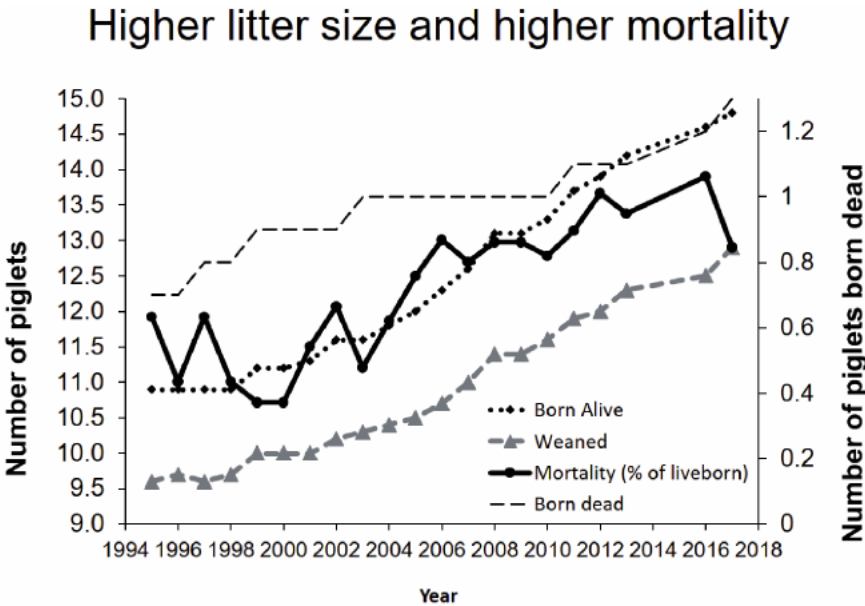
In Europe in the last 30 years there has been a constant increase in number of piglets born, with litter size averagely increasing from 11 to 14 piglets, with some countries reaching an average of 16 piglets [33, 34]. Nowadays, having litters up to 18–20 piglets it is not uncommon when raising hyper-prolific sow lines [18, 34, 35]. Because sows can have averagely an udder with 14–16 teats [36], large litters are challenging to manage during lactation. According to Andersen et al. [37], without balancing of litter size after birth and without any direct help to sow and piglets, a sow is able to wean successfully no more than 10 to 11 piglets. Large litters can also directly affect piglets at birth. The larger is the number of piglets born in a litter, the lower is their average birthweight and the higher is their weight variation within the litter [38–41]. A greater number of piglets born than the available teats at the sow's udder, a lower birthweight and a greater birthweight variation, all increase the piglets' competition for colostrum intake [42]. Similarly, lower birthweight and long farrowing duration are associated with lower piglet vitality at birth, which can delay the access to the udder [43, 44].

The constant presence of maternally secretory IgA (slgA) in milk guarantees the protection of the intestinal mucosa of piglets. As long as piglets are able to intake sufficient amounts of milk, the slgA give a localized protection to their intestine, allowing them to develop gradually their own immune response mechanisms [45]. Other immunoglobulins, like IgG are more concentrated into colostrum, with most of colostrum produced before farrowing and right after farrowing [46]. Porcine colostrum contains very high levels of IgG (30–70 g/l) and a mixture of bioactive molecules like growth factors and enzymes. In colostrum, the level of IgG may be four times higher than the level of IgA and IgG in the serum of the sow [2]. Closure of the gut junctions in piglets occurs 24–36 h after their birth, making the absorption of immunoglobulins impossible [32]. Impossibility for piglets to obtain timely a sufficient intake of colostrum is considered the main cause of piglet deaths occurring within the first days after birth [47]. The recommended amount of colostrum needed per piglet is at least 200 g to minimize the mortality and 250 g for good body weight gain [47]. Since the amount of colostrum offered is timely limited by the sow own production, there is a possibility that in large litters some of the piglets may suffer lack of colostrum. Lessard et al. [48] suggested that the genes' expression of immunity and oxidative stress in piglets' intestinal tissue can be affected by birth weight and colostrum intake, with direct effects on the leukocyte populations responsible of innate and cell-mediated immunity of nursing piglets. Piglets born with low weight had a lower amount of intestinal antigen presenting cells and an impaired increase of B cells, when compared to high birth weight piglets [48].

Social stress conditions like competition for colostrum and milk intake, crowding, and regrouping are more common in large litters. These conditions may induce short- and long-term effects in pigs, on their immunity. Psychosocial stress may alterate changes in the reactions of both the innate and adaptive immunity, such as leukocyte distribution, cytokine secretion, lymphocyte proliferation, antibody production and immune responses to viral infection or vaccination [49]. In addition, social stress may induce or promote gastrointestinal (GI) diseases through dysregulation of inflammatory processes and glucocorticoid resistance of lymphocytes [49], cortisol being the main stress-induced glucocorticoid in pigs.

Some studies found an increased association between high pre-weaning mortality and large litters [50, 51], one example is given in **Figure 2** for the Netherlands. An explanation to this correlation can be found in prolonged farrowing duration and lower birth weight commonly seen in large litter size [2].

In a recent study performed in Norway they found that, on the first day of life, the level of piglet plasma IgG, was affected negatively by a linear decrease of 0.4 g/L for each piglet born, indicating how prolonged parturition in large litters can impair the uptake of passive immunity of neonate piglets [52]. Several studies report a negative correlation between litter size and piglet birth weight [38–40, 53]. When looking to piglets' individual growth, three different studies consistently found a decline in litter average birth weight, ranging from 35 to 43 g for each additional pig born across three different populations of litters recorded [39, 40, 54]. A lower birth weight can affect negatively colostrum intake, increasing the risk of mortality [55–57]. Piglets serum IgG concentrations increased with increased piglet weight, while piglets from larger litters had lower serum IgG [58]. Similarly, greater amount of colostrum ingested at birth increased the IgG content in serum of piglets at 24 h after birth [59]. Another study found that piglet serum IgG concentration at 24 h, 10 and 20 days of age was positively correlated with colostrum intake and with the serum IgG concentration of the mother, but was not correlated with birth weight [56]. Increased duration of farrowing in combination with larger competition in the litter, can reduce not only the possibility to intake adequate amount of colostrum, but also retard the time of access to the udder. This is an unfavorable condition considering that colostrum level of immunoglobulins declines fast after the start of parturition [57]. Studies report that a delayed intake, after the birth, of a standard colostrum ration affected negatively the piglets' immunoglobulin absorption and the maturation of their intestinal villi, having possibly long-term harm on their digestion process [60]. A retarded detection of IgG in piglets' serum was reported when the standardized colostrum portion was given only after 12 h from their birth, than in piglets getting it immediately after the birth. The latter piglets had 4.4%



**Figure 2.**  
*Increased mortality with increased litter size in the Netherlands (adapted from: AgroVision B.V. the Netherlands, 2017).*

more plasma IgG (21.5 vs. 17.1%), probably because of their greater development of intestinal villi [60]. Klobasa et al. [61] found that birth order had an influence on the amount of immunoglobulin absorbed in a population of 600 piglets. The latest piglets born in the litters had the lower IgG level in their plasma, due to the fast decline in colostrum immunoglobulins level from the start of parturition. Correspondingly, another study reported a 4% decrease of plasma IgG concentration in piglets of smaller birth weight, when compared to their bigger siblings [62]. Manjarin et al. [63] indicated the farrowing-to-suckling interval to be fundamental in the acquisition of adequate IgG by piglets. A 4 h delayed intake of colostrum, after the start of parturition, significantly reduced the amount of piglets' plasma proteins 24 hours up to 12 days. It is therefore extremely important to consider also the time of birth of piglets in relation to the start of farrowing, when planning successful strategies to boost colostrum intake in large litters, like for instance split suckling [2].

#### **4. Microbiota involvement during pregnancy, parturition and lactation**

The composition of gut microbiota constantly shifts over time and it is not constant. In sows, both diversity and abundance of certain microbial population increase with progression of the pregnancy until weaning [64]. Diversified gut microbiota can provide different metabolic capacities and functionality in sows, ensuring the sufficient supply of nutrients for fetal growth and development [64]. In a recent study carried out by Hasan et al. [65], at farrowing, from a phyla level perspective, most gut bacteria were classified in Firmicutes, Bacteroidetes, Proteobacteria, Actinobacteria, and Candidatus. The Firmicutes represent the most abundant proportion of the total population, followed by Bacteroides. These two phyla accounted for approximately 98% of all bacteria present. These results are in line with the one published by Kim et al. [66], reporting Firmicutes and Bacteroides being 90% of total bacteria present in late pregnancy in the sow gut. However, the findings of the study by Ji et al. [64], reported that Bacteroides increased linearly with the progression of the pregnancy and represented the most dominant (45%) in late pregnancy. Jost et al. [67] reported that Firmicutes exhibited no detectable changes over perinatal period. There are some evidences that gestational body weight gain or increase in the back-fat thickness in the sows, may be associated with an increase in the abundance of Firmicutes or an increase in the Firmicutes to Bacteroides ratio [64, 68]. In terms of phyla, the abundance of Tenericutes, Fibrobacteres, and Cyanobacteria have been shown to increase with the progression of the pregnancy [64]. These phyla have some beneficial effects, for example, Tenericutes increase intestinal cells' integrity and Fibrobacteres are characterized by having the potential to metabolize non-soluble polysaccharides, such as cellulose, hemicellulose or pectin [64]. During late gestation Romboutsia was the dominant genus in sows which is from the phylum Firmicutes, followed by Clostridium sensu stricto, Lactobacillus, Oscillibacter, Intestinimonas, Sporobacter, Christensenella, Barnesiella, Flavonifractor, Terrisporobacter, Acidaminobacter, Lachnospiracea incertae sedis, and Turicibacter, other genera being much less 1% [65].

The changes in the diet can differentiate the composition of the microbiome, and in its potential functionality. Recent studies demonstrate the importance of dietary microbial modulation. Dietary supplementation of hydrolysed yeast [65], resin acid enriched composition [69], probiotics [70] and prebiotics [71, 72] in sow's late gestation diet, significantly changes microbial populations. Different levels and types of protein and fiber in the diet are also modulating the gut microbial population both in gestating sows and in weaning piglets. Fiber has various



physicochemical properties, and its supplementation during pregnancy effectively enhances the stability of the gut microbiota population in sow [71, 72]. The most important changes in the gut microbiota composition include a reduction in Proteobacteria and an increase in Ruminococcaceae, Oscillospira, and Eubacterium. Additionally, the genus Eubacterium increases, after dietary soluble fiber supplementation during pregnancy, promoting propionate release, being one of the possible reasons by which dietary fiber increases insulin sensitivity and decrease the general inflammation in sows around farrowing [73]. Those microbiota capable to ferment indigestible carbohydrates, produce short chain fatty acids (SCFA) that can be an important energy source for the sow. Butyrate, in particular, is a gut health-promoting compound that acts as the main energy source for colonocytes and exerts anti-inflammatory properties [74]. The increased production of SCFAs promotes intestinal energy availability, which may contribute to the high energetic demands of hyper-prolific sows for the longer duration of farrowing process; therefore promoting the presence of fiber degrading gut microbiota seems to be favorable for gestating sows. The reduction of pathogenic bacteria in response to dietary supplementation is associated with an increase of beneficial microbiota, which in turn may modify the substrate availability and the physiological conditions of the gastrointestinal tract (e.g. fermentation products, luminal pH and bile acid concentration) [75]. Dietary supplementation of yeast hydrolysate in the pregnancy influenced beneficial and fermentative bacteria (Roseburia, Paraprevotella, Eubacterium), while, some opportunistic pathogens like Desulfovibrio, Escherichia/Shigella and Helicobacter, of the phylum Proteobacteria, were suppressed [65].

Proteobacteria are usually a minority presence within a normal gut microbial community [76]. However, a dysbiotic expansion of facultative anaerobic Proteobacteria are connected with gut inflammation, including irritable bowel syndrome, inflammatory bowel disease in humans [77], and with increased inflammatory responses of women in late pregnancy [78]. Recent studies have proposed that an expansion of Proteobacteria in the gut microbiota community is a potential diagnostic criterion for dysbiosis in gut microbiota and epithelial dysfunction [79, 80]. For instance, Hasan et al. [65] found that some positive sow's productive and physiological performances (high colostrum yield, high colostrum proteins content, high colostrum IgG content, normal blood progesterone level and normal farrowing duration) were positively correlated to the gut bacterial families *Lactobacillaceae*, *Ruminococcaceae* and *Prevotellaceae*, the last two being bacteria able to utilize different plant cell wall polysaccharides. On the contrary, unfavorable productive and physiological performances of the sow (low colostrum yield, low colostrum proteins content, low colostrum IgG content, high level of blood progesterone and long farrowing duration) clustered and were positively correlated with the gut bacterial families *Erysipelotrichaceae*, *Clostridiaceae*, *Streptococcaceae*, *Enterobacteriaceae*, *Desulfovibrionaceae* and *Bacteroidaceae*, many of these being known pig pathogens bacteria or part of the dysbiotic phylum Proteobacteria.

## 5. Robustness needed, resilience favored

The climate change requires a brave vision regarding breeding goals in the pig in the future. Buildings housing pigs will need to be energy saving and reducing CO<sub>2</sub> emissions in the future. On the other hand, hotter climate will need pigs to be robust and more resilient under heat with less susceptible to becoming stressed under those conditions. Hyper-prolific sows, however, may actually be quite sensitive to heat in comparison to less productive breeds [81].

Consumers appear to asking for improved welfare such as provided by free farrowing /free lactation discussed earlier [34]. Therefore, there appears to be growing demand for cross breeding/genes for these characteristics and traits. Recent developments in reproductive technology may provide tools for international trade of germ cells and embryos in the near future.

## **6. Conclusions**

The process of parturition is long and complicated in the hyperprolific sow. It brings about increased risk of uterine contamination, mammary gland inflammation and retained placenta, therefore increasing post partum inflammation leading up to post partum dysgalactia PDS. From the fetal/neonatal point of view, hypoxia may develop due to the extended expulsion phase of parturition. Moreover, the quality and quantity of colostrum intake goes down when the decreasing window for suckling. In the early lactation, metabolic stress is profound due to the increased demand for energy and nutrients, which worsens the negative energy balance and may affect development of next generation follicle development and thereby future generations of piglets. Environmental and dietary effects on the gut microbiota of sows and piglets have an impact during gestation, farrowing and lactation, possibly improving performances of hyperprolific sows and of piglets in large litters.

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# Reproduction in Small Ruminants (Goats)

*Fernando Sánchez Dávila and Gerardo Pérez Muñoz*

## Abstract

The exploitation of small ruminants (goat and sheep) has always been linked to the development of human civilizations, where they have mainly fed on their derived products such as milk and meat. Currently, the sheep population is around 1 billion head concentrated above 50% in three countries, China, Australia, and New Zealand, contrary to goats with around 720 million heads, distributed mainly in Asia, Africa, and South America. Both species have similar characteristics in some anatomical aspects (a pair of nipples), gestation period (150 days), and presence of seasonal anestrus, differing in terms of magnitude and depth and presence of the male effect. However, they are completely different in feeding habits, nutrient needs, and grazing systems, with differences in terms of the female's reproductive tract, among other characteristics. Currently, the study of reproduction has intensified over the years in the goats and its counterpart that is the buck. Therefore, in the following topics, the importance of global reproduction of the goat will be discussed, considering that progress has been made today in the application of third generation reproductive techniques and that today they are already consolidated and developed in the bovine species.

**Keywords:** bucks, testosterone, sexual behavior, reproduction in goats, nutrition

## 1. Introduction

The exploitation of small ruminants (goat and sheep) has always been linked to the development of human civilizations, where they have mainly fed on their derived products such as milk and meat. Currently, the sheep population is around 1 billion head concentrated above 50% in three countries, China, Australia, and New Zealand, contrary to goats with around 720 million heads, distributed mainly in Asia, Africa, and South America. Both species have similar characteristics in some anatomical aspects (a pair of nipples), gestation period (150 days), and presence of seasonal anestrus, differing in terms of magnitude and depth and presence of the male effect. However, they are completely different in feeding habits, nutrient needs, and grazing systems, with differences in terms of the female's reproductive tract, among other characteristics [1]. Currently the study of reproduction has intensified over the years in the goats and its counterpart that is the buck. Therefore, in the following topics, the importance of global reproduction of the goat will be discussed, considering that progress has been made today in the application of third generation reproductive techniques and that today they are already consolidated and developed in the bovine species [2].

## **2. Reproduction in goats**

In most areas of the world, goats are mated once yearly in the fall, during their natural mating season, for spring kidding [3–5]. Animals bred at this time are more likely to get pregnant and have multiple kids. A longer breeding season allows for flexibility in breeding and kidding dates to times when the climate is more favorable, and forage is available for the lactating doe. In addition, dates of ethnic/alternative markets should also be considered in the decision about when to breed females. How long the males are kept in with females for mating determines how long kidding will last, but a 40 to 45-day breeding season will guarantee that each doe has had at least two opportunities to come into heat. The male-to-female ratio in this breeding system is approximately 1 male per 30–40 females, but in synchronized breeding, this ratio should be 1 male with 20 or less females.

Likewise, under range conditions, bucks are often maintained with the doe herd throughout the year for continuous breeding. In such a system, proper health management is difficult and only limited supervision can be provided during kidding [1]. Care is also required to routinely remove offspring from the herd to avoid mother/son and father/daughter mating's. Although buck exposure is continuous, kidding under continuous mating will eventually follow seasonal breeding patterns, depending on the location of the farm and the breed of goat used.

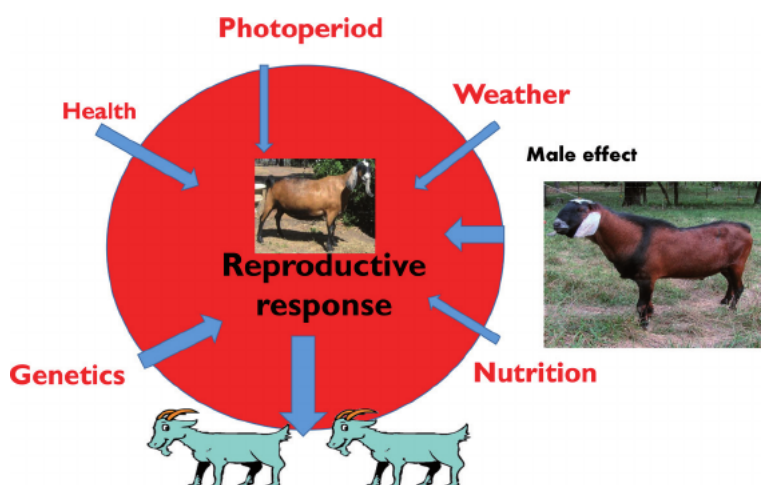
However, globally, in intensive milk production systems, the use of basic reproductive techniques has been applied more extensively, for example the estrus synchronization techniques, artificial insemination, (AI), is being used more commonly by goat producers [6]. Artificial insemination makes it possible to obtain or transfer genetic material domestically and internationally. Many goat producers, both meat and dairy, utilize AI to produce animals that are more desired by markets and consumers as well as animals that will do well at local, state and national livestock shows.

### **2.1 Perspectives and advances in the study of the estrous cycle of the goat**

Currently the estrous cycle is being studied from a perspective of hormonal changes according to the ovarian structures that are present during each of the phases that occur (follicular and luteal) [7, 8]. The above is with the objective of evaluating the size of structures and correlating them with hormonal profiles. Considering that by understanding the physiology and anatomy and the perspective of manipulating the oestrus cycle, we can advance or achieve higher gestation rates [9]. It has been stabilized with the application of hormonal products and/or the male effect to have an oestrus presence of 100%. However, pregnancy percentages vary greatly according to a large number of factors (see **Figure 1**), where each of them affects the final result cross-sectionally, which is pregnancy.

Estrous induction began to develop in goats and sheep for more than 50 years, where injected progesterone began to be used daily, until today with the use of two types of vaginal devices: vaginal sponge and delivery device. Controlled (CIDR), each having its advantages and disadvantages [10, 11]. The response in each of the devices has been accompanied by secondary hormones of intramuscular application that favor the development of the follicles, the synchronization of them for their ovulation and that these become corpus luteum with adequate size and with a sustainable production of progesterone. It is well known that low LH levels during the progestogen synchronization protocol will affect the fate of large follicles. However, these follicles require LH for their maintenance and development, so they





**Figure 1.**  
*Factors that affect the reproductive response in goats.*

will present atresia and new ovulatory follicles appear that will grow. In long estrous synchronization protocols (above 10 days), when the vaginal devices are removed, they release little progesterone and do not completely suppress LH. With the above, an abnormal follicular development occurs, which become persistent, leading to low fertility and therefore gestation.

## 2.2 Will it be possible to improve the parameters of presence of estrus and pregnancy using hormones in the coming years?

Changes or results in estrous synchronization programs have been modified over the years depending on the duration of insertion of the sponge or the device in the goat, however, the use of hormones to regulate goat reproduction has been maintained over the years [12, 13], with changes especially in the higher use of nonsteroidal hormones, such as those derived from prostaglandins, gonadotropin-releasing hormones, and hormones of follicular growth and development such as equine chorionic gonadotropin; being the most frequent use in the European community for health reasons. The use of steroid hormones such as progestogens continue to be used globally [14], but under the premise of using short protocols (5 to 7 days). In the present and in future years the use of short protocols of 5–7 days will be used more and more because it has a series of advantages compared to short protocols; these being the decrease in the presence of vaginitis in animals; in the case of CIDR devices, reuse them up to twice more with an effectiveness of up to 90% of estrous in goats. However, the health risk must be considered as it can contaminate bacteria, viruses from one animal to another.

The important thing is to be able to develop vaginal devices with a lower concentration of progesterone and avoid being reused to avoid this type of infection.

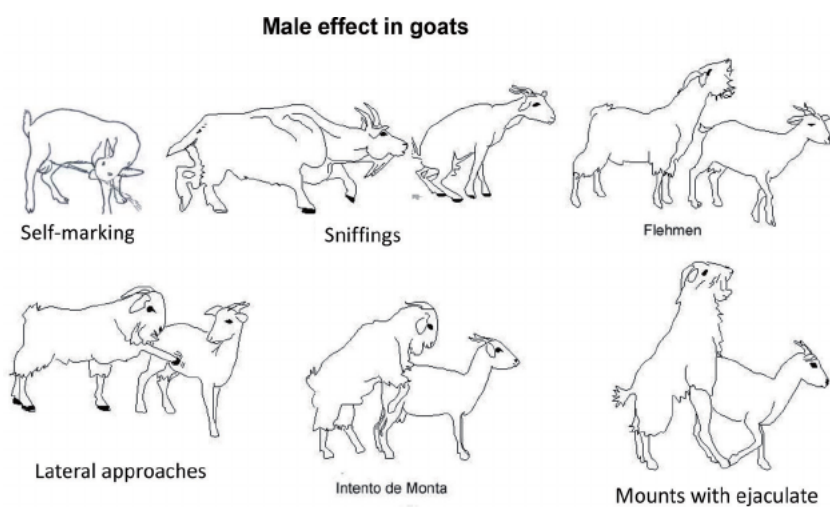
On the other hand, the use of estrous synchronization protocols in goats using nonsteroidal hormones in combination with the male effect has been developing more intensively in recent years. For example, the administration of double doses of PGF2 $\alpha$  is recommended to synchronize estrous in cycling goats, with an interval of 10–14 days (appointment), which ensures that most does will present the mid luteal phase, when applying the second dose, and that all will respond with the behavior of estrus and ovulation (appointment). However, their response may vary depending on the insemination technique, the dose to be applied and the interval between

doses. Besides, it should be considered that only the goat that is cycling with the presence of an active luteal body, would work this protocol. Currently, the male effect is used, so that an estrus occurs, a CL is formed, and the protocol based on prostaglandins is started.

In goats, PGF2 $\alpha$  and its analogs are effective luteolytic agents, where very small doses (1.25 mg) of PGF2 $\alpha$  are currently required, with the corpus luteum being more sensitive compared to cows. Likewise, responses to low doses of its analogues, such as cloprostenol, have been observed; 125  $\mu$ g doses have been used in goats, but even a 26  $\mu$ g dose has been shown to be effective [15, 16]. As in sheep, the age of the corpus luteum and, therefore, the day of the cycle in which PGF2 $\alpha$  is administered determines the degree of synchronization obtained and the time required for the heat to appear, the LH peak and the ovulation [17]. Several studies indicate that goats treated on day 6 of the cycle go into heat and show an LH peak much earlier than those treated on day 12 [18, 19].

### 2.3 Advances and use of the male effect, a case study until today!

The use of the male effect (**Figure 2**) has been a case study up to nowadays at a global level [20, 21], where different alternatives have been evaluated in order to understand its way of acting under different scenarios of a goat production system and achieve further efficiency in reproduction in the goat [22]. The sudden introduction of the goat increases the release of LH in goats [23], where the first estrus is not silent [24], so the goat effect produces a high degree of estrus synchronization [25]. Also, short cycles of 5–6 days or 10–12 days may appear after introducing the male, in these cases fertility is lower than in normal cycles [26]. Over the years, different scenarios of the male effect have been validated, modified or compared [27]; for example, [28] determined that the male-female ratio does not decrease the ability of sexually active males to induce sexual activity in anovulatory goats, but it does delay the response to the male effect. Likewise, [29] determined that the separation of the goats from the male goats is not necessary as it was thought in previous years to be able to stimulate the sexual activity of goats subjected to the male effect. Followed by another investigation where they verified that the bleating



**Figure 2.**  
*Sequence of sexual behavior in bucks.*

(vocalizations) of the goat were not sufficient to stimulate the presence of estrus and ovulation, therefore, the frequency of pulses of the LH was not increased [30]. Likewise, there are studies where the introduction of estrogenized females when introducing the buck can stimulate the estrous activity of anovulatory goats [31]. Delgadillo et al. [32] reviewing the male effect on goats, mention that in previous years it was mentioned that the male should be in permanent contact with the goats, their studies elucidated that it is not necessary and with a minimum contact of 4–16 hours, percentages of estrus can be reached in goats subjected to the male effect, the same as in groups that are in permanent contact with the males.

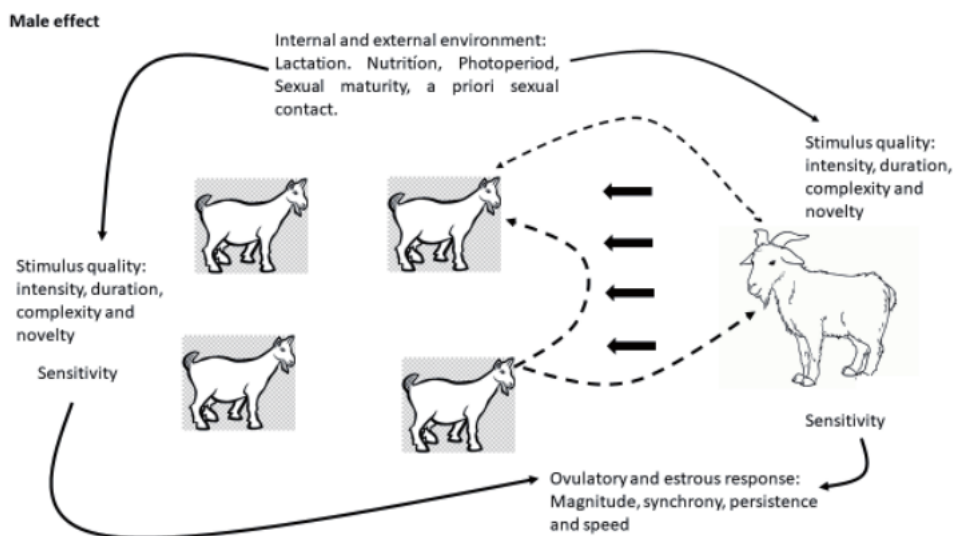
However, despite the advantages of using the male effect in goats, even today in large goat populations its use has been limited to continue with the natural breeds according to the time of year. Perhaps the lack of basic infrastructure to install and separate the bucks who are going to have the light programs have made their practical application until today still limited.

## 2.4 Male social hierarchy and its impact on reproduction

One of the key aspects to improve the performance of the herd is the proper evaluation of the reproductive capacity of the male, performing both a general physical examination, a specific examination of the reproductive system, a seminal quality examination and another of their libido and ability to mount. [33], with the aim of ensuring an adequate selection of males that contribute to improving the efficiency and profitability of the reproductive unit (**Figure 3**).

Previous studies have evaluated the social hierarchy in rams raised in pairs, identifying that the dominant males exhibit a greater sexual precocity and a greater reproductive capacity compared to the subordinate males. A negative influence on testosterone production has also been reported, due to the stress of the grouping of bucks [34–36].

In goats housed in herds with different densities, the social interactions registered between them were evaluated, as well as the levels of cortisol in blood to determine if the levels of said hormone vary depending on the size of the herd,



**Figure 3.**  
*Factors influencing the presentation of the male effect in goats.*

identifying that the size of the pen and the size of the herd influences the increase in stress due to clustering, negatively impacting the weight gain of the bucks and the productivity of the herd [37, 38].

Ivasere et al. [39] recorded behavioral changes by intensifying production systems and their effect on productive aspects such as nutrition, reproduction and diseases. They observed that the social structure is of great importance in the physiological and ethological development in bucks, modifying the frequency of courtship, copulation and the stress level in bucks grouped in herds of different densities. So far there is little information in the literature about the effect of regrouping previously raised male goats in pairs and regarding how serum cortisol and testosterone concentrations, seminal quality and sexual behavior are affected after such grouping.

#### *2.4.1 Cortisol and stress physiology in bucks*

Within the management of goats, efforts have been made to develop strategies to improve the quality and efficiency within the herds. At an intensive level, the management carried out ranges from supplying drugs, palpation, semen extraction, and pen cleaning. These management activities, in conjunction with other factors, such as the size of the herd, overcrowding, feeding or the immune system of animals, influence the body's physiological response to various stressful situations [40]. The most common stressors in goat production are mainly those caused by environmental heat and the increase in body temperature, deprivation or lack of access to food or water, as well as modifications in the hierarchical structure of the herd or change of habitat [41].

Among the responses at the physiological level present in male goats in stressful situations is the secretion of glucocorticoids (GC), which exert a negative feedback effect on the hypothalamic-pituitary-gonadal axis, reducing the synthesis of GnRH and together thereby inhibiting the synthesis of gonadotropins and sex steroid hormones [34, 39]. This endocrine mechanism aims to stimulate the body to respond to stressors, such as loss of appetite, suppression of the immune system, energy mobilization, vasoconstriction, and loss of erection and receptive sexual behaviors [42].

#### *2.4.2 Social factors and sexual behavior in males*

The grouping of bucks is a widespread practice mainly in stable and mixed management systems around the country [17, 43].

The study of behavior has shown that the establishment of hierarchical ranks and social organization influence sexual behavior that will be exhibited by a male under grouping conditions [44]. This dominance is related in turn to the live weight of the animal and its age, mainly as part of a display of reproductive competition, which guides producers as a key criterion for selecting males [45, 46].

By remaining in coexistence conditions, one of the males tends to monopolize access to the females in estrus in order to ensure their reproductive success, being this considered the dominant male [47], which initiates a display of dominance behaviors, such as competition due to access to food, increased physical activity and hoarding of better resting places, while the subordinate male at the hierarchical level initiates evasive or submissive behaviors and sexual behavior is characterized by opportunistic-type strategies [48]. The dominant male is characterized by having a more aggressive behavior compared to the rest of the males and is also the one with the highest sexual activity [49].

Among the activities carried out mainly by the dominant male, the increase in vocalizations, head movements, tapping, lunges and displacement and protection

of the female in heat (tending) from other males stands out [42], thus reaching inhibit the sexual behavior of subordinate males [36].

According to Mainguy et al. [41], the establishment of the dominance position is accentuated with the secondary sexual characteristics, which is also related to the age and body weight of the animal [50], helping to strengthen the male's hierarchical position and social structure within the herd. As they reach sexual maturity, the frequency of mounting with ejaculate, the performance of riding and the production of semen in dominant bucks compared to subordinate's increases [36].

#### *2.4.3 Measurement of sexual behavior in bucks*

To determine the potential as a possible male, it is necessary to establish tests that allow the identification and categorization of males according to their score, taking into account comprehensively both their physical characteristics, such as weight, body condition, and sexual behavior [1].

Assessments to determine mount efficiency in bucks typically consist of exposing a male to a female in estrus, for a period of time ranging from 15 to 20 minutes to 1 hour in a pen without distractors [51]. During this period, an observer keeps track of the amount of sexual behavior. They are rapid, practical and inexpensive tests that allow identifying the willingness of the male to serve the female and together with this, discard males with unsuitable profiles within a reproductive program in natural mating in the shortest possible time [52].

In tests of reproductive capacity, motivation is linked to the animal's libido and for this reason some authors recommend the use of more than one female in estrus [49]. Other factors that influence the performance of males in the evaluation of reproductive capacity are the breed of the animal, season of the year, age, the sexual experience they have and the hierarchical position that the male occupies [33].

For the evaluation of sexual behavior in bucks there are different strategies that can be implemented to determine acts of courtship and mating acts. The reaction time test allows us to identify the time it takes for the male to achieve the first mount with ejaculate and thus have an estimate of the libido of the evaluated male [11].

The service ability test is one of the most widely used tests. It consists of placing the male before one or several females in heat for a certain period, usually between 15 to 60 minutes in a pen. During this period an observer counts the number of interactions between the male and the female (s), which can be optionally rated or, only indicate the frequency with which the courtship acts, the mounts or the ejaculations occur as the case may be [42].

Observations can be made individually or in groups. Individual observations should be made in the absence of other males, while group observations should take into account that they must be of similar ages to give accuracy to the test, seeking to carry out at least three tests to estimate service capacity [25, 53, 54].



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# Tools and Protocols for Managing Hyperprolific Sows at Parturition: Optimizing Piglet Survival and Sows' Reproductive Health

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## Abstract

Genetic selection for higher prolificacy is one of the major causes for a decrease in piglet survival and reproductive health of the sow. Large litters increase farrowing duration and decrease piglet birth weight and therefore have an impact on piglet vitality, colostrum uptake, and piglet survival. Large litters also increase the incidence of postpartum dysgalactia syndrome (PDS) and the probability of the sow to be removed from the herd because of reproductive failure. Therefore, hyperprolificacy challenges the performance of the sow in terms of parturition, colostrum production, neonatal survival, and fertility. In this review, we discuss the tools and protocols for management of parturition, colostrum, and sows' reproductive health. We provide checklists for the prevention of birth complications and PDS as well as for improvement of mammary gland development and colostrum production.

**Keywords:** sow, large litter, parturition, postpartum dysgalactia syndrome, piglet survival, colostrum, risk factors, management

## 1. Introduction

### 1.1 Parturition and birth complications

About 10 years ago, a duration of 300 min was the upper limit for a physiological parturition [1]. Since then, litter size and farrowing duration increased steadily [1]. Nowadays, sows are hyperprolific (average litter size > 16) with an average farrowing duration of longer than 300 min [1–7]. This means that more than half of all parturitions are longer than physiologically. This rapid increase is concerning and leads to a high incidence of dystocia with subsequent negative consequences on piglet survival and sows' fertility and longevity [1–7]. An older survey showed that dystocia was mostly of maternal origin [8], whereas a newer survey identified that dystocia is nowadays almost exclusively due to maternal causes; with uterine inertia being the most common cause [9]. Primary uterine inertia, which is the reduction or complete absence of contractility of the myometrium already at the beginning of parturition, is due to hormonal abnormalities such as increased progesterone, and/or deficiencies of oxytocin and prostaglandin secretion and/or the presence of their receptors. Stress, e.g., caused by the inability of sows to express normal

nest-building behavior, is an important cause of primary uterine inertia [10]. Other causes are nutritional factors, e.g., diets low in fiber and high in energy leading to constipation and obesity [11]. Secondary uterine inertia is more common than primary inertia, usually occurring because of a prolonged farrowing particularly associated with a large litter size [12]. Idiopathic dystocia may occur because of the use of prostaglandin F<sub>2α</sub> and oxytocin to induce or control parturition [12].

Thus, in order to prevent birth complications, the needs of the sow must be fulfilled, stress must be avoided, and nutrition must be optimized. If not, hormonal imbalance will result into weak uterine contraction and subsequently dystocia. Therefore, active birth management starts before birth in order to prevent this and continues during birth when proper response to hormonal imbalance is needed.

## **1.2 Colostrum and piglet survival**

Sufficient mammary gland development is important for optimal colostrum production and therefore prevention of piglet mortality [13]. Pre-weaning piglet mortality rate was 7.1% (reference value: <11%), when piglets ingested more than 200 g of colostrum, and increased to 43.4% when intake was less than 200 g [14]. Thus, piglets need at least 200 g of good quality (>50 mg IgG/ml) colostrum. Unfortunately, colostrum yield is highly variable, averaging 3.5 kg and ranging between 1.5 and 6.0 kg [15, 16]. This means that some sows will not produce enough colostrum for their piglets. Further, even though the average yield might be enough for a litter of average size (about 17–18 piglets), it can be difficult for many sows to adequately nurse more than 10–11 piglets without human assistance (such as assisted suckling, cross fostering, movement to a nurse sow, split or suckling assistance) [17]. Thus, factors affecting mammary gland development and colostrum production need to be identified and optimized [13]. One of these factors is the hormonal status of the sow, which can be because of stress, suboptimal feeding, and husbandry during the week(s) before parturition.

Besides the production of a sufficient amount of good quality colostrum, there are further challenges. One of them is the length of the colostral phase. Colostrum is produced only during the first day after the start of parturition. Already after the first 6 h, the IgG content in colostrum is halved [18]. Since large litters can easily extend farrowing beyond 6 h [1], many piglet are born too late in order to get an appropriate amount of good quality colostrum. Therefore, the goal at each parturition is not only to optimize colostrum production by the sow but also the colostrum uptake by neonate piglets. Neonate piglets must acquire a sufficient amount of immunoglobulins from ingested colostrum for energy and passive immune protection [19]. The concentration of immunoglobulins in the plasma of piglets shortly after birth correlates positively with their survival rate [20]. Thus, it is necessary to assess colostrum quality and colostrum intake by piglets throughout parturition in order to reduce piglet pre-weaning mortality. This is especially important if mammary gland development is low and/or parturition is prolonged.

## **1.3 Postpartum dysgalactia syndrome and sows' fertility**

PDS is the most important puerperal disease and is characterized by insufficient colostrum and milk production by the sow during the first days of lactation [21]. As consequence, colostrum and milk intake by piglets is reduced, and therefore their mortality increased [21]. Further, PDS negatively affects subsequent reproductive health of the sow [4]. Unspecific symptoms for PDS include fever (>40°C), loss of appetite, and lethargy [21]. Specific symptoms are dysgalactia and vulvar discharge syndrome [21]. Causes of the vulvar discharge syndrome are vaginitis, endometritis, and cystitis [22].

An increasing incidence for PDS of up to 34% was recently reported [23], which is connected with the increase in litter size and farrowing duration [3]. In one study, the percentage of sows with fever during the first 24 h postpartum increased from 40 to 100%, when the farrowing duration increased from less than 2 to more than 4 h [24]. Furthermore, until the third day postpartum, the percentage of sows with reduced appetite was higher in sows with a farrowing duration of more than 4 h than in sows with less than 4 h [24]. In another study, 85.9% of sows with puerperal disease had farrowing durations of more than 6 h, whereas 78.8% of healthy sows completed parturition in less than 3 h [25].

Both prolonged farrowing and PDS share mutual risk factors [11, 21]. Further, both are connected with a decrease in subsequent fertility [4, 5, 26]. Thus, prevention of birth complications and proper birth management will also prevent postpartum disease and therefore optimize subsequent reproductive performance.

## 2. Tools and protocols before parturition

Proper management of hyperprolific sows in order to optimize piglet survival and sow's reproductive health starts before parturition. The aim is to improve mammary gland development and colostrum production as well as to prevent birth complications and puerperal diseases. In order to do so, optimizing environment, management, and nutrition is highly important. **Table 1** provides a checklist for preventive measures.

Factor	Recommendation	Reference
<b>Nutrition</b>		
Constipation score	$\geq 2$	[11, 21, 41, 83]
Body condition	16 – 20 mm	[11, 21, 38, 57]
Feed intake	Restricted; 18–24 MJ NEa/kg ka	[44–49]
Feeding frequency	$\geq 4x/day$	[51]
Fiber content in the feed	$\geq 7\%$	[43, 50]
Water intake	$\geq 25L/day$	[43]
<b>Management</b>		
Ambient temperature	18 – 22 °C	[21, 37, 38]
Drinkers – water flow rate	4L/min	[43]
Hygiene – farrowing unit	Wash, dry& disinfect	[21, 34, 35, 36]
Hygiene – sow	Wash before entering unit	[21, 34, 35, 36]
Moving sows from pregnancy to farrowing unit	5 – 7 days before expected farrowing	[21, 38, 49]
Space allowance	Crates with $\geq 67$ cm width; open crate; no crate	[10, 27, 28, 32]
Nestbuilding material	2 kg straw with daily refilling	[10, 27, 28, 32]
Prepartum assessment mammary gland	Number of functional teats and the degree of edema	[52–55]

**Table 1.**  
*Checklist for prevention of birth complications and puerperal diseases as well as for improving mammary gland development and colostrum production.*

## 2.1 Environment and stress

Modern housing and production systems have promoted the confinement of sows in crates during farrowing. In crates, the sow's movement is severely restricted, and bedding and rooting material is often limited. Consequently, nest-building behavior is reduced or does not occur at all. The lack of space and absence of nest-building materials and behavior are important stressors in sows [27]. This promotes the release of opioids and results into decreased oxytocin secretion and reduced uterine contractility [10, 28]. Thus, the lack of space and bedding material can prolong parturition due to uterine inertia. Considering that a large litter itself can prolong parturition [1, 12], hyperprolific sows need access to space and rooting material in order to prevent birth complications. Allowing the sow to move freely before and during farrowing reduces the duration of farrowing by an average of 100 min, thereby reducing the risk of stillborn piglets and birth of piglets with low vitality [12].

Besides an increase in oxytocin secretion, proper nest-building behavior increases prolactin [29], which is essential for colostrum production. The prepartum decrease in progesterone leads to an increase in prolactin [30]. Delays in progesterone decrease and in prolactin increase relative to the onset of parturition were associated with a strongly reduced yield of colostrum [31]. Thus, as with farrowing duration and prevention of birth complications, studies have found a positive effect of provision of space and nest-building material on oxytocin and prolactin release and therefore colostrum production and maternal nursing behavior [32].

## 2.2 Management and hygiene

Proper management, especially hygiene, is highly important for the prevention of PDS and therefore piglet mortality and decreased fertility in sows [21]. The current hypothesis is that interactions between endotoxins produced by Gram-negative bacteria in the gut, mammary gland, and/or urogenital tract and alterations in the immune and endocrine functions play a central role in the development of PDS [21]. This is supported by a study where periparturient sows were challenged with lipopolysaccharide (LPS) endotoxin of *E. coli*, in which sows generated symptoms similar to PDS [33]. *E. coli* originates from the environment or can already be present in the urogenital tract of prepartum sows or enter during or after parturition. Predominantly, *E. coli* followed by *Staphylococcus* spp. and *Streptococcus* spp. are isolated from the urogenital tract in case of cystitis, endometritis, and mastitis [34, 35]. Considering that these are unspecific bacteria originating from feces and environment, it is important to keep hygiene before and during parturition at a high level [36]. Risk factors for PDS are the use of unslatted floor, no washing of sows and no use of disinfectants in the farrowing rooms [36].

Besides hygiene, alterations in the immune and endocrine functions play a central role in the development of PDS [21]. Considering that parturition itself decreases immunity and causes significant inflammatory changes [23], all other factors affecting immunity and endocrinology need to be kept at a minimum level. The most important factor is stress, as described above. Stress needs to be reduced as much as possible. Stress due to restricted space in farrowing crates and lack of nest-building material is discussed above [21]. Other stressors are high ambient temperature and abrupt change from group housing during gestation to restraint in crates a few days before farrowing [37, 38].

## 2.3 Nutrition and body condition

Nutrition and body condition are important to prepare the sow for farrowing and the production of colostrum and milk. The sow should have an optimal body

condition around parturition. Obesity needs to be avoided [11]. The fatter the sow, the longer the duration of parturition. It is possible that the fat deposition stores lipid-soluble steroids such as progesterone. In this case, the prepartum decline in progesterone may be delayed which in turn affects oxytocin receptor activation [10, 12]. Low concentration of oxytocin receptors will result in weak uterine contractions and colostrum let-down. Higher backfat and progesterone lead also to lower colostrum quality and production [39, 40]. If possible, backfat should be between 16 and 20 mm [11].

Besides body condition, there is a negative correlation between constipation and farrowing duration [11]. The more constipated the sow, the longer the duration of parturition. One reason may be that constipation can cause a physical obstruction to the passage of the piglets [12]. Another reason may be that constipation may result in higher concentrations of LPS. LPS can be absorbed from the gut and affect normal endocrine changes associated with farrowing [41]. A third explanation may be that the discomfort and pain associated with constipation affect hormonal changes associated with parturition [12]. Studies have found that pain releases opioids, which inhibit oxytocin secretion during parturition [28, 42]. Therefore, pain due to prolonged constipation, or any other source of pain, can reduce myometrial contractions and therefore cause birth complications. Constipation can be evaluated using a constipation index [43]. Constipation index should be two or higher, i.e., feces should be present, pellet-shaped, and not dry [11].

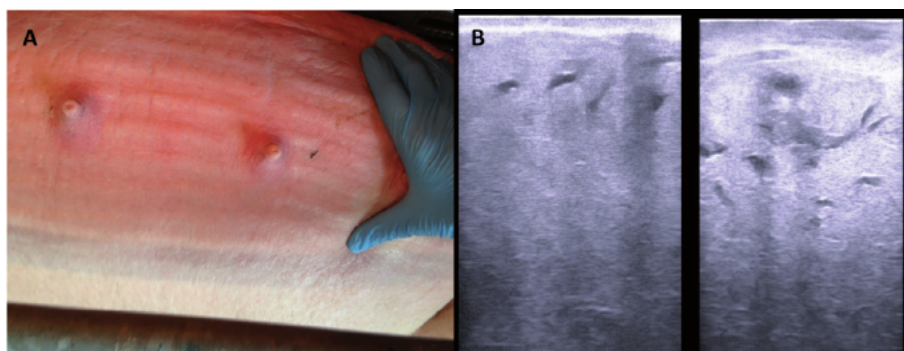
In order to prevent constipation and obesity, ad libitum feeding in the last third, especially in the last week, of gestation should be avoided. Restricted feeding supports the birth process, mammary gland development, and colostrum production [44]. There were positive associations between colostrum yield and plasma concentrations of urea, creatinine, and free fatty acids [45]. Further, there was a positive association between backfat loss in the last third of gestation and colostrum yield [46]. These results show that feed restriction with protein and fat mobilization for metabolism has positive effects on colostrum production [30]. Nevertheless, this can probably only be recommended for sows that have reached a good body condition (>18 mm) at the end of gestation. Unfortunately, sows usually receive high-energy concentrated diet low in fiber during late gestation [47]. Such diets can promote obesity and constipation, leading to poor mammary gland development [30], low colostrum quality [48], birth complication [11], and PDS [21, 49]. Late pregnancy diets should contain at least up to 7–10% fiber [43]. A good fiber source can also be provided by offering different types of roughage, e.g., straw or hay, or adding any other feedstuffs with high levels of fiber such as sugar beet pulp [50].

Besides amount and composition of feed, the feeding intervals are important. A short time-lapse between the last meal prior to the onset of the expulsion stage and the onset considerably shortens the duration of farrowing [51]. Farrowing duration, odds for farrowing assistance, and odds for stillbirth were low, intermediate, and high when the time between the last meal and onset of parturition was less than 3, 3–6, and more than 6 h, respectively [51].

## **2.4 Prepartum assessment of mammary gland**

In addition to improving mammary gland development by means of management, environment, and nutrition, the mammary gland needs to be evaluated before each parturition. It is important to assess the number and morphology of functional teats and the degree of edema. The number of functional teats available per piglet is positively associated with piglet survival [52]. If piglets had access to less than one functional teat, mortality increased to more than 14% [52]. If more than one teat was available, mortality was reduced to below 8% [52]. Besides the number of





**Figure 1.** Severe prepartum edema of the mammary gland. Visual inspection (A) reveals dimpled skin with persistent marks of the floor; swollen teats, and indistinguishable gland complexes. Ultrasonographic image (B) shows shadowing, thickened dermal tissue, hyperechoic lobuloalveolar tissue, and enlarged blood vessels, lymphatic ducts, and milk ducts. Images taken by Stefan Björkman.

functional teats, also the morphology is important. Piglets tend to suck first from teats that are close to the abdominal midline and have longer inter-teat distances [53]. Thus, a functional teat with short inter-teat distance and/or long distance between teat base and abdominal midline may be unusable for the piglet [54].

Furthermore, severe edema of the mammary gland before parturition will have a negative impact on teat accessibility, reduce colostrum quality, and increase the risk of PDS [48, 49]. The degree of mammary gland edema can be graded visually or via ultrasound [48, 49, 55]. At visual inspection, sows with severe udder edema have dimpled skin with persistent marks of the floor (**Figure 1A**). Further, teats are swollen and mammary glands are indistinct (**Figure 1A**) [48, 49]. Ultrasound of the mammary glands shows thickened dermal and subdermal tissues, hyperechoic lobuloalveolar tissue with enlarged blood vessels, and severe shadowing (**Figure 1B**) [48, 49, 55]. Also at the end of lactation, the assessment of the mammary gland, as described above, is crucial and should be used for the decision of removing the sow from the herd.

### 3. Tools and protocols during parturition

During parturition, it is important to recognize birth complications and treat accordingly. Further, evaluation of colostrum quality is necessary in order to know whether the sow has good quality colostrum or if piglets need additional colostrum from another sow. Also, the vitality and colostrum uptake of the piglets need to be assessed. Piglets with low vitality and low colostrum uptake are at risk of starving and hypothermia. Both increase piglet mortality, especially due to crushing by the sow. **Tables 2** and **3** provide protocols for diagnosis and treatment of birth complications. **Tables 4** and **5** provide guidelines for the assessment of colostrum quality and piglet vitality.

#### 3.1 Diagnosis of birth complications

Appropriate and prompt treatment of a sow with birth complications is important to avoid still- or weak-born piglets and to increase piglets' health and survival. This can be achieved through continuous farrowing supervision [56]. Farrowing supervision is also necessary for reducing the risk of puerperal disease [38]. Already before parturition, it is important to spot those sows that may be at risk of dystocia. These sows are usually gilts or old sows ( $\geq 6$  parity), thin ( $\leq 14$  mm) or fat ( $\geq 23$  mm) sows, constipated sows ( $< 2$ ), and sows with history of birth complications and birth of still

and weak piglets [11, 57]. These sows need an obstetrical examination if more than 30 min have passed since the last piglet was expelled (**Table 2**) [12]. This applies also to sows that are restless and have strong abdominal contractions during parturition

Factor	Recommendation	Reference
Parity	1, $\geq 6$	[57]
Constipation score	< 2	[11]
Body condition	$\leq 14$ mm, $\geq 23$ mm	[11]
Last parturition	Birth complication, birth of dead and weak born piglets	[57]
Current parturition	Prolonged, restlessness, strong abdominal contractions; dead and still born piglets	[12]

**Table 2.**  
*Risk factors for birth complications. Farrowing supervision should occur every 30 min when sow is at risk. Otherwise, farrowing supervision once an hour.*

Guideline for diagnosis and treatment of birth complications
Rectalize the sow, remove feces and palpate the birth canal in order to determine whether a piglet is within birth canal
➤ Piglet within birth canal
➤ Wash vulva 3x with warm water & iodine soap, dry with paper towels
➤ Apply rectal glove and plentiful of lubricant
➤ Remove piglet gently by hand
➤ No piglet within birth canal (or any other kind of obstruction)
➤ If at the beginning of parturition: Manual induction of the Ferguson reflex, massaging the udder of the sow, and/or physical exercise
➤ If during or at the end of parturition: Inject oxytocin – low dose of 5 - 10 IU intramuscular

**Table 3.**  
*Guidelines for diagnosis and treatment of birth complications [12, 61–69].*

Brix %	ELISA IgG (mg/ml) mean $\pm$ SEM	IgG quality category
< 20	14.5 $\pm$ 1.8	Poor
20–24	43.8 $\pm$ 2.3	Borderline
25–29	50.7 $\pm$ 2.1	Adequate
$\geq 30$	78.6 $\pm$ 8.4	Very good

**Table 4.**  
*Guideline for evaluating colostrum quality (colostrum collected from several anterior teats within 0–3 h from the start of farrowing) using Brix refractometer [70].*

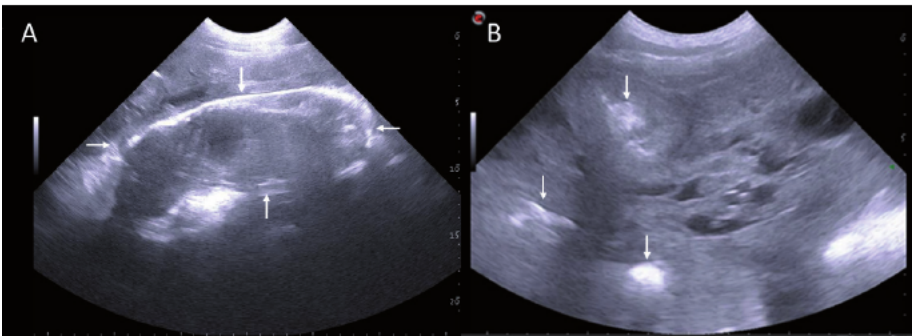
Indicator	Critical value	Reference
Crown-rump length	< 26 cm	[2, 72]
Body weight	< 1200 g	[2, 72]
Body temperature	< 37 °C	[2, 72, 73]
Skin temperature	< 30 °C	[53, 74]
Meconium staining	Severe	[63]
Latency to moving	> 15 seconds	[2, 63]
Latency to standing	> 5 minutes	[2, 63]
Latency to teat	> 25 minutes	[2, 72]
Latency to suckle	> 30 minutes	[2, 72]

**Table 5.**  
*Behavioral and physiological indicators of low colostrum intake and neonatal mortality.*

or to sows with prolonged parturition (>300 min) [12]. Obstetric intervention is usually not indicated before 1–15 h has passed since the last piglet was born in sows without risk for dystocia, which are at the beginning of parturition (<300 min since the expulsion of the first piglet) and show no signs of strong abdominal straining or restlessness [11, 12, 57]. Restlessness can occur if stress and pain are present [58]. For instance, increased stress induces higher frequency of postural changes and longer duration of standing position of sows during the expulsion stage of parturition [58].

Whenever the abovementioned criteria are fulfilled, an obstetrical examination needs to be performed. An obstetric examination includes palpation and ultrasonography of the birth canal [12, 59]. Palpation of the birth canal should always occur through the rectum and not through the vagina. Vaginal palpation can lead to an increased risk of subsequent dystocia, stillborn piglets, and PDS [3, 7, 12, 57]. Rectal palpation is necessary to determine the exact cause of dystocia before any intervention is undertaken. When no piglet is felt within the birth canal, then the cause of dystocia is uterine inertia [8, 9, 12]. Other causes are, e.g., obstruction of the birth canal due to ventral deviation of the uterine horns or fetal malposition [8, 9, 12]. After these obstructive causes are ruled out, treatment for uterine inertia can be applied [12].

Ultrasonography can be used to determine whether farrowing is over or if the sow has retained piglets [59] or placentae [60] (**Figure 2**).



**Figure 2.**  
*Transabdominal ultrasonographic image of a non-expelled piglet (A; arrows indicate vertical and horizontal dimension) and placentae (B; arrows indicate placentae). Scale bars on right margins in 1 cm steps. Images taken by Alexander Grahofer (A) and Stefan Björkman (B).*

### 3.2 Treatment of birth complications

Oxytocin, an uterotonic agent, is used during farrowing to treat dystocia by provoking uterine contractions [61]. If primary uterine inertia occurs, before administration of any exogenous oxytocin, we recommend trying means of releasing endogenous oxytocin, e.g., manual induction of the Ferguson reflex and massaging the udder of the sow [8]. Furthermore, movement and physical exercise of the sow have positive effects on the farrowing duration, especially if the sow is still at the beginning of the second phase [12]. If that does not help, we recommend waiting for at least 30 min. Often progesterone has not fully declined and oxytocin receptors are not fully expressed [62], which makes oxytocin administration contraindicated. In this case, possible stressors and sources of pain should be investigated, and provision of nest-building material or application of pain medication may be indicated. If the sow is constipated, removing feces from the rectum by hand is beneficial.

Immediate application of exogenous oxytocin is indicated if secondary uterine inertia is diagnosed towards the end of the second phase of parturition [12]. Several studies were conducted to prove the effect of oxytocin on the birth process and piglet survivability and to evaluate the proper dosage of oxytocin in dystotic sows [63–65]. An intramuscular administration of 10 IU of oxytocin did not cause any side effects. However, higher dosages led to an increase in stillborn piglets, changes in the umbilical cord, and higher meconium scoring [63–65]. Furthermore, the improper use of oxytocin can lead to unwanted side effects. These side effects are increased uterine inertia and manual assistance [66, 67] as well as ruptured or damaged umbilical cord [68] and decreased placental blood flow [69]. Hence, we recommend administering oxytocin only restrictively, e.g., 5–10 IU one to two times during parturition [12].

### 3.3 Colostrum collection and quality assessment

It is possible to easily collect colostrum during parturition due to the almost continuous (every 5–40 min) milk ejections [29]. A brix refractometer can be used for quality assessment. Brix refractometer can be an inexpensive, rapid, and satisfactorily accurate method for estimating IgG concentration on farm [70, 71]. We recommend collecting a colostrum from several anterior teats within 0–3 h from the start of farrowing when the IgG level peaks [70]. If this is done early during parturition, sows with low-quality colostrum can be spotted and more support to her litter, e.g., assisted nursing and split suckling, can be provided. Nevertheless, it is possible to determine colostrum quality at any stage of parturition. This may be indicated if piglets are born late (farrowing duration > 12 h). Differentiation between good and poor IgG content of colostrum is possible interpreting the results with the categories proposed in **Table 3**. Colostrum with an IgG level of 50 mg IgG/ml is considered of good quality [14]. When Brix values are <20%, they reflect very low levels of IgG, while values from 25% upwards are considered to correspond to good or very good concentration of IgG in colostrum. Results between 20 and 24% are defined as borderline [70]. With borderline results, we suggest taking another sample within 1–2 h to determine whether the development of the estimated IgG content is stable, increasing, or decreasing from the initial value.

Colostrum can also be stored and used later for piglets with low colostrum intake or for litters of sows with low colostrum quality. Colostrum can be stored in a fridge for 1–2 days or in the freezer for 3–6 months. Only sows with high colostrum quantity and quality should be selected. The collected colostrum can be administered to piglets using a feeding bottle with a suitable nipple or using a syringe.

### **3.4 Assessment of colostrum uptake**

Certain behavioral and physiological indicators can be used to identify piglets with low vitality and low colostrum uptake [72]. Piglets with low vitality may need assistance with colostrum uptake in order to prevent starvation, hypothermia, and crushing by the sow [2]. **Table 5** provides an overview of these indicators. Besides birth weight and crown-rump length, piglet's survival chance correlates with body temperature, vitality score, rooting response, and latency to teat and suckle [72]. Whenever the following criteria are met, the piglet needs assistance with colostrum uptake: vitality score of less than two (no movements within 15 s of birth), latency to teat and therefore to suckle of more than 30 min, and a body temperature of less than 37°C during the first hour after birth. In order to spot these piglets in time, we suggest looking at them every 30 min during parturition.

However, this may be difficult to implement into practice. It may be helpful to make use of thermal images to overcome these difficulties [53]. Similar to body temperature, skin temperature is linked to birth weight, vitality, and colostrum ingestion and can be used to see whether a piglet has reached the teat and suckled and ingested colostrum within 30 min of birth [73, 74]. As a piglet begins to suck and ingest colostrum, energy and warmth are produced, increasing body and therefore skin temperature [53]. If skin temperature drops below 30°C, the piglet has not been successful [53] and needs to be assisted to suckle and ingest colostrum.

### **3.5 Assistance of colostrum uptake**

It is important to ensure that each piglet in the whole litter has a sufficient intake of good quality colostrum (more than 200 g) within 12–16 h from the beginning of parturition [14, 75]. When possible, piglets with low colostrum uptake should be assisted to suckle, by helping them to attach to the smallest functioning teats. This procedure should be repeated three to four times within the first few hours. Additionally, weakly piglets can be hand-fed with colostrum collected from their own mother or other sows.

Assisted suckling and hand-feeding are appropriate in small or normal size litters where only one or two piglets require help. In large litters or when more piglets require assistance, split suckling is more effective. In order to minimize the sibling competition for colostrum intake, the litter is split into two groups. The heavier and stronger piglets are kept in the creep area or in a separate box, allowing the smaller piglets to suckle for 60–90 min, and then the groups are switched. When separating the piglets, both groups should always have free access to a warm creep area. This can be easily achieved by using a box with an additional heat lamp for the separated group, which leaves the creep area accessible for the remaining group to suckle. Assisted suckling should be combined with split suckling if some small piglets are still unable to successfully suckle.

Another strategy is to prolong the colostrum phase. Piglets ingest colostrum usually until 24 h after the onset of parturition [75]. The composition of colostrum is affected by the status of tight junctions between mammary epithelial cells, and the ability to manipulate mammary tight junctions in the late colostrum phase could allow Ig concentrations to be maintained at higher levels for a longer period. Injecting a supraphysiological dose of oxytocin to sows on day 2 of lactation (i.e., between 12 and 20 h after birth of the last piglet) increased the concentrations of IGF-I, IgG, and IgA in milk collected 8 h after the injection [76]. The injection of oxytocin in the early postpartum period therefore delayed the occurrence of tightening of mammary tight junctions and prolonged the colostrum phase, thereby having beneficial effects on the composition of early milk.



#### 4. Tools and protocols after parturition

After parturition, it is important to investigate whether the sow is at risk or suffers from puerperal disease. Sows at risk are, e.g., sows that had constipation or stress, are obese, had a prolonged parturition, experienced birth help, and gave birth to more than one stillborn piglets (**Table 6**) [3, 21, 35]. These sows need to be checked within 3 days after parturition whether the animals shows general symptoms or other clinical signs of PDS [77, 78]. Underlying causes for PDS can be constipation, endometritis/metritis, cystitis, and mastitis [12, 62]. The underlying cause needs to be diagnosed and immediately treated.

##### 4.1 General symptoms

General symptoms include fever, reduced appetite, lethargy, and vaginal discharge [41]. Body temperature is the most frequently used to evaluate the health status of a sow in the puerperal period [78]. Reference values range from 39 [24] to 40°C [38]. Though body temperature is a sign of inflammation, it can also be affected by several other parameters such as the circadian rhythm [79], parity [79], variation in repeated measurements [80], and positioning of the thermometer in the rectum [81]. Vulvar discharge occurs also in healthy and diseased animals [82, 83] with the highest incidence between days 2 and 4 postpartum [78, 84]. Further, the color, consistency, and quantity of vaginal discharge vary regardless of whether the vaginal discharge is physiological or pathological [85]. The color can vary from clear, whitish, yellowish to reddish (**Figure 3**). The consistency varies from watery to creamy with lumps, and the amount can be up to 500 ml [85, 86]. Increased volumes of vaginal discharge are associated with endometritis, but otherwise there does not seem to be strong correlations between other characteristics of vaginal discharge and PDS [86].

Indicator	Recommendation	Reference
Body temperature	$\geq 40^{\circ}\text{C}$	[24, 38]
Backfat	$\geq 20\text{ mm}$	[21, 35]
Constipation	$\leq 1$	[21, 35]
Appetite	Diminished; moderate or total anorexia	[21, 24]
Farrowing duration	Prolonged	[3]
Placenta expulsion	Impaired	[3]
Number of dead born piglets	$\geq 2$	[3]
Birth help	Yes	[3]
Vulvovaginal discharge	Moderate to large amounts	[78, 86]
Milk production	Hypogalactia, dysgalactia, agalactia	[21, 35]

**Table 6.**  
*Indicators, based on clinical history and clinical symptoms, for postpartum dysgalactia syndrome.*



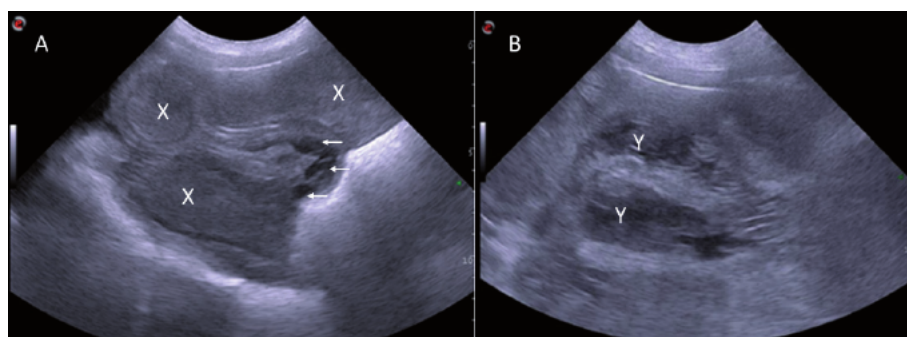
**Figure 3.** Puerperal vaginal discharge with different colors. 0 = clear, 1 = reddish, 2 = yellowish, and 3 = whitish. The color of vaginal discharge varies regardless of whether the vaginal discharge is physiological or pathological [85]. Increased volumes of vaginal discharge are associated with endometritis. Images taken by Alexander Grahofner.

In conclusion, body temperature, especially under 40.0°C; appetite; and vaginal discharge cannot be used alone and as the single criterion for PDS. Still, body temperature of more than 40.0°C together with other clinical symptoms such as general behavior and feed intake are associated with PDS and require further diagnostics [78, 79]. These symptoms can be normal or associated with an infection of the urogenital tract or the mammary gland and constipation.

## 4.2 Endometritis

Besides prolonged parturition, obstetrical intervention, and the birth of more than one dead piglet, also retained placentae is a risk factor for endometritis [3]. For both, endometritis and retained placentae, ultrasonography is considered the best tool for diagnosis [3, 59, 78, 87]. Examination of uterine structures currently utilizes three criteria: fluid echogenicity, echotexture, and size [59, 87]. Changes in echotexture are a reflection of changes in the endometrial edema. Increased echotexture and any fluid echogenicity must be considered abnormal and indicative of an exudative inflammation of an acute or acute-chronic type [59, 87]. Fluid echogenicity is often associated with uterine edema and therefore increased echotexture and size of uterine cross-sections [3]. Thus, all criteria, enlarged uterine size, hyperechoic fluid accumulation, and heterogeneous uterine wall, are interconnected and can be used as ultrasonographic parameters to ascertain uterine disorders (**Figure 4**) [3, 87, 88].

In contrast, chronic endometritis, representing the most common type of uterine inflammation in pigs and most common cause of reproductive failure, cannot be definitively diagnosed by ultrasonography or by any other tool [59, 87]. Therefore, it is essential to recognize acute endometritis in time. This can be done based on the



**Figure 4.** Transabdominal ultrasonographic images of uterine cross-sections (X, Y) of sows assessed 3 days after parturition with enlarged and heterogeneous uterine wall (A) and hyperechoic fluid accumulation (B). Uterine vessels are prominently enlarged (examples marked with arrows). Scale bars on right margins in 1 cm steps. Images taken by Stefan Björkman.

criteria mentioned above, but it must be considered that fluid echogenicity, uterine edema, and increased uterine size during the first few days after parturition may be normal [3, 78, 88]. Furthermore, when interpreting uterine size, the age and parity of the sow as well as the number of postpartum days need to be considered [3, 59, 87].

### 4.3 Cystitis

Ultrasonography can also be used for the diagnosis of cystitis [89, 90]. Still, it is not as reliable as in the diagnosis of acute endometritis. Clear changes in the wall thickness and regularity and the mucosal wall surface are volume dependent [89, 90]. Overall, these measurements seem to be unreliable for diagnosis of cystitis. On the other hand, animals with cystitis have moderate to high amounts of sediment [89, 90]. Unfortunately, half of the sows without cystitis also show moderate to high amounts of sediment, which is mainly caused by the diet [89, 90]. Nevertheless, when none to mild amounts is present, the probability that the sow is suffering from no cystitis is high. When moderate to high amounts of sediment are present, other diagnostic tests need to be applied.

Another diagnostic test is urinalysis. It is preferred to collect spontaneous midstream urine in a transparent tube. The best time for collection is in the morning before feeding. On-farm urinalysis includes macroscopic urine evaluation and urine stix testing. During the macroscopic urine evaluation, the color, odor, and turbidity are evaluated [91, 92]. The color can vary between light yellow and dark yellow, depending on urinary concentration. The color should not be red or brown which indicates hematuria or myoglobinuria. The turbidity of the urine should be clear. Cloudy or turbid appearance indicates the presence of bacteria. The presence of bacteria can also increase ammonia in the urine and cause a putrid odor. Urine turbidity has a sensitivity of 0.74–0.80 and a specificity of 0.50–0.92 and 0.50 [93, 94]. Nevertheless, if urine is physiological, the probability that the sow is suffering from no cystitis is 0.85 [95]. Thus, because of low sensitivities of certain single markers, several markers need to be evaluated together. A macroscopic evaluation should always be combined with urine sticks testing. Urine sticks allow testing for protein, pH, nitrite, blood, and leukocytes. Parameters with low sensitivity are leukocytes, pH, and nitrite [93, 94]. Parameters with good sensitivity are blood and protein [95]. The normal pH is between 5.5 and 8, and an increase above 8 is indicative for the presence of bacteria. On the other hand, many other factors can increase the pH such as feeding, other diseases, and medication. Whenever the majority of these markers indicate cystitis, a urine sample should be sent for bacterial investigation.

#### **4.4 Mastitis**

Mammary gland, unlike the urogenital tract, is located outside the body and therefore easily accessible by hand. Thus, the diagnosis of mastitis can be done by palpation of the mammary gland. Mammary glands may appear swollen, firm, and warm [35]. In addition, skin color may be changed.

Other rapid mastitis tests as applied to cows are not available for sows. Diagnosis via cell count is not common and data on thresholds are rare [96]. A threshold of  $>10^7$  cells per mL was proposed [35]. Further, a milk pH of more than 6.7 was reported [96]. If needed, ultrasonography can be used in the diagnosis. Affected mammary glands provide heterogeneous and hyperechoic images [97].

#### **5. Conclusions**

Hyper-prolificacy challenges the performance of the sow in terms of parturition, colostrum production, neonatal survival, and fertility. Birth complications, piglet mortality, and puerperal disease need to be prevented. Before parturition, we recommend that sows are allowed to move freely and that nest-building materials, e.g., straw, hay, sawdust, or paper sheets, are provided. Modifying the sow's late gestation diet in order to prevent constipation and high body condition will also have beneficial effects. During parturition, timely application of birth assistance is highly important. The exact cause of dystocia must be diagnosed and treated. Hyper-stimulation of the uterus with excessive oxytocin must be avoided. Close attention and assistance needs to be given to weak-born piglets, small piglets, and piglets without teats. New technologies, such as the use of Brix refractometer and infrared cameras, can help in the assessment of the status of colostrum and the newborn. After parturition, sows at risk of PDS need to be identified and checked within the first 3 days postpartum. Hungry and noisy piglets making vigorous nursing efforts indicates PDS. The exact cause of PDS should be determined for proper treatment. Acute endometritis is indicated by large amounts of vaginal discharge and diagnosed best using ultrasonography. Inspection and palpation of the mammary gland and evaluation of the sow's behavior best diagnose mastitis. Cystitis can be diagnosed by performing a macroscopic evaluation of urine and urine stix testing. If needed, samples of urine and vaginal discharge can be sent for bacteriological examination. If no signs of mastitis, cystitis, and endometritis around, the cause may be constipation.

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#### **Conflict of interest**

The authors declare no conflict of interest.

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# The Lidia Breed: Management and Medicine

*Juan Manuel Lomillos and Marta Elena Alonso*

## Abstract

The Lidia breed, originally from Spain, constitutes an important livestock sector in Spain and Portugal. These animals are also bred in southern France and in several countries of South America (Mexico, Colombia, Peru, Ecuador, and Venezuela). The clinical management of this breed is different from other cattle breeds; therefore, it is essential to analyze the characteristics of the farm organization, the selection scheme, the reproduction, feeding, and healthcare management. The sector is currently evolving with high progress in feeding, selection, and assisted reproduction. Not surprisingly, there are several problems that the farmers and veterinarians must overcome such as health problems, the falling syndrome, and the danger of extinction of certain genetic lines.

**Keywords:** Lidia cattle, management, clinic, fighting bull

## 1. Introduction

Lidia's cattle breeding has been, and continues to be, one of the most genuine animal production sectors, due to the particular ethological characteristics of this breed and the peculiarities of the production system and the product obtained, in this case suitable animals for the show [1].

Spain is the first Lidia cattle breeding country and has the most varied and important genetic heritage of this breed [2] that is also present in Portugal, southern France, and much of South America such as Mexico, Colombia, Venezuela, Peru, and Ecuador [3].

Lidia cattle sector represents in Spain a socioeconomic activity of considerable importance, with a total turnover of approximately 1.5 billion euros per year, which does not only affect entrepreneurs, ranchers, and bullfighters, but also more than 200,000 jobs that depend directly or indirectly on the bullfighting activities [4], which constitute the second mass spectacle of Spain and Portugal [5]. Lidia cattle, the second pure breed in the bovine census in Spain [6], are considered the greatest exponent of an extensive breeding system, due to their ethological characteristics, the need for wide spaces, and the difficulty in handling that it presents [7]. In turn, it is a breed of great rusticity, able to adapt and take advantage of all types of terrain, including those of extreme weather conditions [8]. Many farms are located in territories of high landscape value such as natural parks, playing an important role in maintaining biodiversity and contributing to the conservation of the ecosystem [9].

The characteristics of a Lidia standard farm are an average size of 253 mother cows and a total number of heads of 748 animals, including animals of other

Sires	3
Cows	100
Calf male <1 year	40
Males 1–2 years	38
Males 2–3 years	36
Males 3–4 years	35
Bulls 4–6 years	34
Calf female <1 year	40
Heifers 1–2 years	36
Heifers 2–3 years	20
Halters	12

**Table 1.**  
*Internal distribution of a standard Lidia farm considering the different types of animals classified by sex and age [11].*

breeds or those belonging to other species, necessities for livestock's handling, with an annual replacement rate of 12% [10]. However, after the economic crisis of 2008, most livestock farms have decreased the number of heads. Nevertheless, the livestock internal distribution remains stable. For a Lidia cattle farm of 100 mother cows, the ideal average internal scheme, considering the different types of animals classified by sex and age, could be the one presented in **Table 1** [11].

The standard farm has a number of hectares ranging from 586 to 721, of which 92% of the land is used as pastures [12].

## 2. Feed management

Today, the farming system of the Lidia breed continues to be, mainly, an extensive management system that has gradually adapted to new grazing techniques and food supplementation in times of natural grass decline, such as winter and summer, in dry climates [13]. The extension of the farms is still remarkable, but of much less spacious than that of several decades ago and in terms of quality, the brave cattle have been relegated to less productive and more stepped mountain farms in favor of agriculture or other more profitable species, such as the Iberian pig in Spain and Portugal [7]. In Mexico, most farms are located in the central part of the country, with a dry climate similar to Spain, carrying out similar feeding management. On the other hand, Lidia cattle in Colombia, Venezuela, Ecuador, and Peru are in territories with a tropical climate, whose diet is based on natural grass with a concentrated supplementation during the last stage of preparing the males for the show [14].

### 2.1 Cow feeding

The Lidia cow is a very rustic animal, of few requirements, since its small size also dictated its nutritional needs. Even so, adequate feeding is essential to obtain a good fertility rate, avoiding abortions and perinatal mortality, and, after a good lactation, wean the calf in an optimal state [7, 15]. Currently, the use of natural resources is maximized, preferably by grazing and the supplementation of hay or silage, and if necessary, concentrated food is used at a rate of 2–4 kg/day, depending on the richness of the grass and forage [16, 17].

## 2.2 Feeding of young animals

During the first 3–4 months, calves are fed exclusively with cow's milk and develop optimal growth, as long as it comes from a well-fed cow that produces milk of adequate quality and quantity.

After weaning, and when the animals are between 9 and 10 months old, they are usually supplemented in times of shortage of grass with rations whose fundamental components are fibrous products (beet and citrus pulps, dehydrated or henified alfalfa, and cereal straw), industrial by-products (gluten-feed, wheat bran, soy cake, and beet molasses), and common products in the composition of concentrates of other types of farm animals (corn, barley, wheat, and sunflower meal).

Galvanized iron feeders are frequently used, 5 m long by 40 cm wide approximately, which allow to guarantee half a meter of free space per animal, avoiding hierarchy problems, present in any group of this breed, which could result in some type of undernourishment particularly important in this stage of development. Likewise, several water points distributed along the fenced space must be installed, arranged around the feeder area, to favor the movement of animals across different areas and to avoid their concentration in one point.

When the animals are around 23 months of age, they are slowly provided, during 4 weeks of adaptation, an increasing proportion of the ration designed for adult animals of 3 and 4 years, in order to adapt them to the finishing feeding diet composition.

Livestock facilities used for these animals have similar characteristics to the ones described for young animals, although in case of using individual feeders, the number of feeders is usually 10% greater than the number of animals to be fed [18]. Also, the different water points are often installed at a greater separation distance from the feeders (at least 500 m), to facilitate a better distribution throughout the land surface. As in previous phases, a supplementation is necessary, which as an example could be based on the addition of 0.5 kg of alfalfa hay to the total supplementation established in the previous phase, thus leaving 2.5 kg of alfalfa hay added to 0.5 kg of concentrate per animal per day [15].

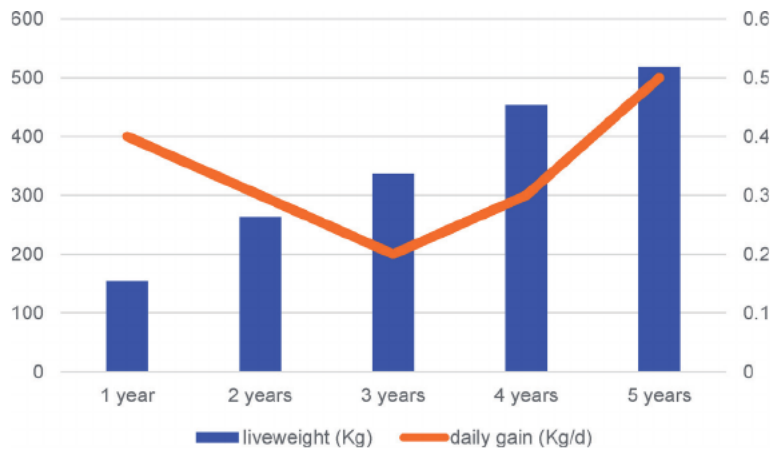
## 2.3 Bull feeding (4–5 years)

The feeding systems described during the 1980s based on a final bait are still in force today. Although each farmer has its own feeding methodology, depending on the availability of grass and other types of food on the farm, the possibility of growing the forage or concentrate on the farm itself or the use of agricultural by-products such as citrus pulp or some derived from the olive oil industry.

This final bait is carried out in fenced areas of small size, frequently without grass, with a daily supply of rations of high energy concentration and high digestibility [19]. This last feeding stage is called “pre-lidia bait” or “finishing,” and it can vary between 5 and 12 months and usually begins during the winter [20], adapting the amount of ration supplied to the bulls at the date on which they have to fight.

The average fenced area used for these bulls is usually around 60 hectares per farm, and the average number of animals per enclosure is 20 (which is equivalent to a density of 3 hectares per bull), although each farm distributes its animals in a way different. The average daily gain (GMD) is approximately 450 g/day (**Figure 1**), which means that in this period, the bulls gain about 150 kg of weight, 30% of their final body weight, considering a standard bull of 500 kg of weight at 4 years of age [7].





**Figure 1.**  
*Lidia bull growth estimation [9].*

The use of long feeders is common, especially in southern Spain, compared to the classic individual and small feeder used in farms located on the center of Spain (**Figure 2**). The distribution of food is done during the morning and the afternoon in most of the farms [21].

There is a critical point in the strategy of feeding management, due to the overfeeding carried out during the last year, prior to the fight, which causes an overload of weight in the bone structure, added to the state of obesity that causes a lack of strength and mobility of the animal that limits its behavior in the arena and, therefore, the show itself.

The problem lies in the overfeeding to which it is subjected in the final phase of its growth during variable periods of time (from 8 to 12 months) that generates a series of pathologies and inconveniences that negatively influence its productive aptitude: the behavior in the ring.

Several studies have been carried out on the effect of intensive bait on rumen physiology of Lidia cattle [16, 20, 22–31], and all of them point to ruminal acidosis, a primary pathology that predisposes the appearance of secondary lesions such as liver abscesses, gastrointestinal ulcers, ruminal parakeratosis, laminitis, anthill, and so on. Later we will address this pathology more widely.



**Figure 2.**  
*Long feeder and single feeders.*

### 3. Reproductive management

Lidia females reach puberty at approximately 12 months of age but must reach the two-third of adult body weight before becoming pregnant [7] at approximately 2 years of age, and the productive lifespan time lasts for 8–10 years with a calving-gestation interval of 2–4 months [32].

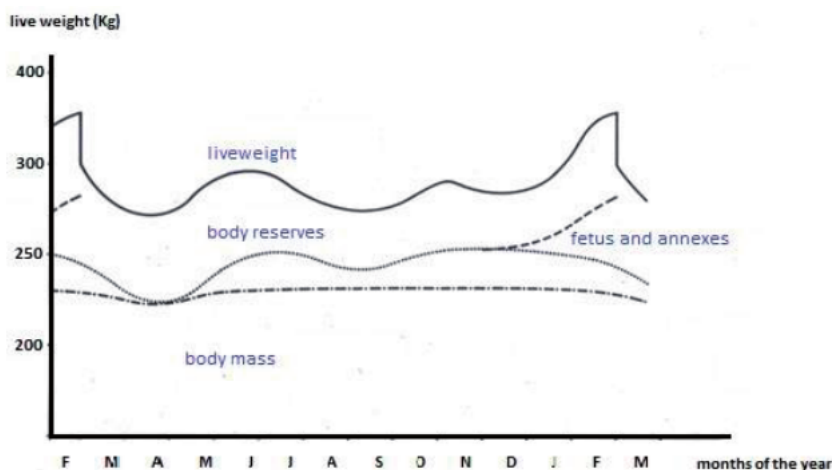
Lidia bulls begin to show sexual activity from 6 months of age reaching puberty at 10–12 months, having been necessary to separate them from females before 1-year olds [7]. At 2 or 3 years, the selected sires are tested with a small group of females, but they are not profusely used until their female offspring are tested, and the quality of their genetic is proved, once this happens, they could be 15 years contributing its genetic flow in natural mating to the cattle ranch [32].

At present, in the majority of Lidia farms, the reproductive handling is very traditional with natural mating of one sire and 30–40 cows during several months. The outstanding difference with the past management is that now the fertility is greater due to a better cow's body condition that allows them to perform a successful gestation and lactation every year [33] (**Figures 3 and 4**).

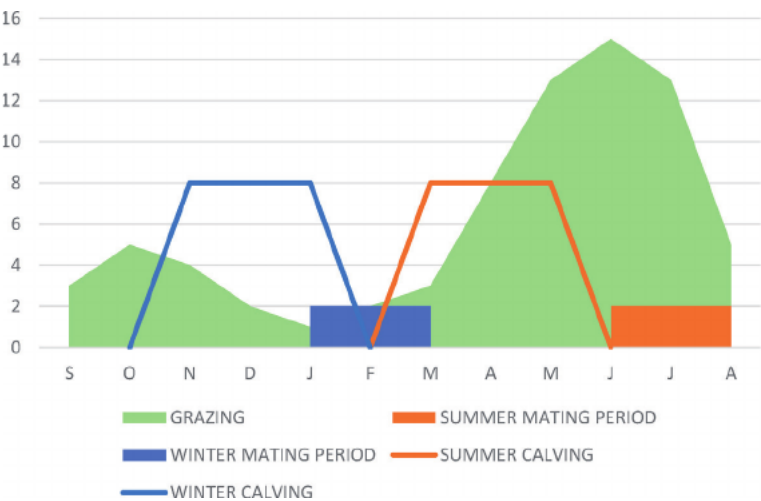
In Europe, the duration of the mating period in Lidia cattle is similar to that of other extensive bovine breeds, being able to reach up to 8 months (autumn–spring) in livestock farms with longer periods, but its duration is often shorter, from the end of winter to the beginning of summer (March–July), since at this time, the best results are obtained in heat of the cows and fertility, due to both photoperiod and feeding reasons. In countries as Colombia without reproductive stations, the cycle is continuous.

There are relevant anatomical differences in the reproductive system of the female of the Lidia cattle: the cervix is longer in length than other bovine breeds; they present a uterine body very short, and it seems as nonexistent during transrectal palpation [34]. It is similar to the bipartite uterus in rodents, and the ovary has a very small size compared to other breeds of similar size presenting at the oviduct level the largest infundibulum that surrounds much of the ovary [35].

At the same time, there are hormonal differences because the Lidia cow reaches puberty earlier and has a shorter gestation period than other breeds: 286 days [36]. The natural mating should last long enough to guarantee a good fertility rate, with a minimum recommended period of 3–4 months (each cow has at least three opportunities to get pregnant), but there are farmers who extend it more, and



**Figure 3.**  
 Live weight variation of a Lidia cow [23].



**Figure 4.** Calving and natural mating management based on grazing availability in seasonal countries.

there are even systems with continuous natural mating, more common in tropical countries like Colombia. Short mating periods have the advantage of being able to concentrate the calving with better control of herd management and feeding. It is done more in larger herds, in large areas, where lactation is adapted to times of pasture abundance.

The utilization of techniques for semen collection and conservation for artificial insemination (AI) began to be used three decades ago in Lidia bulls. Later, embryo-transfer from high genetic merit Lidia cows to dairy cattle and cloning of one sire to preserve the excellent genetic quality was achieved. These reproductive methods, used to improve the productive characteristic of dairy and beef cattle, could be useful future tools to increase the genetic progress in Lidia cattle behavior selection [37].

There are immense advantages in using cryopreservation, due to semen dilution and conservation during medium and large periods, increasing the possibilities to use it for decades through AI when the behavioral results of their offspring are well known. There is also the possibility to extract *post-mortem* semen from the epididymis after the fight in the bulls of extraordinary behavior [38]. In this way, each farmer begins to have his own semen bank of his own sires and bulls. In turn, this would allow the exchange of semen between breeders, to refresh the blood of their livestock, being easy to transport to farms located in the countries of America. Among the advantages of this technique are avoid risks of contagions of potential pathologies, allowing the reproduction of animals of different sizes because natural mating is not necessary, and also is not necessary to move the male, allows the collection of semen in extreme situations, and, above all, enables the possibility to use some improving individuals of a contrasted character in a large number of females [39].

The biggest problems are due to the handling difficulties of these animals due to the untidy nature of this breed. Insemination implies added high-risk management both for animals and for people that seriously conditions, from a technical and economic point of view, its generalization in the Lidia cattle [37]. The introduction of other reproductive techniques such as early pregnancy diagnosis allows to discover and treat uterine pathologies, helping to detect nonpregnant cows that could be resynchronized or intended for natural mating and reducing calving pregnancy intervals. Reproduction control does not necessarily imply the hormonal treatment

of all animals nor their subsequent insemination because it is possible to use mixed models in which the natural mating and AI are used in a complementary way [40].

Once the AI technique will be established, the next step will be to adapt an embryo transfer program to this type of cattle. Currently, it is used to preserve the valuable genetic material of small farms and to increase the reproductive efficiency of some females. In recent years, this technique has contributed to the formation of germplasm banks as genetic reserve in cases of farms with severe health problems or *encastes*<sup>1</sup> in danger of extinction [35].

At the same time, the use sexed semen to obtain a greater number of males than females could create an opportunity, considering the superior economic value of those. However, its use could jeopardize the process of selection and breeding of the farms due to the fact that reducing the numbers of females could be a risk if the proper and strict selection pressure is not applied.

Regarding cloning, there are many questions about its efficacy in general and in Lidia cattle in particular. It is not known, for example, if a cloned animal can develop and interact normally with its peers in a highly hierarchical and of great rivalry environment. A cloned individual may have a poor development of the immune or cardiovascular system, and it is not known whether the libido and fertility of a future cloned breeder will be normal. At the moment, it is known that it ages quicker and has a shorter productive lifespan [41]. A cloned bull must also be tested, and in the event that his quality would be acceptable, it will be also necessary to test its offspring to see if it is able to convey his characters.

The cloning of a sire, with the aim of collect semen, may be important in the case of some farms with few breeding males or if it is an individual of outstanding genetic merit and advanced age [42]. In any case, a clone might not have the same ethological characteristics as the animal from which it proceeds, since the behavior is the consequence of its genetic background, the environment in which it develops [33] its ontogenesis or sequential development.

#### 4. Selection

Traditionally, three types of selection are made: genealogical, morphological, and functional [32]. In relation to the first, the farmer systematically records information, in his own books, the lines, or families that form the basis of the genetic heritage of his livestock, as well as the results of the offspring of each generation.

This information is used to choose future breeding animals. In addition, each farm defines its morphological preferences, depending on the type it belongs to or the priorities of the owner. The selection criteria are usually higher for males than those used for females. They focus, fundamentally, on aspects related to external appearance, neck musculature conformation, bone structure and development, and so on [43]. And finally, the functional selection consists in measuring the brave character of each animal, although each farmer understands the meaning of this term in a very subjective way. A series of tests are carried out on both females and males to assess their bravery [32].

In the case of females, animals of 1, 2, or 3 years are evaluated. The test is practiced in the *tienta*,<sup>2</sup> under the direction of the farmer and with the participation of professional bullfighters, trying to discover the functional performance of each animal. The behavior of each individual in each phase of the test is assessed using

<sup>1</sup> *encastes* = specific genetic lines in Lidia cattle breed.

<sup>2</sup> *tienta* = selection test applied mainly to female Lidia animals where a bullfighting show is played on livestock farm.

the horse and with the muleta. There are different parameters (prompt response, attack, fixity, mobility, nobility, fierceness, aggressiveness, repetition, and so on) that are evaluated by the farmer, to achieve a final note for each animal and, subsequently, keep the best females as breeders [44].

In the test of males, animals of 2–4 years of age are chosen, initially selecting the specimens that have obtained the best results in the genealogical and morphological tests. They are tested in a small bullring, and if the animal does not respond properly, the test is interrupted, and the bull is withdrawn and will be destined for normal fighting. Those animals initially selected, after testing the behavior of their offspring, will become part of the livestock as a sire or will be discarded, losing their value for a standard fight since they have developed sense during the test fight [32].

There is another circumstantial and sporadic form of sire selection, performed by fans and not by the farmer, which is the case of *indulto*.<sup>3</sup> It occurs in the context of a bullfight where many influential factors could alter the true criteria by which a bull must be selected. Therefore, it is the breeder who will decide, later, if the animal should be used for reproductive purpose or not.

Currently, another type of selection, genetics, has been introduced by livestock associations, which has become increasingly important [9]. It consists of identifying the individuals carrying the most beneficial genes for the interest characters and using them as breeding animals to transmit them to their descendants. The way to evaluate whether or not the phenotype of an animal is a good reflection of the genes of which it is a carrier (genetic value or merit) is based on calculating the heritability of that character [45].

The capacity to transfer behavioral characters is very slow because it is limited by the production of a calf per year, at the most, as well as the complexity to accurately and quickly assess the ethological response of its products in the show [46].

According to Cañón et al. [2], many of the behavioral characters manifested by the Lidia bull, such as mobility, repetition, nobility, rhythm, and fierceness, despite its complexity and subjective assessments, if scored with enough rigor, can manifest high heritability ( $>0.35$ ) that makes them susceptible to be selected in one way or another, at the choice of the farm's owner.

A very precise selection of the best individuals entails the maintenance of a population with high consanguinity; therefore, controlling it is an always necessary activity in a Lidia cattle ranch, preserving the necessary genetic variability within it. In general, in Lidia farms, the level of consanguinity does not seem to be very high: 0.12 and 0.13 [47]. Even so, it is possible to find bulls with a consanguinity coefficient of 0.25 [48]. However, regulated mating strategies should be followed, to avoid mating animals with common ancestors, establishing a short- or medium-term conservation program. However, we must be aware of the difficulties involved in the conservation of some minority genetic lines, cattle ranches, or “*encastes*” [48], because the smaller a population is and the greater the imbalance between the sexes the more difficult it is to preserve their genetic characteristics, complicating the task of avoiding mating between related animals.

Finally, the incorporation of the computer methods to control the productive data of the animals allows organization and best valuation of each reproductive potential. With the information reduced to informative schemes, the results can be checked immediately, which make it possible to know, through the corresponding analysis of the offspring, the racing power of the father or mother [45, 49–51].

<sup>3</sup> *indulto* = situation when a bull that has been excellent in the fight and is not sacrificed to be incorporated into his home field as a stud.



## 5. Main pathologies

The most frequent diseases of Lidia cattle, which also affect extensive cattle, are parasitic processes (coccidiosis, ostertagiosis, dictyocaulosis, and sarcosporidiosis), infectious processes (clostridiosis, anthrax, paratuberculosis, tuberculosis, actinomycosis, actinobacillosis, and pyobacillosis), poisonings (aflatoxicosis, ochratoxicosis, aluminum phosphide, and lead poisoning), and deficiency processes as poliencefalomalacia [52].

In addition, the extensive nature of this animal production system predisposes him to suffer from eye problems such as infectious keratoconjunctivitis and horn wounds due to fights between animals [53]. The latter represents a very important chapter in the economies of Lidia farming assuming losses of traumatic etiology ranging from 3 to 15% of male adult individual. Most of them require surgical treatment; some of the interventions are simple, and others are more complicated, but all have in common the septic character of the traumatic focus [54].

The gorings have an etiology closely related to the age of the bulls, strength, and *encaste*, with an increase in frequency of incidence in 4-year-old bulls with a weight of 500 kg, and the wounds occur with a greater probability in the head and extremity regions. They are caused by external violence in which the surface of the traumatic agent is wide. We can find open or closed wounds. The closed wounds, even when not seen to affect external skin tissues, can cause internal muscular or vascular lesions. Hematomas or serous effusions (blood and lymphatic exudates) of difficult reabsorption due to their large size appear, and they require intervention. They evolve to contamination and abscess formation [55].

The treatment of all types of wounds should be focused on controlling, primarily, the bleeding, either by suturing damaged vessels or by hemostatic parenteral treatments, then preventing or controlling the infection, disinfecting and cleaning the affected area, and finally achieving the rapid healing, usually by second attempt, and is always suggested to leave a drain at the trauma point even if it is small [56].

Another pathology that has been observed with a high incidence in the Lidia breed is osteochondrosis [57]. It is a degenerative process of the joint surfaces, widely described in horses and in bait cattle of other breeds, with few studies in fighting bulls to know if it could influence the mobility of the animal during the show [27].

### 5.1 Ruminal acidosis (RA)

RA is a metabolic disease that settles in the rumen and is produced by the ruminal fermentation of large amounts of nonfibrous carbohydrates, such as starch and sugars, which lead to the production of high amounts of volatile fatty acids (VFAs) and lactate, which accumulate in the rumen and cause an abnormal reduction in rumen pH [58]. Ruminal epithelial cells, not protected by mucus, are vulnerable to chemical acid damage [59], and this decrease in ruminal pH together with high concentrations of VFAs causes ruminitis, erosions, and ulcerations of the ruminal epithelium. In turn, abnormal thickening of the stratum corneum of the mucosa occurs due to accumulation of corneal cells with perturbations in their keratinization resulting in hyper and parakeratosis, observing partially pigmented ruminal mucous membranes [60, 61].

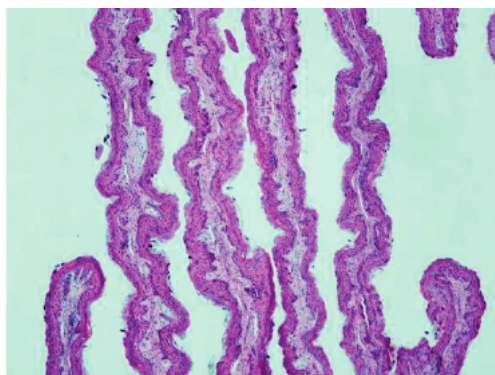
Among the works carried out on the feeding management of the Lidia bull, the one carried out by Bartolomé [26] stands out because he observes 66.2% of the animals studied with ruminal pH values compatible with RA, of which 41.5% chronically (pH = 6.2–5.6) according to the classification of González et al. [62]. In addition, 70.7% of animals presented parakeratosis in the mucosa, and in 26.9%

of bulls sampled, liver lesions were detected. In the same line, Lomillos et al. [27] reported a 43% reduction in the length of the ruminal papilla of bulls subjected to the finishing bait, added to an increase in the thickness of their mucosa, which approximately doubled the value obtained in the group of animals considered control, and maintained in pure extensive regime (**Figures 5 and 6**).

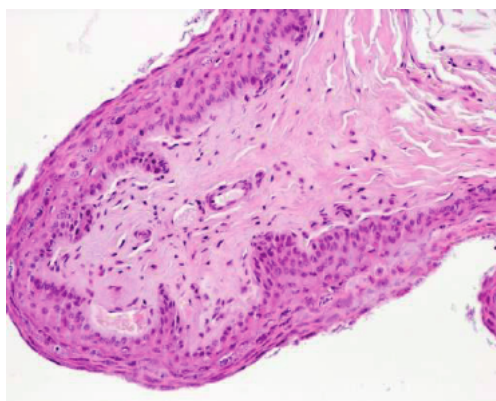
In this context, the decrease in rumen pH predisposes the epithelium to become fragile and loses its ability to act as a barrier between the ruminal environment and the blood, which predisposes the appearance of continuity solutions, which allow the passage of microorganisms toward the bloodstream and the consequent risk of suffering sepsis for the animal [60]. Among others, *Fusobacterium necrophorum* and *Corynebacterium pyogenes*, are bacteria often carried to the liver through the portal vein, and there they begin infection and abscess formation, which compromise their metabolic capacity [5]. From the liver, they can go to the peritoneum, generating peritonitis, and sometimes they can go to the lung, heart valves, kidneys, joints, and so on [63]. In this sense, García et al. [12] recorded abscesses at the liver level in 4% of the studied bulls and hepatic-diaphragmatic adhesions in 21% of cases that extended to the pulmonary pleura, confirming, after culture, *Fusobacterium necrophorum* as the main causative agent of lesions.

At the same time, the intense finishing feeding management based on the use of high amounts of carbohydrates is a predisposing cause of hoof lesions such as the lameness by diffuse aseptic pododermatitis observed in the animals as an excessive growth of the hoof [60] widely described in Lidia cattle [25, 29] and detected with a prevalence of 28% in the fought animals [12].

According to Nocek [64], the relationship between RA and laminitis seems to be associated with hemodynamic alterations of peripheral microcirculation. During acidosis, as a consequence of the decrease in ruminal pH, a process of bacteriolysis takes place in the rumen, releasing vasoactive substances (histamine and endotoxins), which are absorbed through the damaged rumen wall and cause vasoconstriction and dilation, which destroy microcirculation at the level of synovial joints and chorionic tissue of the hoof [65, 66]. The combination of high concentrations of histamine in areas of terminal circulation [67], the increase in digital blood flow and high blood osmolarity induce an increase in blood pressure inside the animal's hoof, producing a serum exudate, which results in edema, internal hemorrhages from thrombosis, and finally, the expansion of the chorion, causes intense pain [60, 64]. The disease presents with signs of lameness, excessive growth of the hooves, and the appearance of dark lines or bands on the surface of the hooves, a consequence of the ischemia generated by vascular damage and



**Figure 5.**  
*Normal papilla of extensive animal.*



**Figure 6.**  
*Thickened and shortened papilla of finished bulls [27].*

edema [68]. At present, lameness is treated with anti-inflammatories, and the hoof overgrowth is usually remedied in livestock by a functional cut of the hoof, using the cattle crush facilities to immobilize the animal.

It seems clear that the RA generated after the intensive bait and the pathological processes to which it predisposes or directly causes, affects the performance of the bull in the arena in the form of physical decline of the animal that hinders its ethological and physical performance [12, 20, 26, 69]. Therefore, it is of great importance to explore possible solutions or prevention strategies by designing a new food management.

To control the process, in principle, it would be enough to reduce the amount of nonfibrous carbohydrates provided with the diet, but this measure would lead to a decrease in the rations' energy level, with the consequent delay in the fattening of the bull and the consequent economic losses.

In the case of the final bull bait, improved rationing and feeding management could have a considerable impact on rumen pH stability. Adapting the ruminal environment by slowly and gradually changing from one forage feed ration to another concentrate would stimulate the development of the rumen papillae and the growth of the lactic acid transforming flora [5], in such a way so that a greater amount is metabolized and the mucosa of the rumen can absorb a greater amount of generated VFAs. This adaptation of the mucosa to concentrated rations takes approximately 4–6 weeks [64] and changes in microflora about 3 weeks [70].

The adoption of the mixed total ration type feeding system, better known as “unifed” carriage (**Figure 7**), widely used in dairy cattle, ensures a balanced consumption of concentrate and forage, which is a very important advantage. In this way, it is possible to increase the energy density of the rations by reducing the risk of digestive problems [71]. In fact, in recent years, this type of food management has begun to be incorporated into the Lidia farms, mainly in farms located in the south of the peninsula, later extending through Madrid and Salamanca [72].

In this sense, the contribution of compensated and high fiber rations through the use of “unifed” mixer cart during the bull bait does not generate a pH decrease below the physiological limits, as shown in Graph 1 that describes the pH ruminal of bulls fed following this pattern of food management for a month [31]. However, it is not clear that this handling is the solution to the RA of the bull since the use of these mixing machines during the entire bait period, which usually lasts between 3 and 9 months, can generate lesions in the morphology of the papilla ruminal (decrease in length and thickening of the mucosa) similar to those found in animals



**Figure 7.**  
*Small format “unifeed” mixer truck, adapted to Lidia cattle (BIGA).*

fed through traditional feeding management. In addition, the feeding time generates a negative effect on the severity of the lesions, with the animals fed for more than 6 months being the ones with the greatest lesions at the level of the rumen mucosa [27].

Another strategy to prevent RA is the use of additives both chemical and microbial. Among the first are buffer substances such as bicarbonate, alkalizing agents such as magnesium oxide, or adjuvants such as bentonite, which can help fight RA because it absorbs part of the volatile fatty acids at the ruminal level [5, 65, 73, 74]. The most commonly used microbial additives to combat RA are yeast extracts and live yeasts. These microorganisms help maintain ruminal pH by stimulating the growth of cellulolytic bacteria and lactic acid users, preventing their accumulation in the rumen [75].

## 5.2 Falling syndrome

Muscle weakness syndrome, which involves motor incoordination and transient loss of standing and balance, all encompassed under the common term of “falling syndrome,” has been worrying different authors for almost a century [76]. The frequency with which this problem occurs in the arena had not become worrisome until the beginning of the last century, from the being of 1930 when the manifestation of the problem became general and the falls were more frequent and alarming [77], reaching incidence percentages in the most critical decades close to 99% [78] or 98% [26] of the sampled animals. It affects both males and females and specimens of all ages: bulls, calves, and cows [79, 80]. It is observed in individuals of different livestock farms, regardless of their weight, the category of the arena where they fought, the distance from its farm of origin [77], and, additionally, within the same livestock, the incidence of this problem can be very diverse.

Despite recent research work done in this regard, the falling syndrome of the brave bull is an issue in which consensus is not yet perceived. The theories that have come to light in order to explain the etiology of the syndrome have been very numerous and varied, without any of them providing definitive conclusions to date. The simplest attributes the problem to physical reasons such as transport trauma and intentional fraud, while others, more complex, consider that the origin of the syndrome is genetic, due to the inheritance of a gene that determines the fall [81]. However, given the appearance of the problem in cattle ranches whose original genetic distance is very wide, it is logical to assume that the appearance of this syndrome must be influenced by the action of the environment, within which food management, in addition to other factors, such as the health status of the livestock itself would play a very important role.



Nowadays, in view of the different studies carried out, it is possible to think that the falling syndrome is a multicausal problem, where we can observe some predisposing causes, such as the genetic endowment, the characteristics of the transport, the physical demands of the fight, the effect of the *puya* and the *banderillas*, the lack of functional gymnastics, nutritional deficiencies, and other more determinants, such as the possible pathological, circulatory, nervous, metabolic, endocrine, genetic, or ethological causes [76].

On the other hand, the bull is by nature a sedentary animal. In the last year of life, he is transferred to small enclosures where his chances of exercising naturally are limited and the energetic components in his diet are increased. Although cattle are not considered an athletic species, the bull is subjected to tremendous exercise in the arena, lasting approximately 20 min, maintaining a physical and metabolic effort of great intensity to which it is not accustomed [82]. These circumstances mean a lack of physical condition for the show.

This muscle weakness, manifested in the falling syndrome, is projected in various acute muscle injuries associated with intense physical exercise and in chronic muscle injuries that may result from nutrient deficiencies of selenium and vitamin E [83]. On the other hand, Aceña et al. [84] demonstrated the existence of a reduction in glycogen stored and very high concentrations of lactic acid in the muscles at the end of the fight, results that indicate the existence of muscle fatigue due to physical exercise in an anaerobic situationss. Similarly, a high correlation has been observed between the main parameters indicative of metabolic acidosis ( $\text{HCO}_3^-$ , lactate, and low blood pH) and respiratory acidosis ( $\text{PCO}_2$ ) with the falling syndrome [69].

Therefore, it is essential to subject the animals to a physical preparation and adaptation to the fight. In fact, in recent years, the number of farmers who seek to achieve adequate physical condition in their animals has increased, through an empirical training program along a running track or by moving them in the same enclosure where they normally live.

There are few studies on the effect of training on the physiology of the bull [85–87]; however, we can state that training potentially increases athletic performance, as can be deduced from muscular and blood metabolic adaptations [88, 89]. It has been observed that training favors the  $\beta$ -oxidative metabolic pathway of fatty acids (oxidative metabolism) prevailing over the glycolytic pathway, requiring a protocol of at least 6 months to increase its antioxidant capacity [89, 90].

In addition, this training would increase the muscle mass of the animal favoring physical performance [91]. To train, and for the result to be effective, great care of the diet should be taken into account since, in the finishing phase of the bulls, it is intended that the animal's body weight increases and that the training will serve to increase muscles and adapt the cardiovascular system to an aerobic exercise. With this training management, it is being pursued that the bull endures the fight better, increasing its mobility while achieving greater lung capacity and, therefore, a greater chance of recovery, after efforts made in the first moments of fight.

With training, physical capacity is enhanced, stimulating the body's level of work above normal. These animals have a great capacity for adaptation and although at the beginning of the training they show signs of fatigue and body loss, this is followed by a phase of recovery/adaptation and maintenance of body weight.

A basic training program would consist of three sessions per week, within a total period of 5–6 months, depending on the date scheduled for the fight. A group of animals, with a variable number of bulls, around 12, are forced to move for approximately 3 km, accompanied by horsemen.



It usually begins with a weekly session, increasing the pace until reaching 3 sessions/week in the second month. The intensity is progressive, each session begins with the first minute to the step, to warm the animals, increasing the pace until they are trotted or lightly galloped, to return to the initial point in a progressive cooling. The orography of the land is usually flat, but there are farmers who prefer to exercise the cattle on sloping terrain to increase the intensity of the session. This training is interrupted approximately 15 days before the fight [92].

Each breeder has been carrying out a particular training protocol, adapted to their availability of time and cowboys, the number of animals they intend to prepare, and the date of their fight. Generally, a more intense preparation is usually carried out with bulls whose destiny is first or second category arena. In turn, the orographic characteristics of the farm, its distribution of fenced areas, and its extension will have an important influence on the programmed exercise.

### 5.3 Health management

Considering the high economic value of the Lidia breed animals, the number of farmers who establish a health management program in their livestock as a control system against infectious or parasitic diseases, and to increase fertility and pregnancy rates as well as to decrease mortality rates in new-born calves, is rising in recent years.

Problems related to infectious and contagious diseases represent the main source of economic losses. The pathogens that have tropism for the reproductive, respiratory, or digestive system stand out. Therefore, reproductive and respiratory alterations and neonatal diarrhea are the main problems we find in these cattle [93].

Currently, there are several emerging diseases that could affect these animals during the last decade such as blue tongue, foot and mouth disease, or bovine spongiform encephalopathy, which have joined those that already have an eradication program in our country (brucellosis and tuberculosis), which require periodic official livestock checking on farms (Order DES/6/2011). On many occasions, the health problem itself is linked to a cumbersome legislation that hinders the transit of animals through the various communities of the national territory and between intracommunity countries such as Spain, France, and Portugal (Royal Decree 186/2011).

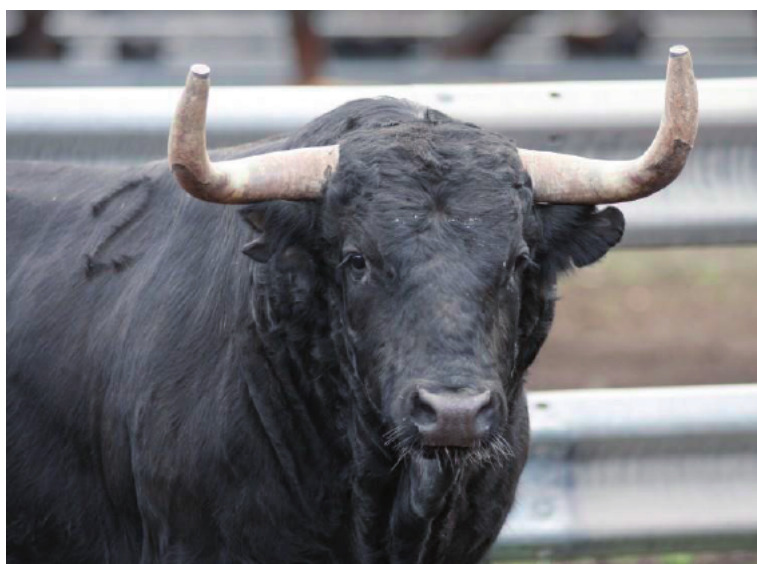
The official campaigns of eradication of brucellosis and tuberculosis are based on hard controls of the herds and on the application of a legal regulation on these aspects that makes, in certain cases, the movement of animals from the infected cattle ranches, including sales for bullfighting, impossible [94]. It is essential to consider the peculiar factors of this cattle production system. One of them is the level of consanguinity within some farms with a very small number of individuals, which works against disease resistance. It is also necessary to consider the complexity of handling these animals, which coexist in extensive systems with species of different sanitary categories (hunting and/or wild) that could be reservoir for numerous diseases.

In addition, cross-reactions with paratuberculosis (a widespread disease in the Spanish countryside) compromise the reliability of diagnostic analytical tests, posing serious problems when addressing eradication plans [95]. The fight against diseases, both endemic (tuberculosis and brucellosis) and emerging (bluetongue), to achieve eradication and control, will be one of the workhorses for the Lidia sector. This should not entail, in any case, any risk to the maintenance of the diversity of *encastes* and genetic lines that characterize this breed. Important and unique farms for their genealogy are being decimated by this cause, to the point of endangering the survival of certain *encastes*.

## 6. Sheathed of horns

One of the most valued and delicate body parts of the bull is its horns. They suffer a risk of deterioration, mainly in the last year of life, as a result of potential fights, friction, contacts, or blows with the ground, with trees, fencing, feeders, or the walls of the handling facilities [96]. Therefore, to protect the horns during the last year of animal life, a fiberglass bandage is placed on the horns, easy to handle, porous and that hardens quickly by polymerization with water, providing good consistency (**Figure 8**). The technique consists of immobilizing the animal in the restraining facilities and wrapping the horn with this bandage to protect it from any aggression or friction. The distal part of the horn is reinforced in many cases with metal tubes or similar hard materials, in order to reduce the wear of the apical zone [97, 98].

The horn is increased in thickness by the sheath, and the end of the horn is blunt, which decreases the effect of the lesions of horns between animals by 90% and, in addition, improves their handling for vaccinations, deworming, and other treatments, due to the risks of deterioration of the defenses when the animals pass through the handling facilities minimized [99]. In spite of the obvious advantages of the sheathing mentioned above, and the answer to many questions about the influence of this management practice on the structure and corneal anatomy and the ethological performance of the animal in the arena provided by Alonso et al. [100], there is still some controversy about its usefulness.



**Figure 8.**  
*Lidia bull with protected horns.*

## 7. Conclusions

Lidia cattle production presents unique characteristic that requires farmer and veterinary knowledge about the particularities of these animals and its management. The Lidia production sector, from its origins, has been adapting to the new times making use of the most current technological advances. In this way, the feeding system, selection criteria, and reproductive techniques have been modified, driving the need for a modernization of the medical and management practices.

However, there are difficulties associated with the breeding, either because of the temperament of animals that increase the difficulty in handling, as well as to the predisposition to present diseases that greatly affect the animal, such as the ruminal acidosis, the falling syndrome, and some health problems that it shares with other extensive bovine cattle.

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# Induction and Synchronization of Estrus

*Prasanna Pal and Mohammad Rayees Dar*

## Abstract

Estrus cycle is a rhythmic change that occur in the reproductive system of females starting from one estrus phase to another. The normal duration of estrus cycle is 21 days in cow, sow, and mare, 17 days in ewe, and 20 days in doe. The species which exhibit a single estrus cycle are known as monestrous and species which come into estrus twice or more are termed polyestrous animals. Among them some species have estrus cycles in a particular season and defined as seasonal polyestrous. It includes goats, sheep, and horses. On the other hand, cattle undergo estrus throughout the year. The estrus inducers can grossly be divided into two parts, that is, non-hormonal and hormonal. Non-hormonal treatments include plant-derived heat inducers, mineral supplementation, uterine and ovarian massage, and use of Lugol's iodine. The hormones that are used in estrus induction are estrogen, progesterone, GnRH, prostaglandin, insulin, and anti-prolactin-based treatment. Synchronization can shorten the breeding period to less than 5 days, instead of females being bred over a 21-day period, depending on the treatment regimen. The combination of GnRH with the prostaglandin F<sub>2α</sub> (PGF<sub>2α</sub>)- and progesterone-based synchronization program has shown a novel direction in the estrus synchronization of cattle with the follicular development manipulation.

**Keywords:** estrus, synchronization, GnRH and PGF<sub>2α</sub>

## 1. Introduction

From the prehistoric ages, the animals have been an integrated part of human life. With the progression of time, the dependency on domestic animals has only increased. At the present time also the human civilization cannot be imagined without the animal products we are using every day. Currently, an enormous livestock population throughout the world is contributing in achieving the global food security. But, the rapid explosion of human population which is projected to be nearly 9.7 billion within 2050 has increased the demand for animal products. So, researches are being targeted toward getting more production from the animals. The major barriers toward this goal are the different diseases and scarcity of animal feed especially in undeveloped or developing countries. Among the several diseases, problems associated with animal reproduction have always been a matter of great concern for the animal producers. The female animals having a reproductive problem cannot be conceived and produce offspring. Besides, most importantly, it also shuts the door for milk production. The major reproductive issues include



anestrus, repeat breeding, delayed estrus, different infections, etc. Among them the problem of anestrus has an incidence rate of 2.13–67.11% in the bovine population of a country like India which is the largest producer of milk [1]. Anestrus is a condition when there is absence of regular reproductive cyclicity in the female animal. Consequently, the animal becomes unproductive and causes a huge economical loss to the farmers or producers. So, it is very much important to address this problem with much care. Already, there are several established as well as developing methodologies which can induce estrus in anestrus animals. It encompasses practices like administration of hormone to the use of biostimulation. Besides inducing estrus, some technologies can also synchronize it according to the need. Synchronization of estrus can help in simplifying managerial practices as well as in some advanced technologies like embryo transfer, in vitro fertilization, cloning, etc. In this chapter we are going to discuss about the normal estrus cycle, the anestrus problem, and the methodologies developed by the researchers for induction and synchronization of estrus.

## **2. Estrus cycle of domestic animals**

Estrus cycle can be defined as the rhythmic changes that occur in the reproductive system of a female animal starting from one estrus phase to another. The normal duration of estrus cycle is 21 days in cow, sow, and mare, 17 days in ewe, and 20 days in doe. The domestic animals can exhibit a single estrus cycle or more than one estrus cycle in a year. The canine species show only one cycle in its breeding season; hence they can be called the monestrous. Other species which come into estrus twice or more are termed polyestrous animals. Among them some species have estrus cycles in a particular season and defined as seasonal polyestrous. It includes goats, sheep, and horses. On the other hand, cattle undergo estrus throughout the year. The seasonal polyestrous animals are greatly regulated by the photoperiod of the season for their reproductive activity.

The estrus cycle can be grossly divided into two phases, that is, follicular phase and luteal phase. The main event occurring in follicular phase is the development of the ovarian follicles, whereas in luteal phase there is formation and growth of the corpus luteum (CL). The follicular phase is again consisting of proestrus and estrus. The proestrus lasts for 3–4 days and the estrus phase only for 12–18 hours. FSH (follicle-stimulating hormone) is the principal hormone controlling the follicular phase. It causes enlargement of the follicles, increase in estrogen secretion from the granulosa cells of the ovary, and increase in the vascularity of the female reproductive tract. After the proestrus phase, there is a rapid increase in the luteinizing hormone (LH) level known as LH surge. This surge is responsible for the ovulation of the matured graafian follicle. In cattle, ovulation generally occurs 12 hours after the end of the estrus. At estrus phase, the animal shows the signs of estrus or heat. It includes mucous discharge from the vagina, restlessness, frequent micturition, bellowing, swelling of the vulva, etc. The animal tries to mount other animals and also stands to be mounted by other animals called as standing heat. After the estrus phase, the ruptured follicle starts to convert into corpus luteum and the animal enters into luteal phase. This phase is also divided into metestrus and diestrus. The duration of metestrus is 3–4 days, whereas diestrus can last from 10 to 14 days. In metestrus the estrogen level starts decreasing and progesterone increases. Though ovulation occurs in metestrus phase in cattle, it happens in the last portion of estrus phase in other domestic species like sheep, goat, horse, etc. The uterine contraction subsides and endometrial glands start growing in metestrus. The progesterone

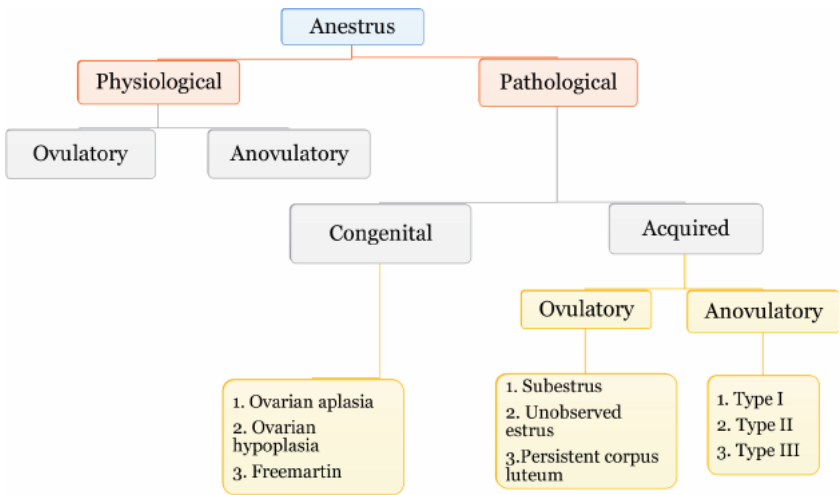
level continues increasing in diestrus and achieves a peak on 13–14 days after estrus phase. Afterward the size of the corpus luteum also starts decreasing, and the follicle grows if the animal is not pregnant. In the case of pregnant animals, the CL does not regress and secrete progesterone throughout the gestation period. If the animal is not conceived, the CL is destroyed after the end of this phase, and the animal enters into the follicular phase.

FSH and LH are the two gonadotropins majorly responsible for the events in estrus cycle. These are secreted from the anterior pituitary upon the stimulation of gonadotropin-releasing hormone (GnRH). GnRH that resides on the top of hypothalamo-pituitary-gonadal (HPG) axis controls the reproductive activities of the animals. The FSH and LH eventually act on the gonads and secrete sex steroids like estrogen and progesterone in female and testosterone in male. Estrogen and testosterone help in the development of secondary sexual characters in females and males, respectively. The secretion of GnRH depends upon different internal and external signals. For example, leptin secreted from the adipose tissue and melatonin from the pineal gland have a clear effect on the GnRH release. It is also stimulated by kiss-peptin, a neuropeptide secreted from preoptic and arcuate nucleus of hypothalamus. So, any physiological or pathological condition which disturbs the release of GnRH can affect the normal reproductive behavior of the animals. The overall hormonal balance is very much essential for maintaining estrus cyclicity.

### 3. Anestrus and its types

Anestrus is the lack of estrus or heat syndromes in female animals. It can be observed in heifers as well as cow. A good number of post-parturient cows show anestrus. Anestrus can be caused by different reasons and can be classified into different ways. Kumar et al. [1] have divided anestrus into two major parts based on the causes, that is, physiological anestrus and pathological causes of anestrus (Figure 1).

Physiological anestrus can be either ovulatory or anovulatory. Ovulatory anestrus is seen during gestation period of the animal. Anovulatory anestrus can be prepubertal, lactational, or postpartum. The animals before coming into puberty



**Figure 1.**  
Classification of anestrus [1].

show follicular growth, but they cannot mature. Due to the action of FSH, the follicle develops up to the stage of theca internal but thereafter starts degrading. The LH pulse frequency is also low, and the threshold for the positive feedback of estradiol on LH surge is also very high [1]. So, there is no ovulation and no estrus. Gestational anestrus is common in all the animals. As there is a persistent corpus luteum present in the ovary throughout the gestation period, there is always an elevated level of progesterone. Progesterone has a negative effect on GnRH secretion and cyclicity stops. Though sometimes, cattle and buffalo can show estrus in the first few months of gestation. It is called gestational anestrus. The signs of estrus are indifferent from the nonpregnant animals in estrus, but the duration is shorter [2]. These animals also exhibit standing heat. The estrus should be carefully differentiated from true estrus to avoid undesirable effect on pregnant animals. At the end of gestation period, there is a decrease in progesterone level. Still the animals are unable to come into estrus cycle, known as postpartum anestrus. This anestrus provides some time for involution of the uterus so that animals can come into estrus subsequently. But, this duration should not be prolonged. Many times, due to lack of proper nutrition and several postpartum diseases, the animals do not show estrus. Proper care and management in the periparturient period can solve this issue. It is ideal to conceive the animal within 2 months of parturition to get one calf each year. When the animals are in lactation also, the estrus cycle can be disturbed especially in high yielders. A high level of prolactin hormone required for the milk synthesis can suppress the GnRH level. This is termed as lactational anestrus.

Pathological causes of anestrus can again be of two types, that is, congenital and hereditary causes of anestrus and acquired anestrus. Congenital and hereditary causes are observed in ovarian aplasia, ovarian hypoplasia, and freemartin. Acquired anestrus can be ovulatory or anovulatory. Examples of ovulatory acquired anestrus are subestrus, unobserved estrus, and persistent corpus luteum. Acquired anovulatory anestrus has been classified into three type (I, II, and III) based on the stage of follicular growth [1]. In the case of type I, the follicles grow up to four millimeters and start regressing. In type II, the follicles grow further up to deviation and preovulatory stage but regress thereafter, and the next follicular wave starts. In type III, the follicle reaches up to the dominant stage but fails to ovulate and converts into persistent follicle.

## **4. Induction of estrus**

The problem of anestrus causes a huge economical loss to the farmers or producers. So, it needs to be solved immediately. Kumar et al. [1] have beautifully classified different ways of estrus induction. The estrus inducers can grossly be divided into two parts, that is, non-hormonal and hormonal. Non-hormonal treatments include plant-derived heat inducers, mineral supplementation, uterine and ovarian massage, and use of Lugol's iodine. The hormones that are used in estrus induction are estrogen, progesterone, GnRH, prostaglandin, insulin, and anti-prolactin-based treatment. All these treatment procedures are described below.

### **4.1 Non-hormonal treatment**

#### *4.1.1 Plant-derived heat inducers*

Different plant extracts are being used for the treatment of anestrus traditionally. Several estrus-inducing herbal medicines are available in Indian market. The efficacy of estrus-inducing preparations like Prajana, Janova, Estrona, and Sajani

is well established [3]. Other examples include Aloes, Heat-Up, Fertivet, Heat-raj, etc. These can be applied in delayed puberty, postpartum anestrus, and other problems. Though they can induce estrus in crossbred cows, the conception rate is remained unchanged. *Aegle marmelos* and *Murraya koenigii* are two medicinal plants used for the treatment of reproductive problems in livestock as well as laboratory animals [4–6]. Feeding the leaves of these plants individually or combined can help in starting the cascade of reproductive cycle. It is believed that they act like the gonadotropins. The other possible mechanism behind its efficacy is the antioxidant effect of the plant-derived substances enhancing the luteal function. The demand and usefulness of the plant-derived medicines are increasing day by day. As these are easily available, are economical, and have fewer side effects, these preparations can be successfully utilized especially in village level. Many times, the poor farmers cannot afford the cost of the hormonal estrus inducers which are not always available also. In this situation, herbal mixtures have emerged as a better option. A large comparative study is required to use these drugs as alternative to hormones. It is also recommended that these should be used along with vitamin and mineral supplementation. Kumar and Singh [7] have also reported about the use of the pigeon waste in estrus induction. They fed 100 gm dried pigeon waste for 3 days to anestrus cows and heifers and successfully induced estrus in 40% cows and 44% heifers. This may be due to the high iron, zinc, and other mineral content in the pigeon waste.

#### 4.1.2 Mineral supplementation

Minerals have an important role in the reproduction of domestic animals, and their deficiency can cause several reproductive disorders. Deficiency of calcium is very common in postpartum cattle. Any alteration in Ca:P ration can affect the pituitary secretion and subsequently ovarian function [8]. This can cause delayed puberty, irregular estrus, etc. The optimum ratio of Ca:P should be within 1.5:1–2.5:1. Excess calcium is also harmful as it can disturb the absorption of other minerals. Phosphorus is a very important mineral for the normal reproduction. In the case of phosphorus deficiency, several disorders can be observed like delayed maturity, low conception rate, inactive ovary, etc. [8]. There are reports of other reproductive problems in areas with phosphorus deficiency. It includes silent estrus, delayed puberty, irregular estrus, and long inter-calving period [9]. Sodium and potassium are also necessary for maintaining normal reproductive physiology and energy metabolism, though excess consumption of potassium can cause a problem. Other trace minerals like zinc, selenium, cobalt, iodine, chromium, etc. also have a prominent role in the reproduction of domestic animals. Animals can come into anestrus if proper nutrition is not provided. So, feeding management should be the first approach to prevent the problem of anestrus. Minerals should be supplemented in optimum quantity. The use of area-specific mineral mixture should be encouraged.

#### 4.1.3 Uterine and ovarian massage

It is the most economical method for the treatment of anestrus. In this method, gentle massage of the uterus and ovary is done perfectly. There are reports which state about its utilization in estrus induction. There is no clear mechanism of action of this method. Possibly, it can be attributed to increased blood circulation on the surface of the ovary and stimulation of ovarian intrinsic factors [10, 11]. Application of this method needs experts who have a good idea about the anatomy of female reproductive system.

#### *4.1.4 Lugol's iodine*

Intrauterine application of Lugol's iodine can effectively induce estrus in cattle, buffalo, etc. [12, 13]. A dose of 20–30 ml is sufficient for treatment. It also shows a good conception rate with cost-effectiveness. It actually acts as uterine irritant and increases blood supply there. It can also stimulate the hypothalamus for the secretion of GnRH, and thus the reproductive cycle is regained [13].

### **4.2 Hormonal treatment**

#### *4.2.1 Estrogen*

Estrogen is a very important hormone for the reproductive cycle of the animals. Administration of estrogen can help the animal to come into estrus [1], though it may be ovulatory or anovulatory. If a dominant follicle is present in the ovary, there will be ovulation. If no dominant follicle is present, it can be anovulatory. Estrogen promotes the ovulation through LH surge as estrogen shows a positive feedback effect toward the pituitary at this time. Use of estrogen is limited nowadays due to its side effects. Prolonged administration of estrogen can cause cystic ovary, peristalsis of the oviduct, etc. [1]. These can also lead to several infections like ovaritis, adhesion, etc.

#### *4.2.2 Progesterone*

Progesterone is secreted from the corpus luteum in a normal estrus cycle. With the decrease in the progesterone level, the follicles start growing. The same situation can be mimicked externally. Progesterone can be administered externally for a certain duration, and its withdrawal can cause induction of estrus. Several intravaginal progesterone-releasing devices are available. It includes CIDR (controlled internal drug release), PRID (progesterone-releasing intravaginal device), etc. Ear implant of progesterone is also available. These devices are generally used for 7–9 days and can be combined with other hormones like GnRH, prostaglandin F<sub>2</sub> $\alpha$  (PGF<sub>2</sub> $\alpha$ ), etc. [1]. Other ways to use progesterone are oral progesterone compound and intramuscular injection.

#### *4.2.3 GnRH*

GnRH and its analogues can be successfully used to induce estrus in animals. It induces ovulation, if mature follicle is present by inducing the LH surge. GnRH can improve conception at the timed artificial insemination (AI) after estrous synchronization with prostaglandin F<sub>2</sub> $\alpha$  [14]. GnRH given after PGF may enhance fertility through its direct or indirect (via LH secretion) action on the ovulatory follicle, and it may act in a similar fashion at insemination after spontaneous estrus [15]. Gonadotropin-releasing hormone improved fertility at first postpartum inseminations in some studies [15], but not all investigations [16]. Increasing progesterone after insemination may be one way to improve fertility in cattle. It is possible that LH released by GnRH could enhance fertility through its effects on luteal function [17].

#### *4.2.4 Prostaglandin*

For persistent corpus luteum and subestrus, PGF<sub>2</sub> $\alpha$  is the treatment of choice. Successful management of silent estrus in cattle and buffaloes can be done by the



natural or synthetic analogue of PGF2 $\alpha$  as a single dose with a reasonable degree [18, 19]. PGF2 $\alpha$  is only effective between days 6 and 16 of the cycle and in the presence of active corpus luteum. Administration of 25 mg of natural PGF2 $\alpha$  intramuscular or 250–500  $\mu$ g of synthetic ones is required to regress the CL in both cattle and buffaloes [1]. Pursley et al. [20] described Ovsynch protocol may be used to treat subestrus or unobserved estrus.

#### 4.2.5 *Insulin*

Encouraging results have been found in the use of insulin for induction of estrus in animals either alone or in combination [21–23]. The recommended dose is 0.25 IU/kg body weight subcutaneously for 3–5 days. Promising results for management of anestrus in cattle have been observed with the use of GnRH or eCG pretreated with insulin [22, 23] and buffaloes [21, 24]. Insulin enhances the follicular growth in true anestrus buffalo which is a prerequisite for GnRH to be effective [24].

#### 4.2.6 *Anti-prolactin*

Summer anestrus in buffaloes could be due to hyperprolactinemia, with this assumption bromocriptine, an anti-prolactin drug [25], has been used. Melatonin is also known to suppress prolactin secretion [26]; however, melatonin has been reported as stimulator of both GnRH and gonadotrophin secretions in buffaloes. As the plasma concentration of melatonin is low during summer, induction of estrus and ovulation by using melatonin implants have been reported by Ghuman et al. [27] in all treated summer anestrus buffalo heifers; however, the time taken to induce estrus and ovulation was highly variable (4–36 days).

### 5. Synchronization of estrus

The manipulation of the estrous cycle or induction of estrus brings a large percentage of a group of females into estrus at a short, predetermined time [28]. One of the advanced managerial processes through which the humane errors and managerial costs could be minimized is synchronization of estrus. It is predominantly useful in sheep, where timely heat detection is difficult due to exhibitions of less external heat symptoms and also in large herd of cattle. It helps in fixing the breeding time within a short predefined period and thereby scheduling the parturition time at the most favorable season in which newborns can be reared in suitable environment with ample food for augmenting their survivability. As timely breeding of the animals is possible with this technique, fertility in farm animals may be expected toward the upper side. By improving the production efficiency of animals, estrus synchronization provides more economic returns to the owner.

Synchronization can shorten the breeding period to less than 5 days, instead of females being bred over a 21-day period, depending on the treatment regimen. Production of a uniform group of calves for the future replacement in the animal farm is another important benefit of this program. The current and future aspect of estrous synchronization is to focus on combining traditional methods of controlling cycle length with the follicular development manipulation. The combination of GnRH with the prostaglandin F2 $\alpha$  [20]- and progesterone [29]-based synchronization program has shown a novel direction in the estrus synchronization of cattle with the follicular development manipulation.

## **5.1 What is the basic approach for estrus synchronization?**

To control the timing of the onset of estrus by controlling the length of the estrous cycle is the basic approach for the estrus synchronization. Various approaches for controlling cycle length are as follows:

1. Prostaglandin administration to regress the corpus luteum of the animal before the time of natural luteolysis
2. Progesterone or synthetic progestin administration to suppress ovarian activity temporarily
3. Creating estrous synchrony by using gonadotropin-releasing hormone or an analogue, which causes ovulation of a large follicle, helps in synchronizing estrous cycle in anestrus female.

## **5.2 Methods of estrus synchronization**

### *5.2.1 Prostaglandin treatment*

Luteolytic agent such as prostaglandin F<sub>2α</sub>, or an analogue, which causes the regression of the corpus luteum can be used to synchronize estrus [30, 31]. Administration of PGF<sub>2α</sub> is only effective from 8 to 17 days of the estrous cycle when functional corpus luteum is available in one of the ovaries. Fertility is high after prostaglandin synchronization. Synchronization of estrus and fertility with this product are good in cyclic females but not in non-cycling cows.

- a. One-shot prostaglandin: In this method a single injection of prostaglandin is given to cyclic females, and then these females are bred as they express estrus.
- b. Two-shot prostaglandin: In this method two injections of prostaglandins are given at an interval of 10–14 days [32] once the stage of estrous cycle in the cows is unknown and detection of estrus is not required before or between injections.

### *5.2.2 Progesterone treatment*

High levels of progesterone in the female's system are maintained with the help of progestogens [33], even after the regression of the corpus luteum. After the progestin removal, synchrony of estrus occurs up to 2–5 days. Melengestrol acetate (MGA) (oral feeding), Syncro-Mate-B (SMB) (ear implant), and CIDR (intravaginal device) are the commercial products which fall into this category. The longer the progestin was administered to cattle, the higher the rate of estrous synchronization, but the fertility of the synchronized animals was lower. Kaltenbach et al. [34] and Wiltbank [35] reported that the estradiol was luteolytic when administered early in the bovine estrous cycle. Combining progestin treatment and estradiol administration at the initiation enabled the period of progestin to be shortened (9–14 days) without reducing the percentage of animals exhibiting a synchronized estrus. This treatment regimen was the basis for the commercial products Syncro-Mate-B, PRID, and CIDR. Administration of progestin at “sub-luteal” levels demonstrated that it inhibits estrus and ovulation and synchronizes estrus in cattle, but that a persistent, estrogen-secreting follicle develops when progestin treatment extends the estrous cycle [36].

#### 5.2.2.1 Techniques of progesterone treatment

- a. MGA feeding: MGA was added to feed such that females received 0.5 mg/head/day for 14 days and if MGA was administered, cyclic females begin to show estrus. This estrus was subfertile, and it was recommended that females should be bred on the second estrus following MGA removal [37].
- b. Syncro-Mate-B (ear implant) treatment late in the estrous cycle (>14 days) in cow gives lower conception rates. The ideal time for SMB treatment to begin is between the 8th and 12th day of the estrous cycle to maximize estrus response.
- c. Application of CIDR.

CIDR insert for cattle is made by molding a thin layer of silicon and progesterone mixture (10% w/w) around a nylon spine under high temperature. It contains 1.38 g progesterone and is designed to maintain higher blood concentrations of progesterone to at least 2 ng/ml for up to 10 days. The CIDR is easily inserted into the vagina and has good retention capacity (2.5% loss rate is normal); a flexible nylon tail is attached to it for easy removal. The CIDR provides an exogenous source of the progesterone, and its removal on treatment day 7 results in a rapid fall in plasma progesterone levels, which results in estrus synchronization in those animals responding to treatment.

#### 5.2.3 GnRH-based treatment

Estrus synchronization and fertility with a combination of GnRH and prostaglandin F2 $\alpha$  are good for cyclic females, and this combination may induce cyclicity in cows experiencing postpartum anestrus [20]. The new methods of estrus synchronization more precisely and control the time of ovulation more exactly in order to allow a single, timed insemination without the need for detection of behavioral estrus. Administration of GnRH during the estrous cycle in bovines causes regression or ovulation of the dominant follicle and initiates the emergence of a new wave of follicular growth [20]. Ovsynch, CO-Synch, Select-Synch, and Hybrid-Synch are the four systems for synchronization of estrus with GnRH-PG combinations.

At day 1 GnRH injection is used to program follicle growth in cyclic females and to induce ovulation in anestrus females, and PGF2 $\alpha$  on day 8 induces regression of CL that is present to cause a decline in progesterone. Then on days 10–11, the second GnRH is given which induces ovulation of dominant follicles that have been preprogrammed by the first GnRH treatment. The major GnRH programs that do not involve use of the CIDR are described as follows:

- a. GnRH-PGF system: This represents the simplest GnRH-based system. A common name for this system is “Select-Synch.” In this system a single dose of GnRH and prostaglandin was injected on day 1 and day 8, respectively. Some cows (8%) exhibit estrus up to 48 hours before PGF (day 6). The early estrus are fertile and cows can be inseminated 12 hours after detection. The peak estrous response occurs 2–3 days after PGF with a range of 1–5 days. With this system, a minimum of 5 days of estrous detection after PGF and 2 days prior PGF is required to detect most heats.
- b. GnRH-PGF + GnRH system: This system is a GnRH-PGF system in which second GnRH injection is given to all or some cows between 48 and 72 hours after PGF (days 2–3), with timed AI on all or a portion of the herd.

In Ovsynch program, an injection of GnRH on day 1, an injection of prostaglandin on day 8, a second injection of GnRH on day 10, and then a timed insemination on day 11 are given [20]. The first GnRH injection alters follicular growth by inducing ovulation of the dominant follicle in the ovaries after the GnRH injection to form a new or additional CL [20]. Thus, estrus usually does not occur until a PGF $2\alpha$  injection regresses the natural CL and the secondary CL which is formed from the follicle induced to ovulate by the first GnRH injection. Based on transrectal ultrasonographic evidence, a new group of follicles appear in the ovaries, within 1–2 days after the first injection of GnRH [38]. From those follicles, a newly developed dominant follicle emerges, matures, and can ovulate after estrus is induced by PGF $2\alpha$ , or it can be induced to ovulate after a second GnRH injection. This GnRH release luteinizing hormone, the natural ovulation-inducing hormone of the estrous cycle. The stage of the estrous cycle when Ovsynch was initiated also affects synchronization and conception rate [38]. Ravi Kumar and Asokan [39] reported higher conception rate in subestrus buffaloes initiating the treatment with Ovsynch during the later stages of estrous cycle, but conception rate was nil in anestrus buffaloes though incidence of cyclicity was observed due to the treatment. Benefits of this program are as follows: there is tight synchronization of estrus, most females respond to the program, and it boosts estrus in non-cycling cows that are at least 30 days postpartum.

In CO-Synch program, an injection of GnRH on day 1, an injection of prostaglandin on day 8, and then a second injection of GnRH with breeding on day 10 are given. The benefits are as follows: there is tight synchronization of estrus, most females respond to the program, and it boosts estrus in non-cycling cows that are at least 30 days postpartum.

The Hybrid-Synch program is applied with an injection of GnRH on day 1, an injection of prostaglandin on day 8, and then estrous detection and breeding from day 8 to 11. Second injection of GnRH was given to the females which were not observed in estrus from day 8 to 11 and were bred on day 11. Hybrid-Synch program has a lower cost and less handling compared with Ovsynch and CO-Synch but more than Select-Synch. The program appears to have the highest conception rates among all GnRH-prostaglandin programs.

#### c. Progesterone in combination with GnRH-PG:

Oral administration of MGA to the cows for 14 days is performed, and 10 days after the withdrawal of MGA, GnRH injection was given. PGF $2\alpha$  is given after 7 days of GnRH injection. Patterson et al. [29] reported that 80% of the cows showed estrus within 48–96 hours after PGF $2\alpha$  injection.

#### 5.2.4 CIDR to GnRH-based protocol

Failure to synchronize cyclic animals appropriately or to induce fertile ovulation potentially in anestrus females can have major effects on the success of a synchronization program. This CIDR to GnRH-based program has the potential to decrease losses in each of these areas. The most common use of this system comprises insertion of the CIDR on day 1 and its withdrawal on day 8. GnRH injection is given on the day of CIDR insertion and CIDR is kept in situ for 7 days. Injection of prostaglandin is given on the day of CIDR withdrawal, and then the second GnRH injection is given after 2 days of prostaglandin injection.

The primary advantage of inclusion of the CIDR in this program is that it guarantees that females will be exposed to progesterone during the period between day 1 and day 8. This progesterone exposure will result in normal (21 days) rather

than short (10 days) cycles in earlier anestrous cows. Moreover, the withdrawal of a progestin has been demonstrated to induce onset of cycles in some anestrous females; the likelihood of an ovulation is enhanced. A second advantage to inclusion of the CIDR in this program is that the early heats (day 6 to day 9) that are inherent to these systems are prevented. The progesterone released by the CIDR will prevent estrus and ovulation between days 1 and 9.

#### *5.2.5 Managemental interference*

In general management has a tremendous role in the reproduction of animals. Proper nutritional management of the herd is essential for successful implementation of several synchronization programs in both cows and heifers. Managemental procedures like timed insemination and calf removal have been reported to be useful for synchronization of estrus and may also be applied in most of the synchronization programs for better results. Usually conception rates on timed insemination are lower than for visual observation. However, this lower conception rate may be counterbalanced by the reduction in management from timed insemination. Suckling frequency of calves causes a hormonal response which inhibits return to estrus, which is evident in beef cows. Short-term calf removal combined with other forms of synchronization increases estrus synchrony and conception rates in cows. Even a 48-hour calf removal alone has been shown to cause synchrony and cyclicity in some cows. This procedure is suitable, but requires better management and good facilities to prevent separated cows and calves from rejoining with each other.

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# Bovine Mastitis: Part I

*Oudessa Kerro Dego*

## Abstract

Bovine mastitis is one of the most important bacterial diseases of dairy cattle throughout the world. Mastitis is responsible for great economic losses to the dairy producer and to the milk processing industry resulting from reduced milk production, alterations in milk composition, discarded milk, increased replacement costs, extra labor, treatment costs, and veterinary services. Economic losses due to bovine mastitis are estimated to be \$2 billion in the United States, \$400 million in Canada (Canadian Bovine Mastitis and Milk Quality Research Network-CBMQRN) and \$130 million in Australia per year. Many factors can influence the development of mastitis; however, inflammation of the mammary gland is usually a consequence of adhesion, invasion, and colonization of the mammary gland by one or more mastitis pathogens such as *Staphylococcus aureus*, *Streptococcus uberis*, and *Escherichia coli*.

**Keywords:** mastitis, bovine, *Staphylococcus*, *Streptococcus*

## 1. Introduction

Bovine mastitis is one of the most important bacterial diseases of dairy cattle throughout the world. Mastitis is responsible for major economic losses to the dairy producer and milk processing industry resulting from reduced milk production, alterations in milk composition, discarded milk, increased replacement costs, extra labor, treatment costs, and veterinary services [1]. Annual economic losses due to bovine mastitis are estimated to be \$2 billion in the United States [2], \$400 million in Canada (Canadian Bovine Mastitis and Milk Quality Research Network-CBMQRN), and \$130 million in Australia [3]. Many factors including host, pathogen, and environmental factors influence the development of mastitis; however, inflammation of the mammary gland is usually a consequence of adhesion, invasion, and colonization of the mammary gland by one or more contagious (*Staphylococcus aureus*, *Streptococcus agalactiae*, *Corynebacterium bovis*, *Mycoplasma bovis*, etc.) or environmental (coliform bacteria, environmental *Streptococcus* spp. and some coagulase negative *Staphylococcus* spp., many other minor pathogens) mastitis pathogens.

## 2. Etiology of mastitis

Over 135 various microorganisms have been identified from bovine mastitis. The most common bovine mastitis pathogens are classified as contagious and environmental mastitis pathogens [4]. This classification depends upon their distribution in their natural habitat and mode of transmission from their natural habitat to the mammary glands of dairy cows [5]. It is important to mention that all

pathogens lists as environmental or contagious may not be strictly environmental or strictly contagious; some of them may transmit both ways. Environmental mastitis pathogens exist in the cow's environment, and they can cause infection at any time. Environmental mastitis pathogens are difficult to control because they are in the environment of dairy cows and can transmit to the mammary glands at any time, whereas contagious mastitis pathogens exist in the infected udder or on the teat skin and transmit from infected to non-infected udder during milking by milker's hand or milking machine liners. Environmental mastitis pathogens include a wide range of organisms, including coliform bacteria (*Escherichia coli*, *Klebsiella* spp., *Enterobacter* spp., and *Citrobacter* spp), environmental *Streptococcus* spp. (*Streptococcus uberis*, *Streptococcus dysgalactiae*, *Streptococcus equi*, *Streptococcus zooepidemicus*, *Streptococcus equinus*, *Streptococcus canis*, *Streptococcus parauberis*, and others), *Trueperella pyogenes*, which was previously called *Arcanobacterium pyogenes* or *Corynebacterium pyogenes* and environmental coagulase-negative *Staphylococcus* species (CNS) (*S. chromogenes*, *S. simulans*, *S. epidermidis*, *S. xylosus*, *S. haemolyticus*, *S. warneri*, *S. sciuri*, *S. lugdunensis*, *S. caprae*, *S. saccharolyticus*, and others) [4, 6–9] and others such as *Pseudomonas*, *Proteus*, *Serratia*, *Aerococcus*, *Listeria*, Yeast and *Prototheca* that are increasingly found as mastitis-causing pathogens on some farms [10, 11].

Contagious mastitis pathogens primarily exist in the infected mammary glands or on the cow's teat skin and transmit from infected to non-infected mammary glands during milking by milker's hand or milking machine liners. *Mycoplasma* spp. may spread from cow to cow through aerosol transmission and invade the udder subsequent to bacteremia. The most frequent contagious mastitis pathogens are coagulase-positive *Staphylococcus aureus*, *Streptococcus agalactiae*, *Mycoplasma bovis*, and *Corynebacterium bovis* [11, 12]. The prevalence of mastitis caused by these different mastitis pathogens varies depending on herd management practices, geographical location, and other environmental conditions [13]. These different causative agents of mastitis have a multitude of virulence factors that make treatment and prevention of mastitis difficult.

## 2.1 Environmental mastitis pathogens

It is important to mention that all environmental mastitis pathogens may not be strictly environmental, and some of them may transmit both ways (contagious and environmental). However, the vast majority of these organisms are in the environment of dairy cows, and they transmit from these environmental sources to the udder of a cow at any time of the lactation cycle.

### 2.1.1 *Streptococcus uberis* mastitis

*Streptococcus uberis* is one of the environmental mastitis pathogens that accounts for a significant proportion of subclinical and clinical mastitis in lactating and non-lactating cows and heifers [14]. This organism is commonly found in the bedding material, which facilitates infection of mammary glands at any time [15]. Some report also indicated the possibility of contagious transmission of *Streptococcus uberis* [16].

*S. uberis* has various mechanisms of virulence that increases the chances of this organism establishing infection. These include a capsule, which evades phagocytosis, adherence to, and invasion into mammary epithelial cells [17, 18]. *S. uberis* adheres to epithelial cells using different mechanisms, including the formation of pedestals [19] and bridge formation through *Streptococcus uberis* adhesion molecule (SUAM) and lactoferrin [20–22]. This attachment is specific and mediated through a bridge formation between *Streptococcus uberis* adhesion molecule (SUAM) [23, 24]



on *S. uberis* surface and lactoferrin, which is in the mammary secretion and has a receptor on the mammary epithelial surface [20, 22]. This interaction creates a molecular bridge that enhances *S. uberis* adherence to and internalization into mammary epithelial cells most likely via caveolae-dependent endocytosis and potentially allows *S. uberis* to evade host defense mechanisms [22, 24]. These factors increase the pathogenicity of *S. uberis* to cause mastitis. The *sua* gene is conserved among strains of *S. uberis* isolated from geographically diverse areas [9, 13], and a *sua* deletion mutant of *S. uberis* is defective in adherence to and internalization into mammary epithelial cells [14].

### 2.1.2 Coagulase-negative *Staphylococcus* species (CNS)

More recently, coagulase-negative *Staphylococcus* species (CNS) such as *S. chromogenes*, *S. simulans*, *S. xylosus*, *S. haemolyticus*, *S. hyicus*, and *S. epidermidis* are increasingly isolated from bovine milk [7, 25–27] with *S. chromogenes* being the most increasingly diagnosed species as a cause of subclinical mastitis. *Staphylococcus chromogenes* [28] and other CNS [4, 8] have been shown to cause subclinical infections in dairy cows that reduce the prevalence of contagious mastitis pathogens.

*Staphylococcus chromogenes* is most commonly isolated from mammary secretions rather than from the environment itself [8, 29]. *S. chromogenes* consistently isolated from the cow's udder and teat skin [30], and some studies showed that it causes long-lasting, persistent subclinical infections [26]. The CNS causes high somatic cell counts in milk on some dairy farms [29, 31]. Woodward et al. [32] evaluated the normal teat skin flora and found that 25% of the isolates exhibited the ability to prevent the growth of some mastitis pathogens. An *in vitro* study conducted on *S. chromogenes* showed that this organism could inhibit the growth of major mastitis-causing pathogens such as *Staph. aureus*, *Strep. dysgalactiae*, and *Strep. uberis* [28]. In a study conducted on conventional and organic Canadian dairy farms, CNS were found in 20% of the clinical samples [33]. Recently, mastitis caused by CNS increasingly became more problematic in dairy herds [30, 34–36]. However, mastitis caused by CNS is less severe compared to mastitis caused by *Staphylococcus aureus* [26].

### 2.1.3 Coliform mastitis

Coliform bacteria such as *Escherichia*, *Klebsiella*, and *Enterobacter* are a common cause of mastitis in dairy cows [37]. The most common species, isolated in more than 80% of cases of coliform mastitis, is *Escherichia coli* [38, 39]. *E. coli* usually infects the mammary glands during the dry period and progresses to inflammation and clinical mastitis during the early lactation with local and sometimes severe systemic clinical manifestations. Some reports indicated that the severity of *E. coli* mastitis is mainly determined by cow factors rather than by virulence factors of *E. coli* [40]. However, recent molecular and genetic studies showed that the pathogenicity of *E. coli* is entirely dependent on the FecA protein that enables *E. coli* to actively uptake iron from ferric-citrate in the mammary gland [41]. The severity of the clinical mastitis and peak *E. coli* counts in mammary secretions are positively correlated. Intramammary infection with *E. coli* induced expression and release of pro-inflammatory cytokines [42, 43]. Recently, it has been shown with mouse mastitis models that IL-17A and Th17 cells are instrumental in the defense against *E. coli* intramammary infection [44, 45]. However, the role of IL-17 in bovine *E. coli* mastitis is not well defined. The result of recent vaccine efficacy study against *E. coli* mastitis suggested that cell-mediated immune response has more protective effect than humoral response [46]. However, the cytokine signaling pathways that lead to efficient bacterial clearance are not clearly defined.

## 2.2 Contagious mastitis pathogens

### 2.2.1 Coagulase-positive *Staphylococcus aureus*

Coagulase-positive *Staphylococcus aureus* is one of the most common contagious mastitis pathogens in dairy cows, with an estimated incidence rate of 43–74% [47, 48]. *Staphylococcus aureus* is grouped under the family *Staphylococcaceae* and genus *Staphylococcus*. It is a gram-positive, catalase and coagulase-positive, non-spore forming, oxidase negative, non-motile, cluster-forming, and facultative anaerobe [49]. The coagulase test is not an absolute test for the confirmation of the diagnosis of *S. aureus* from the cases of bovine mastitis, but more than 95% of all coagulase-positive staphylococci from bovine mastitis belong to *S. aureus* [50]. Other coagulase-positive species include *S. aureus* subsp. *anaerobius* causes lesion in sheep; *S. pseudintermedius* causes pyoderma, pustular dermatitis, pyometra, otitis externa, and other infections in dogs and cats; *S. schleiferi* subsp. *coagulans* causes otitis externa (inflammation of the external ear canal) in dogs; *S. hyicus* is coagulase variable (some strains are positive and some others are negative), species that causes mastitis in dairy cows, exudative epidermitis (greasy pig disease) in pigs; and *S. delphini* causes purulent cutaneous lesions in dolphins.

*S. aureus* can infect many host species, including humans. In humans, *S. aureus* causes a wide variety of illnesses ranging from mild skin infection to a life-threatening systemic infection. It has been reported that certain strains of *S. aureus* with specific tissue tropism can be adapted to infect specific tissue such as the mammary gland [51]. Furthermore, a study by McMillan [52] showed distinct lineages of *S. aureus* in bovine, ovine, and caprine species. *S. aureus* strains can be host specific, meaning that they are found more commonly in a specific species [51]. Some studies showed that *S. aureus* that causes mastitis belong to certain dominant clones, which are frequently responsible for clinical and subclinical mastitis in a herd at certain geographic areas, indicating that the control measures may need to be directed against specific clones in a given area [53–55]. However, because *S. aureus* is such a big problem in human health, cross-infection has been an important research topic. Several studies have reported cases of cross-infection in several different species [56–58]. In the dairy industry, there have been reports of human origin methicillin-resistant *S. aureus* infecting bovine mammary glands [59, 60]. These studies add to the unease that strains can gain new mutations or virulence factors and adapt to cross the interspecies boundary relatively rapidly [61].

Although the incidence of *S. aureus* mastitis can be reduced with hygienic milking practices and a good management system, it is still a major problem for dairy farms, with a prevalence of 66% among farms tested in the United States [62]. The prevalence of *S. aureus* mastitis varies from farm to farm because of variation in hygienic milking practices and overall farm management differences on the application of control measures for contagious mastitis pathogens. Good hygiene in the milking parlor can significantly reduce the occurrence of new *S. aureus* mastitis in the herd, but it does not remove existing cases within a herd [63]. Neave et al. concluded that it is nearly impractical to keep all udder quarters of dairy cows free of all pathogens at all times. Since this early observation by Neave et al. [63], many studies have confirmed that management practices can reduce new cases of intramammary infection (IMI) [9, 64] but cannot eliminate existing infections. In the United States, the prevalence of clinical and subclinical *S. aureus* mastitis ranged from 10 to 45% [65] and 15 to 75%, respectively.

### 2.2.1.1 Virulence factors of *S. aureus*

*Staphylococcus aureus* has many virulence factors that can be grouped broadly into two major classes. These include (1) secretory factors which are surface localized structural components that serve as virulence factors and (2) secretory virulence factors which are produced by bacteria cells and secreted out of cells and act on different targets in the host body. Both non-secretory and secretory virulence factors together help this pathogen to evade the host's defenses and colonize mammary glands.

## 2.3 Non-secretory factors

Some of surface localized structural components that serve as virulence factors include membrane-bound proteins, which include collagen-binding protein, fibrinogen-binding protein, elastin-binding protein, penicillin-binding protein, and lipoteichoic acid. Similarly, cell wall-bound factors such as peptidoglycan, lipoteichoic acid, teichoic acid, protein A,  $\beta$ -Lactamase, and proteases serve as non-secretory virulence factors. Other cell surface-associated virulence factors include exopolysaccharides, which comprises capsule, slime, and biofilm. Overall, *S. aureus* has over 24 surface proteins and 13 secreted proteins that are involved in immune evasion [66] and about 15–26 proteins for biofilm formation [67, 68].

Surface proteins, such as staphylococcal protein A (SpA), clumping factors A and B (ClfA and ClfB) [69–71], fibrinogen-binding proteins [72], iron-regulated surface determinants (IsdA, IsdB, and IsdH) [69, 73], fibronectin-binding proteins A and B [74], biofilm associated protein (BAP) and exopolysaccharides (capsule, slime, and biofilms) [75–79], play roles in *S. aureus* adhesion to and invasion into host cells [80]. The BAP expression enhances biofilm production and the BAP gene is only found in *S. aureus* strain from bovine origin [81–83]. Evaluation of BAP gene of *S. aureus* from bovine and human isolates using polymerase chain reaction restriction fragment length polymorphism (PCR-RFLP) showed that bovine and human isolates are not closely related [84]. Thus, some host-specific evolutionary factors may have been developed between both strain types.

Biofilms are considered an important virulence factor in the pathogenesis of bovine *S. aureus* mastitis [77, 78]. Slime, an extracellular polysaccharide layer, acts as a barrier against phagocytosis and antimicrobials. It also helps with adhesion to a surface [85]. If a biofilm forms in a mammary gland, it will protect those bacteria from antimicrobials and the host's immune system [77, 78]. In addition, once the biofilm matures and the immune attack has subsided, the biofilm can break open and allow reinfection of the mammary gland [86]. There are many contributors to biofilm production, such as polysaccharide intercellular adhesin (PIA) also known as poly-N-acetyl- $\beta$  (1-6)-glucosamine (PNAG), MSCRAMMS, teichoic acids, and extracellular DNA (eDNA) [75, 76] that are known to help these bacteria cells to hold onto a surface [87]. Various proteins encoded by intercellular adhesion loci such as *icaA*, *icaB*, *icaC*, and *icaD* are involved in PIA production which in turn result in biofilm formation [75, 76]. Vasudevan et al. [88] evaluated the correlation of slime production and presence of the intercellular adhesion (*ica*) genes with biofilm production. These authors [88] found that all tested isolates were positive for *icaA* and *icaD* genes, and most tested isolates produce slime, but not all slime positives produced biofilms *in vitro*. Similarly, a study in Poland found that all isolates were positive for *icaA* and *icaD* [80] genes. While adhesion is promoted with biofilm production, the *bap* gene prevents the invasion of host cells [83]. Despite the presence of the *ica* gene strongly support biofilm production, the presence of

the *ica* gene is not mandatory for biofilm production since *S. aureus* lacking *ica* gene can still produce biofilm through other microbial surface components recognizing adhesive matrix molecules (MSCRAM) and secreted proteins [89, 90].

## 2.4 Secretory factors

Some of the known secretory virulence factors are toxins which include staphylococcal enterotoxins, non-enteric exfoliative toxins, toxic shock syndrome toxin 1, leucocidin, and hemolysins (alpha, beta, delta, and gamma) [91, 92]. Similarly, enzymes such as coagulase, staphylokinase, DNAase, phosphatase, lipase, phospholipase, and hyaluronidase serve as virulence factors of *S. aureus* [93].

### 2.4.1 Hemolysins

*S. aureus* isolates from bovine mastitis produce alpha ( $\alpha$ ), beta ( $\beta$ ), gamma ( $\gamma$ ), and delta ( $\delta$ ) hemolysins that cause hemolysis of red blood cells of the host [94] and all are antigenically distinct.  $\alpha$ -hemolysin is a pore-forming toxin that binds to a disintegrin and metalloproteinase domain-containing protein-10 (ADAM10) receptor resulting in pore formation and cellular necrosis [95, 96]. It is also known to increase the inflammatory response and decrease macrophage function [97].  $\alpha$ -hemolysin damages the plasma membrane of the epithelial cell resulting in leakages of low-molecular-weight molecules from the cytosol and death of the cell [98]. It is produced by 20–50% of strains from bovine IMI [99]. A study reported that the  $\alpha$ -hemolysin might be required for a cell to cell interaction during biofilm formation [100].  $\beta$ -hemolysin hydrolyzes the sphingomyelin present in the plasma membrane resulting in increased permeability with progressive loss of cell surface charge [101]. It is produced by 75–100% of *S. aureus* strains from bovine IMI [99].  $\alpha$ -hemolysin expression requires specific growth conditions *in vitro* because its growth is inhibited by agar [102].  $\alpha$ -hemolysin producing strains cause complete hemolysis of sheep red blood cells, whereas  $\beta$ -hemolysin producing strains cause partial hemolysis within 24 h of incubation at 37°C [103]. Partial hemolysis caused by  $\beta$ -hemolysin becomes completely lysed after further storage at 4–15°C, which is also expressed as hot-cold lysis [104].  $\beta$ -hemolysin producing strains are the most frequent isolates from animals [105].  $\delta$ -hemolysin causes complete hemolysis of red blood cells of wide range of species including human, rabbit, sheep, horse, rat, guinea pig, and some fish erythrocytes.  $\delta$ -hemolysin migrates more slowly through agar than the  $\alpha$ -hemolysin so the effect takes longer time to express. Double ( $\alpha$ - and  $\beta$ -) hemolysin producing strains caused complete hemolysis in the middle with partial hemolysis on the peripheral area around each colony [105].  $\gamma$ -hemolysin is produced by almost every strain of *S. aureus*, but  $\gamma$ -hemolysin is not identifiable on blood agar plates, due to the inhibitory effect of agar on toxin activity [106].

### 2.4.2 Enterotoxins Enterotoxins

These toxins are heat stable and can resist pasteurization. *S. aureus* produces staphylococcal enterotoxins A, B, C, D, E, G, H, I, and J–Q as well as toxic shock syndrome toxin 1 (tsst-1) [105, 107, 108]. Enterotoxins can get into the food chain through the consumption of contaminated food and cause food poisoning [109]. Staphylococcal enterotoxins tend to contaminate dairy products and cause foodborne illness [110, 111]. Staphylococcal enterotoxins G to Q (SEG–SEQ) are prevalent among *S. aureus* isolates from cases of bovine mastitis and are also implicated in the pathogenesis of mastitis. Some of these toxins are known to function as

superantigens that cause increased immunological reactivity in the host [110]. Some studies showed that about 20% of *S. aureus* isolates from IMI produce toxic shock syndrome toxin-1 [109, 112]. Toxic shock syndrome toxin causes toxic shock syndrome and can be fatal [113]. Besides the superantigenic effect of enterotoxins, their role in the pathogenesis of mastitis is unknown. It may be specific to each strain or area based on selective pressures in the habitat [114]. Enterotoxin prevalence seems to vary between geographical regions. The strains producing enterotoxin C have been isolated relatively frequently from cases of bovine mastitis [108, 115, 116].

Enterotoxins are believed to have a role in the development of mastitis since *S. aureus* isolates from cases of mastitis had a high prevalence of enterotoxins than isolates from milk of cows without mastitis [117, 118]; however, staphylococcal enterotoxins expressions are controlled by several regulatory elements [119] that respond to a variety of different micro-environmental stimuli and the exact mechanisms by which enterotoxins contribute to the development of mastitis are not clearly known and yet to be determined.

In addition to specific virulence factors, *Staphylococcus aureus* also possesses different mechanisms or traits such as biofilm formation, adhesion to and invasion into mammary epithelial cells, and formation of small colony variant (SCV) that enable this pathogen to resist host defense mechanisms. The ability of *S. aureus* to invade mammary epithelial cells during mastitis plays a significant role in the pathogenesis of *S. aureus*. Internalized bacteria can hide from the host's immune system inside the host cell and continue to multiply inside the host cell [120]. There may be many mechanisms that *S. aureus* uses to invade into host cells, and each mechanism can be strain dependent. *S. aureus* strains have a fibronectin-binding protein that can link to the fibronectin on the mammary epithelial cell surface. Fibronectin binding protein is thought to be a common way for the bacteria cells to invade bovine mammary epithelial cells. Fibronectin-binding protein-deficient strains cannot invade host cells [121]. The presence of a capsule prevents adherence to epithelial cells [122, 123].

Adhesion is the first step in the formation of biofilm or the invasion of host cells, which protects the bacteria from the host immune system and facilitates chronic infection [124]. Adhesion is dependent on surface proteins called adhesins, which help the bacterium to recognize and attach to host cells. Staphylococci are coated with a wide variety of surface proteins that help them to adhere to host cells and extracellular matrix components. Microbial surface components recognizing adhesive matrix molecules (MSCRAMMs) of the host are the most common surface proteins that are involved in adhesion [124]. The ability to bind to host tissue or the host's cell surface is a pivotal part of the bacteria's pathogenicity because adhesion is typically the first step in the invasion and biofilm formation [125, 126].

Adhesion to and invasion into epithelial cells [124], intracellular survival in macrophages [127], and epithelial cells allow them to avoid detection by the host immune system and resist treatment with antibiotics [120]. Due to its poor response to treatments, *S. aureus* infections often become chronic with a low cure rate [128]. Treatment of *Staphylococcus aureus* mastitis with cloxacillin cured only 25% of the clinical cases and 40% of subclinical cases in the study by Tyler and Baggot [129]. *Staphylococcus aureus* also has a known ability to form biofilms [77, 78, 86] and acquire antimicrobial-resistance genes via horizontal resistance gene transfer, which enables this bacterium to develop antimicrobial resistance [130, 131].

The mode of transmission from infected mammary glands or colonized udder skin to healthy mammary glands is through contact during milking procedures with milker's hand, towel, and milking machine [58]. *S. aureus* usually causes subclinical or chronic infections and is difficult to clear with antibiotic treatment [132].



### 2.4.3 *Streptococcus agalactiae*

The most important virulence factor of *S. agalactiae* is the capsular polysaccharide [133], which protects this bacterium from being engulfed by macrophages and subsequently phagocytosed [133]. Another virulence factor of *S. agalactiae* is the Rib protein, which confers resistance to proteases. Emanuele et al. [133] found that the Rib encoding gene (*rib*) was detected in 89% of the isolates from bovine origin. *Streptococcus agalactiae* causes persistent infections that are usually difficult to clear without antibiotic treatment [134]. Though *Streptococcus agalactiae* is highly contagious, it has good response to treatment with antibiotics, which makes it possible to eliminate from herds with current mastitis control measures [129]. Since the adoption of hygienic milking practices, the incidence of mastitis caused by *S. agalactiae* has dramatically decreased and is now rarely observed in dairy herds [135].

### 2.4.4 *Mycoplasma mastitis*

Mastitis caused by *Mycoplasma* spp. is a growing concern in the United States. It is believed that this organism has been underreported due to the difficulty of isolation by culture method [136]. The incidence of *Mycoplasma* mastitis varies across the globe, with a 3.2% prevalence rate in the United States that may increase to 14.4% in larger herd size of greater than 500 cows [47, 48, 62, 137]. A risk factor for *Mycoplasma* mastitis increase with herd size, and most of the *Mycoplasma* mastitis cases are subclinical infections with outbreaks linked to asymptomatic carriers [138]. Pathogenesis of most *Mycoplasma* spp. infection is characterized by adherence to and internalization into host cells resulting in colonization of the host with immune modulation without causing severe disease [138]. *Mycoplasma* species lack a cell wall, thus not sensitive to beta-lactam antibiotics, but showed sensitivity to non-beta-lactam antibiotics [139].

## 3. Routes of entry of mastitis pathogens to the udder

In general, it is believed that mastitis pathogens gain entrance to the udder through teat opening into the teat canal and from the teat canal into the intramammary area during the reverse flow of milk due to vacuum pressure fluctuation of the milking machine [9]. However, the detailed mechanism of mastitis pathogen colonization of the mammary gland may vary among species of bacteria and the virulence factors associated with particular strain in each species. An example of this is in some cases; it has been shown that *E. coli* can penetrate the teat canal without the reverse flow of milk [9]. Some of the major mastitis pathogens, such as *E. coli* [140], *Staphylococcus aureus*, and *Streptococcus uberis* [20–22] can adhere to and subsequently invade into the mammary epithelial cells. This adherence and subsequent invasion into mammary epithelial cells allow them to persist in the intracellular area as well as to escape the host immune defenses attack and action of antimicrobial drugs [120, 140–144]. Dogan et al. [145] compared *E. coli* strains known to cause chronic infections with strains known to cause acute infections and found that chronic strains were more invasive to the epithelial cells, leading to the difficulty in clearance and persistent infection compared to acute strains. *S. aureus* enters the mammary gland through the teat opening and subsequently multiply in the mammary gland where they may form biofilms, attach to, and internalize into the mammary epithelial cells causing inflammation of mammary glands characterized by swelling, degeneration of epithelial cells, and epithelial erosions and ulcers [146, 147].

#### 4. Clinical manifestation of mastitis

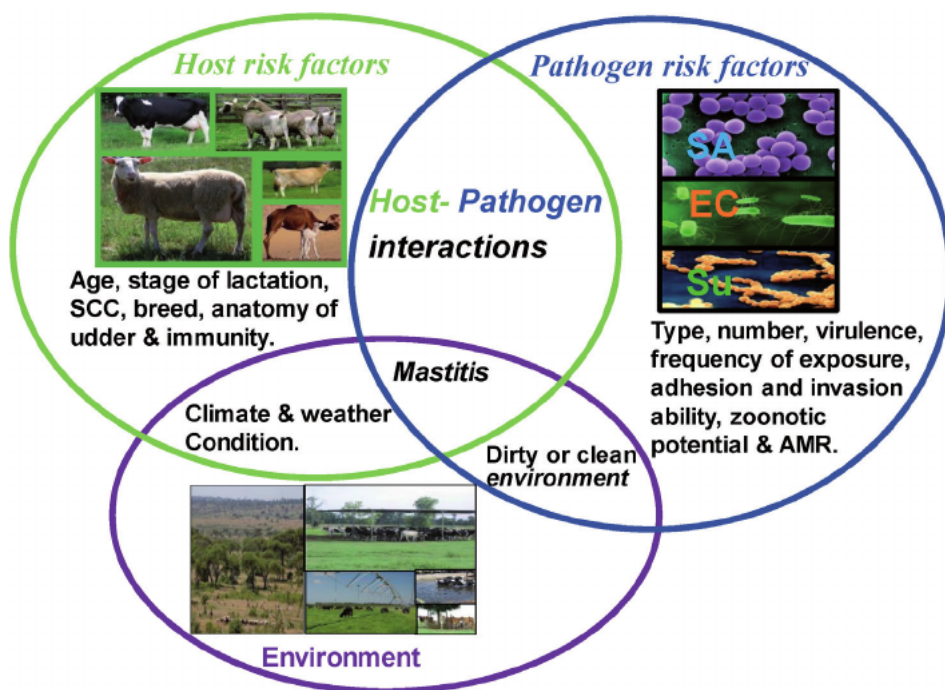
Depending on clinical signs, mastitis can also be divided into clinical and subclinical mastitis. Clinical mastitis is characterized by visible inflammatory changes (abnormalities) in the mammary gland tissue such as redness, swelling, pain, increased heart, and abnormal changes in milk color (watery, bloody, and blood tinged) and consistency (clots or flakes) [9]. Clinical mastitis can be acute, peracute, subacute, or chronic. Acute mastitis is a very rapid inflammatory response characterized by systemic clinical signs which include fever, anorexia, shock, as well as local inflammatory changes in the mammary gland and milk. Peracute mastitis is manifested by a rapid onset of severe inflammation, pain, and systemic symptoms that resulted in a severely sick cow within a short period of time. Subacute mastitis is the most frequently seen form of clinical mastitis characterized by few local signs of mild inflammation in the udder and visible changes in milk such as small clots. Chronic mastitis is a long-term recurring, persistent case of mastitis that may show few symptoms of mastitis between repeated occasional flare-ups of the disease where signs are visible and can continue over periods of several months. Chronic mastitis often leads to irreversible damage to the udder from the repeated occurrences of the inflammation, and often these cows are culled.

Subclinical mastitis is the inflammation of the mammary gland that does not create visible changes in the milk or the udder. Subclinical mastitis is an infection of mammary gland characterized by non-visible inflammatory changes such as a high somatic cell count coupled with shedding of causative bacteria through milk [9]. During this inflammatory process, the milk samples showed a rapid increase of somatic cells, characterized by increased number of neutrophils in the secretion [146, 148]. Despite increased recruitment of somatic cells into infected mammary glands, evidenced by an increased number of neutrophils, infection usually does not clear but became subclinical. Intramammary infections during early lactation may become acute clinical mastitis characterized by gangrene development due congestion and thrombosis (blockage) of blood supply to the tissue but most new infection during late lactation or dry period become acute or chronic mastitis [149, 150].

The increase in somatic cell count during subclinical infections leads to a decrease in useful components in the milk, such as lactose and casein [151]. Lactose is the sugar found in milk, and casein is one of the major proteins in milk and decreases in these two components affect the quality and quantity of milk yield [9]. During mastitis, there is an increase in lipase and plasmin, which have a detrimental effect on the quantity and quality of milk due to the breakdown of milk fat and casein [9]. Subclinical infections can reduce milk production by 10–12% when just one-quarter is infected [152]. These subclinical infections cause some of the greatest unseen economic [20] losses because of their detrimental impact on production and milk quality without showing visible signs of infection [152].

#### 5. Risk factors for mastitis

There are host-, pathogen-, and environmental-related risk factors that predispose dairy cows to mastitis. The host risk factors include age (parity), stage of lactation, somatic cell count, breed, the anatomy of the mammary glands/morphology of udder and teat (diameter of teat canal and conformation of the udder), and immune competence (immunity) [153] (**Figure 1**). The environmental risk factors include the proper functioning status of milking machine, udder trauma, sanitation, climate, nutrition, management, season, and housing condition [154]



**Figure 1.** Risk factors for mastitis. SA, *Staphylococcus aureus*; EC, *Escherichia coli*; SU, *Streptococcus uberis*; SCC, somatic cell count; AMR, antimicrobial resistance.

(**Figure 1**). The pathogen risk factors include type (bacteria, fungi, yeast, and algae), number (large number and small number), virulence (highly, moderate, or less virulent), frequency of exposure (dirty farm floor, dirty milking machine, and dirty teat drying towels frequently expose to pathogen; clean floor, clean milking machine, and clean teat drying towels less exposure to pathogens), ability to resist flushing out of the glands by milk (ability to adhere or attach to and invade or internalize into mammary epithelial cells), zoonotic (transmit from cow to human or vice versa) potential, and resistance to antimicrobials [4] (**Figure 1**). The warm, humid, and moist climate favors the growth of bacteria and increases the chances of intramammary infection (IMI) and mastitis development [154]. The incidence of mastitis varies from farm to farm due to the combined effects of these different factors that increase the risk of disease development.

Dairy cows are highly susceptible to IMI during the early dry period due to increased colonization of teat skin with bacteria. Bacterial colonization of teat increases during the early dry period because of an absence of hygienic milking practices including pre-milking washing and drying of teats [155], as well as pre- and post-milking teat dipping in antiseptic solutions [156, 157] that are known to reduce teat end colonization and infection. An udder infected during the early dry period usually manifests clinical mastitis during the transition period because of increased production of parturition inducing immunosuppressive hormones [158, 159], negative energy balance [160], and physical stress during calving [161].

## 6. Role of mastitis on public health

Mastitis is increasingly becoming a public health concern due to the ability of the causative bacterial pathogens and/or their products, such as enterotoxins, to

enter the food supply and cause foodborne diseases [109, 162], especially through the consumption of raw milk [29] and undercooked meat of culled dairy cows due to chronic mastitis that are usually sold to the slaughter (abattoir) for meat consumption. The Center for Disease Control (CDC) estimated that roughly 48 million people in the United States a year become sick from foodborne diseases [163]. Foodborne pathogens have been detected in bulk tank milk in multiple studies [164–167]. These authors found that the number of foodborne pathogens detected in bulk tank milk vary with location, management practices, hygiene, and number of animals on the farm [165]. Similarly, a study on bulk tank milk from east Tennessee and southwest Virginia by Rohrbach et al. [168] showed that 32.5% of the samples analyzed contained one or more foodborne pathogens. Even dairy producers who used proper hygienic milking practices, pre- and post-milking teat disinfectant and antibiotic dry cow therapy, had foodborne pathogens in their bulk tank milk [164]. The isolation of these foodborne pathogens from bulk tank milk samples across the United States demonstrate the threat that mastitis pathogens and zoonotic mastitis causing pathogens create on public health if raw milk is consumed or if these pathogens make it through processing.

## 7. Conclusions

Bovine mastitis is the most important multifactorial disease of dairy cattle throughout the world. Mastitis is responsible for huge economic losses to the dairy producers and milk processing industry due to reduced milk production, alterations in milk composition, discarded milk, increased replacement costs, extra labor, treatment costs, and veterinary services. Many factors including pathogen, host, and environment can influence the development of mastitis. Mastitis, the inflammation of the mammary gland is usually a consequence of adhesion, invasion, and colonization of the mammary gland by one or more mastitis pathogens such as *Staphylococcus aureus*, *Streptococcus uberis*, and *Escherichia coli*.

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# Control and Prevention of Mastitis: Part Two

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## Abstract

Current mastitis control measures are based upon good milking time hygiene; use of properly functioning milking machines; maintaining clean, dry, comfortable housing areas; segregation and culling of persistently infected animals; dry cow antibiotic therapy; proper identification and treatment of cows with clinical mastitis during lactation; establishing udder health goals; good record-keeping; regular monitoring of udder health status and periodic review of mastitis control program. Despite significant effect of these control measures when fully adopted, especially on contagious mastitis pathogens, these measures are not equally adopted by all farmers, and mastitis continues to be the most common and costly disease of dairy cattle throughout the world.

**Keywords:** mastitis, prevention, control, hygiene, antimicrobial, vaccine, treatment

## 1. Introduction

Despite significant effect of current ten points mastitis control measures when fully adopted, especially on contagious mastitis pathogens, these measures are not equally adopted by all farmers, and mastitis continues to be the most common and costly disease of dairy cattle throughout the world.

Despite decades of research to develop effective vaccines against major bacterial mastitis pathogens such as *Staphylococcus aureus*, *Streptococcus uberis*, and *E. coli*, in dairy cows, effective intramammary immune mechanism is still poorly understood, perpetuating reliance on antibiotic therapies to control mastitis in dairy cows. Dependence on antibiotics is not sustainable because of its limited efficacy and increased risk of emergence of antimicrobial-resistant bacteria that pose serious public health threats. Most vaccination strategies for prevention of mastitis have focused on the enhancement of humoral immunity. Development of vaccines that induce a protective cellular immune response in the mammary gland has not been well investigated. The ability to induce cellular immunity, especially neutrophil activation and recruitment into the mammary gland, is one of the key strategies in the control of mastitis, but the magnitude and duration of increased cellular recruitment into the mammary gland will lead to a high number of somatic cells and poor milk quality. So the sustainable control measure is to develop effective vaccines that can induce potent and effective balanced (cellular and humoral) immunity, which prevents production losses and reduces clinical severity of mastitis without stimulating a marked inflammatory response of long duration.

## 2. Hygienic control measures

Current mastitis control programs devised in the 1960s based on teat disinfection, antibiotic therapy, and culling of chronically infected cows have led to considerable progress in controlling contagious mastitis pathogens such as *Streptococcus agalactiae* and *Staphylococcus aureus*. However, these procedures are much less effective against environmental pathogens, particularly *Streptococcus uberis* and *E. coli* which accounts for a significant proportion of subclinical and clinical mastitis in lactating and nonlactating cows and heifers [1–4]. The National Mastitis Council developed a 5-point mastitis control program in 1969 to control the incidence rate of mastitis. This 5-point mastitis control program includes (1) dipping teats in an antiseptic solution before and after milking, (2) proper cleaning and maintenance of milking equipment, (3) early detection and treatment of infected animals, (4) dry cow therapy with long acting antibiotics to reduce duration of existing infection and to prevent new intramammary infection, and (5) finally culling chronically infected animals [5, 6]. Later, it was updated to a 10-point plan, which includes more steps such as establishing udder health goals, maintain clean, dry, and comfortable environment, proper milking procedures, proper maintenance and use of milking equipment, good record keeping, management of clinical mastitis during lactation, effective dry cow management including blanket dry cow therapy, maintenance of good biosecurity for contagious pathogens and marketing chronically infected cows, regular monitoring of udder health status, and periodic review of mastitis control program [7]. Though these hygienic milking practices and control measures decrease bacterial spreading, transmission, and subsequent infection, it does not fully prevent infections from establishing. Dairy farmers utilize antimicrobials as a prophylactic treatment for the prevention of mastitis or as therapeutics to treat cases of mastitis [8].

## 3. Use of antimicrobials for treatment and prevention of mastitis

Antibiotics are used extensively in food-producing animals to combat disease and to improve animal productivity. On dairy farms, antibiotics are used for treatment and prevention of diseases affecting dairy cows, particularly mastitis, and are often administered routinely to entire herds to prevent mastitis during the dry or non-lactating period. Use of antibiotics in food-producing animals has resulted in healthier, more productive animals; lower disease incidence and prevalence rates, reduced morbidity and mortality; and production of abundant quantities of nutritious, high-quality, and low-cost food for human consumption. In spite of these benefits, there is considerable concern from public health, food safety, and regulatory perspectives about use of antibiotics in food-producing animals [9]. There has been a growing concern with the extensive use of antimicrobials in production animals, especially non-therapeutic usage such as dry cow therapy in the case of dairy production, because of potential emergence and spread of antimicrobial resistant bacteria. There has been an increased incidence of antimicrobial resistant bacteria both in human and animal medical services.

In almost all dairy farms in the US and many other countries, intramammary infusion of long-acting antimicrobials to dairy cows at dry-off is a routine practice to prevent bacterial IMI during the dry period. Over 90% of dairy farms in the US

infuse all udder quarters of all cows with antimicrobial (blanket dry cow therapy) regardless of their health status [8, 10, 11]. Antibiotics are also heavily used in dairy farms for the treatment of cases of mastitis and other diseases of dairy cows such as metritis, endometritis, retained placenta, lameness, and pneumonia. Similarly, antibiotics are also used for the treatment of neonatal calf diarrhea and pneumonia in dairy calves. This practice exposes a large number of animals to antimicrobials and increases the use of antimicrobials in dairy farms. Antimicrobials for the treatment of mastitis are given through intramammary infusion as well as administered parenterally to dairy herd for the treatment of clinical (acute or peracute) mastitis and other periparturient diseases of dairy cows such as metritis, endometritis, retained placenta, and others like lameness and pneumonia. Antimicrobial treatment for neonatal diarrhea and pneumonia are also given through parenteral routes. Some farms also feed waste milk (discarded milk during antibiotic treatment, milk after parturition before allowed into the bulk tank) to heifer calves, which puts their gastrointestinal tract (GIT) microbiota under antibiotics pressure. Antibiotics infused into the mammary glands can be excreted to the environment through leakage of milk from the antibiotic-treated udder or absorbed into the body and enter the blood circulation and biotransformed (pharmacokinetics) in the liver or kidney and excreted from the body through urine or feces into the environments. Therefore, both parenteral and intramammary administration of antibiotics has a significant impact on other commensals or opportunistic bacteria in the gastrointestinal tract of dairy cows. This practice exposes large numbers of healthy cows to antimicrobials and also increases the use of antimicrobials in dairy farms, which in turn creates intense pressure on microbes in animals' body and farm environments.

Intramammary infection may progress to clinical or subclinical mastitis [12]. Clinically infected udder is usually treated with antimicrobial, whereas subclinically infected udder may not be diagnosed immediately and treated but remained infected and shedding bacteria through milk throughout lactation. The proportion of cure following treatment of mastitis varies and the variation in cure rate is multifactorial including cow factors (age or parity number, stage of lactation, and duration of infection, etc.), management factors (detection and diagnosis of infection and time from detection to treatment, availability of balanced nutrition, sanitation, etc.), factors related to antimicrobial use patterns (type, dose, route, frequency, and duration), and pathogen factors (type, species, number, pathogenicity or virulence, resistance to antimicrobial, etc.) [13, 14].

The most common antibiotics used to treat mastitis include cephalosporins (53.2%), followed by lincosamide (19.4%) and non-cephalosporin  $\beta$ -lactam antibiotics (19.1%) [8]. The problem with the use of non-selective blanket antimicrobials administration to dairy cows as a prophylactic control of mastitis is that they put selective pressure on both mastitis-causing bacteria as well as commensal bacteria in the animals' body [15, 16]. The ultimate result may not be different but the exposure level to antibiotics and its biotransformed products are different for the bacteria in the gut, in the mammary glands, and dairy farm environments during use of antimicrobials for prevention and treatment of mastitis and other diseases of dairy cattle. This selective pressure can result in antimicrobial resistant bacteria that become difficult to clear and persistent on farms and spread among animals [17]. The antimicrobial resistant bacteria or their genes may spread from these sources to human or animals or to other bacteria. McAllister et al. [18] found that CNS could potentially transfer penicillin, cephalosporins, and fluoroquinolones resistant genes to *S. aureus*. The transfer of these antibiotic resistance genes could

lead to the development of antimicrobial resistant bacteria including methicillin-resistant *S. aureus* (MRSA) [18]. Treatment of *Staphylococcus aureus* mastitis with antibiotics is of limited success which may dictate the culling of the animal [14, 19]. Until recently, MRSA was a common antimicrobial resistant strain mainly found in human hospitals; however, recent findings indicated that it has also been increasingly isolated from cattle herds [20]. The major problem with MRSA is that it is mostly resistant to multiple commonly used antimicrobials (multidrug resistant) and difficult to control and eliminate [21]. On an average, the cure rate of lactating cow therapy against *S. aureus* mastitis is about 30% or less [22]. Currently, there is no effective vaccine against bovine *S. aureus* mastitis [23], and since treatment is of limited efficacy, control of *S. aureus* mastitis focuses on prevention of contamination and spread, rather than treatment [14, 19].

Antimicrobial resistance is a growing problem in *Staphylococcus aureus* mastitis. Antimicrobial resistance helps bacteria to stay alive after treatment with antibiotics and some of the mechanisms of resistance are the presence of antimicrobial resistance genes that can spread by horizontal transfer from bacteria to bacteria by mobile genetic elements such as plasmids, phages, and pathogenicity islands [24]. This resistance can also occur through random mutations when the bacteria are under stress [25]. In the cases of mastitis, the prevalence of antimicrobial resistant bacteria seems to be increasing at least for some antimicrobials. Studies reported over 50% of isolates that cause mastitis were resistant to either beta lactam drugs or penicillin [26]. In human medicine, methicillin resistant *S. aureus* (MRSA) is a huge problem because MRSA strains are resistant to most of antibiotics making them very difficult or impossible to treat. There have also been reports of cases of bovine mastitis caused by MRSA [27–30]. Some report that these infections are due to the human strain, but others have found MRSA strains of bovine origin [21, 31]. These authors suggested that MRSA strains isolated from bovine probably gain resistance from human MRSA strain through transfer of resistance genes [32].

Waller et al. [33] evaluated the antimicrobial susceptibility of CNS and found a difference across the species on  $\beta$ -lactamase production. Similarly, Sawant et al. [34] found that 18% and 46 of the *S. chromogenes* and *S. epidermidis* isolates produce  $\beta$ -lactamase, respectively. Sampimon et al. [35] also found a 70% resistance to penicillin in *S. epidermidis*, but more importantly found that 30% of the CNS were resistant to more than one antimicrobial.

From antimicrobial resistance perspective, environmental mastitis pathogens are very important for two reasons: (1) some members of environmental mastitis pathogens are either normal microflora or opportunistic pathogens in the gastrointestinal tract of dairy cows and frequently exposed to antimicrobials directly through oral or indirectly through parenteral routes; (2) despite strain variation, some of them are highly pathogenic for human (for example, *E. coli* 0157:H7 is normal microflora in the rectum of cattle). Of significant concern is the potential for human infection by antimicrobial-resistant environmental mastitis pathogens such as extended-spectrum beta-lactam resistant *E. coli* directly through contact with carrier animal or indirectly through the food chain. Some of the Gram-negative environmental mastitis pathogens, such as *E. coli*, *Klebsiella pneumoniae*, *Acinetobacter baumannii*, *Pseudomonas aeruginosa*, and *Enterobacter* spp. are the greatest threat to human health due to the emergence of strains that are resistant to all or most available antimicrobials [36, 37].

In general, the antimicrobial resistance of mastitis pathogens varies with dairy farms and bacterial species within and among dairy farms [11, 38–42]. However, the antimicrobial-resistance status of human pathogenic environmental mastitis pathogens, especially the resistance status of Gram-negative environmental mastitis

pathogens in the family of *Enterobacteriaceae*, is yet to be determined. Monitoring antimicrobial resistance patterns of bacterial isolates from cases of mastitis is important for treatment decisions and proper design of mitigation measures. It also helps to determine emergence, persistence, and potential risk of the spread of antimicrobial-resistant bacteria and resistome to human, animal, and environment [17, 43]. The prudent use of antimicrobials in dairy farms reduces emergence, persistence, and spread of antimicrobial-resistant bacteria and resistome from dairy farms to human, animal, and environment.

#### 4. Vaccines

Several vaccine studies were conducted over the years as controlled experimental and field trials. Some of the most common mastitis pathogens that have been targeted for vaccine development are *S. aureus*, *S. agalactiae*, *S. uberis*, and *E. coli* [44]. Most of these experimental and some commercial vaccines are bacterins which are inactivated whole organism, and some vaccines contained subunits of the organism such as surface proteins [45], toxins, or polysaccharides.

All coliform mastitis vaccine formulations use Gram-negative core antigens to produce non-specific immunity directed against endotoxin (LPS) [44]. The principle of these bacterins is based upon their ability to stimulate production of antibodies directed against common core antigens that Gram-negative bacteria share. These vaccines do not prevent new intramammary infection but significantly reduced the clinical severity of the infection [46–48]. Experimental challenge studies have demonstrated that J5 vaccines are able to reduce bacterial counts in milk and resulted in fewer and less severe clinical symptoms [47]. Vaccinated cows may become infected with Gram-negative mastitis pathogens at the same rate as control animals but have a lower rate of development of clinical mastitis [48], reduced duration of infection [46], less loss of milk production, culling, and death losses [49, 50]. The Eviracor® J5 *E. coli* vaccine (Zoetis, Kalamazoo, MI), [51, 52], as well as the UBAC® *S. uberis* vaccine (Hipra, Amir, Spain), [53] are similar to vaccination with nonspecific killed whole bacterial cells (bacterin vaccines), achieving only partial reduction in clinical severity of mastitis.

Despite several mastitis vaccine trials conducted against *S. aureus* mastitis [54–65], all field trials have either been unsuccessful or had limited success. There are two commercial vaccines for *Staphylococcus aureus* mastitis on the market, Lysigin® (Boehringer Ingelheim Vetmedica, Inc., St. Joseph, MO) in the United States and Startvac® (Hipra S.A, Girona, Spain) in Europe and Canada [66]. None of these vaccines confer protection in field trials as well as under controlled experimental studies [54, 58, 62, 67]. Several field trials and controlled experimental studies have been conducted testing the efficacy of Lysigin® and Startvac® and results from those studies have shown some interesting results, namely a reduced incidence, severity, and duration of mastitis in vaccinated cows compared to non-vaccinated control cows [54, 62, 68]. Contrary to these observations, other studies failed to find an effect on improving udder health or showed no difference between vaccinated and non-vaccinated control cows [66, 69]. None of these bacterin-based vaccines prevents new *S. aureus* IMI [54, 58, 62, 67]. Differences found in these studies are mainly due to methodological differences (vaccination schedule, route of vaccination, challenge model, herd size, time of lactation, etc.) in testing the efficacy of these vaccines. It is critically important to have a good infection model that mimics natural infection and a model that has 100% efficacy in causing infection. Without a good challenge model, the results from vaccine efficacy will be inaccurate.



## **5. Conclusions**

Current mastitis control programs are based on teat disinfection, antibiotic therapy, and culling of chronically infected cows. There is no single effective vaccine against any mastitis pathogen. The physiological nature of mammary glands where induced systemic immune responses need to cross from the body into the mammary glands, the dilution of effector immune responses by large volume of milk coupled with the ability of mastitis causing bacteria to develop immune evasion mechanisms and resistance to antimicrobials makes control of mastitis very difficult. However, developing improved and effective vaccines that overcomes these constraints using these quickly advancing molecular, genomic and immunological tools is a sustainable intervention approach.

Use of antibiotics in food-producing animals does contribute to increased antimicrobial resistance in dairy cattle and farm environments. Antimicrobial resistance among dairy pathogens, particularly those bacterial strains that cause mastitis in dairy cattle, is not increasing at alarming rate. However, antimicrobial resistance among Gram-negative bacteria particularly those strains that mainly cause disease in humans are extremely high in dairy cattle and dairy farm environments. Transmission of an antimicrobial resistant mastitis pathogen and/or foodborne pathogen to humans could occur through direct contact with animal or indirectly through the food chain, if contaminated unpasteurized milk or dairy products made from contaminated raw milk is consumed, which is another very important reason why people should not consume raw milk. Likewise, resistant bacteria contaminating meat from culled dairy cows can easily transmit to humans through consumption of undercooked meat.

We emphasize and recommend the prudent use of antibiotics in dairy farms. Strategies involving prudent use of antibiotics for treatment encompass identification of the pathogen causing the infection, determining the susceptibility/resistance pattern of the pathogen to assess the most appropriate antibiotic to use for treatment, and a long enough treatment duration to ensure effective concentrations of the antibiotic to eliminate the pathogen. Alternatives to use of antibiotics for maintaining animal health and productivity based on preventative measures, such as vaccination, improved nutrition, environmental sanitation, use of teat sealants, and selection for disease resistance genetic traits together with advances in more rapid pathogen detection and characterization systems will undoubtedly play an integral role in strategies aimed at improving dairy productivity with improved safety of dairy products for human consumption.

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# Current Status of Antimicrobial Resistance and Prospect for New Vaccines against Major Bacterial Bovine Mastitis Pathogens

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## Abstract

Economic losses due to bovine mastitis is estimated to be \$2 billion in the United States alone. Antimicrobials are used extensively in dairy farms for prevention and treatment of mastitis and other diseases of dairy cattle. The use of antimicrobials for treatment and prevention of diseases of dairy cattle needs to be prudent to slow down the development, persistence, and spread of antimicrobial-resistant bacteria from dairy farms to humans, animals, and farm environments. Because of public health and food safety concerns regarding antimicrobial resistance and antimicrobial residues in meat and milk, alternative approaches for disease control are required. These include vaccines, improvements in housing, management practices that reduce the likelihood and effect of infectious diseases, management systems and feed formulation, studies to gain a better understanding of animal behavior, and the development of more probiotics and competitive exclusion products. Monitoring antimicrobial resistance patterns of bacterial isolates from cases of mastitis and dairy farm environments is important for treatment decisions and proper design of antimicrobial-resistance mitigation measures. It also helps to determine emergence, persistence, and potential risk of the spread of antimicrobial-resistant bacteria and resistome from these reservoirs in dairy farms to humans, animals, and farm environments.

**Keywords:** antimicrobial resistance, vaccines against mastitis, bovine mastitis, bacterial mastitis pathogens, bacterial pathogens, current status

## 1. Introduction

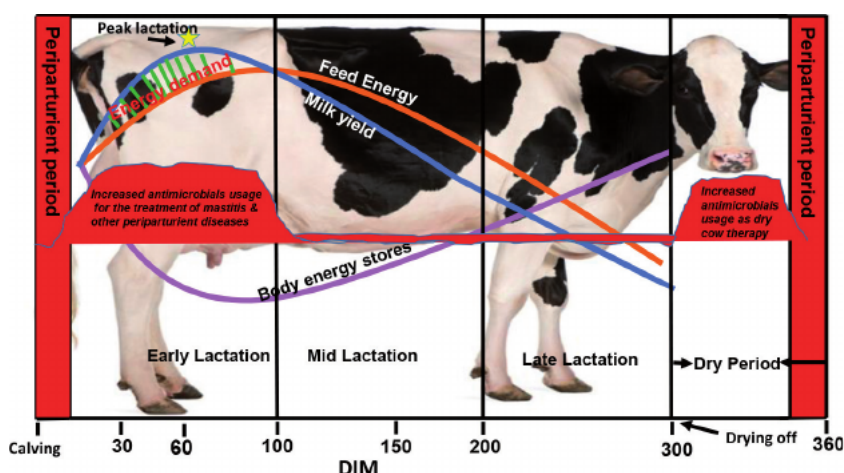
### 1.1 Antibiotic use in dairy farms and antimicrobial resistance

Economic losses due to bovine mastitis is estimated to be \$2 billion in the United States alone [1]. Most studies showed that there is no widespread, emerging resistance among mastitis pathogens [2–4] in dairy farms. Some studies showed that the antimicrobial resistance of mastitis pathogens varies with dairy farms and bacterial species within and among dairy farms [4–9]. However, antimicrobial resistance patterns of human pathogenic bacteria and their resistome in dairy farms might be of significant concern.

On average, starting from calving (giving birth) dairy cow is milked (in lactation) for about 300 days and then dried off (stop milking) for about 60 days before they calve again. Under the ideal dairy farming condition, a dairy cow should become pregnant within 60 days of calving, and the lactation cycle continues (**Figure 1**). The goal of a dry period is to give them a break from milking so that milk-producing cells regenerate, multiply, and ready for the next cycle of lactation. The incidence of intramammary infection (IMI) by bacteria is high during the early dry period and transition periods [10]. In general, for a dairy cow, a transition period, also known as the periparturient period, is a time range from three weeks before parturition (non-milking time) until three weeks after calving (milking time). It is a transition time from non-milking to milking.

Dairy cows are susceptible to mastitis during early non-lactating (dry period) and transition periods [11, 12], especially new infection with environmental pathogens (*Streptococcus* spp. and coliform) are highest during the first two weeks after drying off and last two weeks before calving [13] compared to contagious mastitis pathogens such as *S. aureus* [14]. The incidence of intramammary infection is high during the early dry period because of an absence of hygienic milking practices such as pre-milking teat washing and drying [15], pre- and post-milking teat dipping in antiseptic solutions [16, 17], that are known to reduce teat end colonization by bacteria and infection. An udder infected during the early dry period usually manifests clinical mastitis during the transition period [18] because of increased production of parturition inducing immunosuppressive hormones [19], negative energy balance [12], and physical stress during calving [20].

Cows are naturally protected against intramammary infections during the dry period by physical barriers such as the closure of teat opening by smooth muscle (teat sphincter) and the formation of a keratin plug, fibrous structural proteins (scleroproteins) [21, 22], in the teat canal produced by teat canal epithelium [23]. Keratin contains a high concentration of fatty acids, such as lauric, myristic, and palmitoleic acids, which are associated with reduced susceptibility to infection and stearic, linoleic, and oleic acids that are associated with increased susceptibility to infection. Keratin also contains antibacterial proteins that can damage the cell wall of some bacteria by disrupting the osmoregulatory mechanism [23]. However, the



**Figure 1.**

Antimicrobials usage patterns during the lactation cycle. DIM: Days in milk, yellow star: Peak lactation at 60 DIM, green bars: Energy demand that requires the mobilization of body energy reserve at the expense of losing bodyweight, red bumps showed increased usage of antimicrobials.

time of teat canal closure varies among cows. Some studies showed that 50% of teat canals were classified as closed by seven days after drying off, 45% closed over the following 50–60 days after drying off, and 5% had not closed by 90 days after dry off [24]. Teats that do not form a plug-like keratin seal are believed to be most susceptible to infection. Infusion of long-acting antimicrobials into the udder at drying-off (dry cow therapy) has been the major management tool for the prevention of IMI during the dry period, as well as to clear IMI established during the previous lactation [24].

In the United States and many other countries at the end of lactation (at drying off), all cows regardless of their health status, are given an intramammary infusion of long-acting antimicrobials (blanket dry cow therapy) to prevent IMI by bacteria during the dry period [3, 25]. Because of increased concern on the use of blanket dry cow therapy for its role in driving antimicrobial resistance, selective dry cow therapy (intramammary infusion of antimicrobials into only quarters that have tendency or risk of infection) has been under investigation [26, 27]. Some recent studies showed that the use of bacteriological culture-based selective dry cow therapy at drying-off did not negatively affect cow health and performance during early lactation [26, 27]. In general, dairy farms are one of the largest users of antimicrobials including medically important antimicrobials [28]. Some of the antimicrobials used in dairy farms include beta-lactams (penicillins, Ampicillin, oxacillin, penicillin-novobiocin), extended-spectrum beta-lactams (third-generation cephalosporins, e.g., ceftiofur), aminoglycosides (streptomycin), macrolides (erythromycin), lincosamide (pirlimycin), tetracycline, sulfonamides, and fluoroquinolones [28–30]. Antimicrobials are also heavily used in dairy farms for the treatment of cases of mastitis [3, 25, 31] and other diseases of dairy cows such as metritis, retained placenta, lameness, diarrhea, pneumonia, [32–36] and neonatal calf diarrhea [37]. Over 90% of dairy farms in the US infuse all udder quarters of all cows with antimicrobial regardless of their health status [7, 25, 38]. According to dairy study in 2007 that was conducted in 17 major dairy states in the United States, 85.4% of farms use antibiotics for mastitis, 58.6% for lameness, 55.8% for diseases of the respiratory system, 52.9% for diseases of reproductive system, 25% for diarrhea or gastrointestinal infections and 6.9% for all other health problems [3, 25]. Cephalosporins were the most widely used antibiotics for the treatment of mastitis, followed by lincosamides and non-cephalosporin beta-lactam antibiotics [3, 25]. The two most commonly used antibiotics for dry cow therapy are Penicillin G/dihydrostreptomycin and cephalosporins [3, 25]. Antimicrobials were administered for the prevention and treatment of mastitis and other diseases of dairy cattle mainly through intramammary infusion and intramuscular route (USDA APHIS, 2009a). Antimicrobials infused into the mammary glands can be excreted to the environment through leakage of milk from the antimicrobial-treated udder or absorbed into the body and enter the blood circulation and biotransformed in the liver or kidney and excreted from the body through urine or feces into the environments [39–42]. Similarly, antimicrobials administered through parenteral routes for the treatment of acute or peracute mastitis or other diseases of dairy cows will enter the blood circulation and biotransformed in the liver or kidney and excreted from the body through urine or feces into the environments [39–42]. Therefore, both parenteral and intramammary administration of antibiotics has a significant impact on other commensals or opportunistic bacteria in the gastrointestinal tract of dairy cows and farm environments.

In addition to the use of antimicrobials for the prevention and treatment of mastitis and other diseases of dairy cattle, some farms also feed raw waste milk or pasteurized waste milk from antibiotic-treated cows to dairy calves. Feeding of

raw waste milk or pasteurized waste milk from antibiotic-treated cows to calves increases pressure on gut microbes such as *E. coli* to become antimicrobial-resistant [43–45]. Aust et al. [43] showed that the proportion of antimicrobial-resistant *E. coli*, especially cephalosporin-resistant *E. coli* isolates, was significantly higher in calves fed waste milk or pasteurized waste milk from antimicrobial treated cows than calves fed bulk tank milk from non-antibiotic treated cows. However, pasteurized waste milk from cows not treated with antimicrobials is acceptable to be feed to young calves [43] but it is not known if pasteurization prevents the transfer of antimicrobial-resistant genes to microbes in the calve's gut. Some studies also showed that feeding pasteurized waste milk from antimicrobial treated cows to calves increased the presence of phenotypic resistance to ampicillin, cephalothin, ceftiofur, and florfenicol in fecal *E. coli* compared with milk replacer-fed calves [45]. However, the presence of resistance to sulfonamides, tetracyclines, and aminoglycosides was common in dairy calves regardless of the source of milk, suggesting other driving factors for resistance development [45]. It has been suggested that antimicrobial residues present in waste milk have a non-specific effect at a lower taxonomical level [44]. Collectively, these non-prudent antimicrobials usage practices in dairy farms expose a large number of animals in dairy farms to antimicrobials and also increases the use of antimicrobials in dairy farms, which in turn creates intense pressure on microbes in animals' body especially commensal and opportunistic microbes in the gastrointestinal tract and farm environments. Some of these commensal bacteria in the animal body are serious human pathogens (e.g., *E. coli* O157:H7). *Staphylococcus aureus* is one of the pathogens with a known ability to develop antimicrobial resistance and established *S. aureus* infections are persistent and difficult to clear. The failure to control these infections leads to the presence of reservoirs in the dairy herd, which ultimately leads to the spread of the infection and the culling of the chronically infected cows [46, 47].

Monitoring antimicrobial resistance patterns of bacterial isolates from cases of mastitis is important for treatment decisions and proper design of mitigation measures. It also helps to determine emergence, persistence, and potential risk of the spread of antimicrobial-resistant bacteria and resistome to human, animal, and environment [48, 49]. The prudent use of antimicrobials in dairy farms reduce emergence, persistence, and spread of antimicrobial-resistant bacteria and resistome from dairy farms to human, animal, and environment.

## 1.2 Transmission of antimicrobial-resistant bacteria from dairy farms to human

Most studies showed that there is no widespread, emerging resistance among mastitis pathogens [2–4] in dairy farms. However, dairy farms may serve as a source of antimicrobial-resistant human pathogenic bacteria. Extensive use of third-generation cephalosporins (3GCs) in dairy cattle for the prevention and treatment of mastitis [3, 25, 28] and other diseases of dairy cattle [31, 32] can result in the carriage of extended-spectrum beta-lactamase producing *Enterobacteriaceae* (ESBL Ent) [50, 51]. Third- and fourth-generation cephalosporins are commonly used for the treatment of invasive Gram-negative bacterial infections in humans [52–54]. In 2017, there were an estimated 197,400 cases of ESBL Ent among hospitalized patients and 9100 estimated deaths in the US alone [55]. Among *Enterobacteriaceae*, *Escherichia coli* (*E. coli*) is the most common bacteria that reside in the gut as normal microflora or opportunist pathogen of animals and humans. However, certain pathogenic strains can cause diseases such as mastitis in cattle, neonatal calf diarrhea in calves and hemorrhagic enteritis, and more life-threatening conditions such as hemolytic uremic syndrome and urinary tract infections in humans. New strains of multi-drug resistant foodborne pathogens that produce extended-spectrum



beta-lactamases that inactivate nearly all beta-lactam antibiotics have been reported [30]. Ceftiofur is the most common 3GC used in dairy cattle operations [56]. The 3GCs are also critically important antibiotics for the treatment of serious infections caused by *Enterobacteriaceae* such as *Escherichia coli* (*E. coli*) and *Salmonella* spp. in humans [57, 58]. The use of structurally and chemically similar antibiotics in dairy cattle production and human medicine may lead to co-resistance or cross-resistance [52–54]. Some of the species of Gram-negative environmental mastitis pathogens, such as *E. coli*, *Klebsiella pneumoniae*, *Acinetobacter* spp., *Pseudomonas* spp., *Enterobacter* spp. are the greatest threat to human health due to the emergence of strains that are resistant to all or most available antimicrobials [59, 60].

The resistance of *Enterobacteriaceae* to 3GC is mainly mediated by the production of extended-spectrum beta-lactamase enzymes (ESBLs) that breakdown 3GC [61]. *E. coli* is one of the most frequently isolated *Enterobacteriaceae* carrying ESBL genes (*bla*<sub>CTX-M</sub>, *bla*<sub>SHV</sub>, *bla*<sub>TEM</sub>, and *bla*<sub>OXA</sub>) families [62–64]. These ESBL genes are usually carried on mobile plasmids along with other resistance genes such as tetracycline, quinolones, and aminoglycosides. *E. coli* resides in the gastrointestinal tract of cattle as normal or opportunistic microflora, but some strains (for e.g., 0157:H7) cause serious infection in humans [58], indicating that cattle could serve as a reservoir of ESBLs producing *E. coli* (ESBLs *E. coli*) for human.

In the US, the occurrence of ESBLs *E. coli* in the dairy cattle was reported a decade ago from Ohio [52] and few previous studies reported the occurrence and an increase in the trend of ESBLs *E. coli* in the dairy cattle production system [52, 53, 65–67]. However, recent studies increasingly showed the rise of ESBLs *E. coli* in the cattle [51, 52, 65, 67]. Similarly, reports from the Center for Disease Control (CDC) showed a continuous increase in the number of community-associated human infections caused by ESBLs-producing *Enterobacteriaceae* [55]. This CDC report showed a 9% average annual increase in the number of hospitalized patients from ESBLs pathogens in six consecutive years (from 2012 to 2017). As a result, the human health sector tends to blame dairy farms that routinely use the 3GC for the rise of ESBLs pathogens such as *E. coli* [55, 68]. However, despite the general believe of possibility of transmission of antimicrobial-resistant bacteria from dairy farms to humans directly through contact or indirectly through food chain, there was no clear evidence-based data that showed the spread of antimicrobial-resistant bacteria from the dairy production system to humans. The opinion of the scientific community on the factors that drive the emergence and spread of antimicrobial-resistant bacteria also varies [69]. Transmission of an antimicrobial-resistant pathogen to humans could occur if contaminated unpasteurized milk and/or undercooked meat from culled dairy cows due to chronic mastitis is consumed [70]. So it is crucial to pasteurize milk or cook meat properly to reduce the risk of infection by antimicrobial-resistant bacteria [71]. It is not known, if pasteurization or proper cooking prevents the transfer of resistant genes from milk or meat to commensal or opportunistic bacteria in the human gastrointestinal tract (GIT), or the GIT of calves fed pasteurized waste milk. Mechanisms of antibiotic resistance gene transfer from resistant to susceptible bacteria are not well known, and killing resistant pathogens alone may not be good enough to prevent the transfer of the resistance gene. Non-prudent use of antimicrobials in dairy farms increases selection pressure, which could result in the emergence, persistence, and horizontal transfer of antimicrobial-resistant determinants from resistant to non-resistant bacteria. Bacteria exchange resistance genes through mobile genetic elements such as plasmids, bacteriophages, pathogenicity islands, and these genes may ultimately enter bacteria pathogenic to humans or commensal or opportunistic bacterial pathogens. The prudent use of antimicrobials in dairy farms requires identification of the pathogen causing

mastitis, determining the susceptibility/resistance of the pathogen, and proper dose, duration, and frequency of treatment to ensure effective concentrations of the antibiotic to eliminate the pathogen.

2. Prospects for effective vaccines against major bacterial mastitis pathogens

Despite decades of research to develop effective vaccines against major bacterial bovine mastitis pathogens such as *Staphylococcus aureus*, *Streptococcus uberis*, and *E. coli*, the effective intramammary immune mechanism is still poorly understood, perpetuating reliance on antibiotic therapies to control mastitis in dairy cows. Dependence on antimicrobials is not sustainable because of their limited efficacy [46, 47] and increased risk of emergence of antimicrobial-resistant bacteria that pose serious public health threats [4, 72–74]. Neither of the two currently available commercial Bacterin vaccines against *S. aureus* (**Table 1**), Lysigin® (Boehringer Ingelheim Vetmedica, Inc., St. Joseph, MO) in the USA and Startvac® (Hipra, Girona, Spain) in Europe and other countries, confer protection from new intramammary infection under field trials as well as under controlled experimental challenge studies [75–81].

There are four commercial vaccines against *E. coli* mastitis which include 1) the Eviracor®J5 (Zoetis, Kalamazoo, MI), [82, 83], 2) Mastiguard®, 3) J-VAC® (Merial-Boehringer Ingelheim vet medical, Inc., Duluth, GA) and 4) ENDOVAC-Bovi® (IMMVAC) (Endovac Animal Health, Columbia, MO) (**Table 1**). The Endovac-bovi® is a cross-protective vaccine made of genetically engineered R/17 mutant strain of *Salmonella typhimurium* and the core somatic antigen mutant J-5 strain of *E. coli* combined with an immune-potentiating adjuvant (IMMUNEPlus®). Endovac-bovi significantly reduces diseases caused by Gram-negative bacteria producing various endotoxins and protects against *E. coli* mastitis and other endotoxin-mediated diseases caused by *E. coli*, *Salmonella*, *Pasteurella multocida*, and *Mannheimia hemolytica*. The UBAC® (Hipra, Amir, Spain) [84] is a recently developed vaccine against *S. uberis* mastitis with label claim of partial reduction in clinical severity of *S. uberis* mastitis.

Mastitis Pathogen	Vaccine	Vaccine component	Protective effect	Reference
Commercial				
S. aureus	Lysigin®	Bacterin: Somatic antigen containing phage types I, II, III, IV with different strains of S. aureus	Reduced SCC, clinical mastitis, and chronic IMI	[85–87]
	“	“	Field-based studies concluded no such effect	[80, 81, 88–90]
	Startvac®	Bacterin: E. coli J5 and S. aureus CP type 8 with SAAC	Decreased duration of IMI, transmissibility of S. aureus, coliforms, and CNS	[77]
	“	“	Use of the vaccine was not associated with a decrease in mastitis	[75]

<i>Mastitis Pathogen</i>	<b>Vaccine</b>	<b>Vaccine component</b>	<b>Protective effect</b>	<b>Reference</b>
	Bestvac® Vs Startvac	herd-specific autologous vaccine compared with Startvac®	Both vaccines decreased herd prevalence of <i>S. aureus</i> mastitis but no other differences in terms of improvement of udder health	[78]
<b>Experimental</b>				
	Whole-cell lysate	Bacterin encapsulated in biodegradable microspheres	Induced antibodies that were more opsonic for neutrophils and inhibited adhesion to mammary epithelium.	[91]
	Whole-cell lysate from two strains	Bacterin from two strains ( $\alpha$ and $\alpha + \beta$ hemolytic) plus supernatants from non-hemolytic strain	Vaccinated cows had 70% protection from infection compared to less than 10% protection in control cows	[92]
	MASTIVAC I	Whole-cell lysate	Improved udder health in addition to specific protection against <i>S. aureus</i> infection	[93]
	Live pathogenic <i>S. aureus</i> through IM route	Live pathogenic <i>S. aureus</i>	Induce activation of immune cells in mammary gland and blood	[94]
	Fibronectin binding protein and clumping factor A	DNA primed and protein boosted	Induced cellular and humoral immune responses that provide partial protection against <i>S. aureus</i>	[95]
	Protein A of <i>S. aureus</i> with the green fluorescent protein	DNA	Induced humoral and cellular immune responses	[96]
	Plasmid encoding bacterial antigen $\beta$ -gal	DNA	Induced humoral and cellular immune responses	[97]
	Polyvalent <i>S. aureus</i> Bacterin	Bacterin	Eliminated some cases of chronic intramammary <i>S. aureus</i> infections	[88]
	Lysigin® with three-isolates based experimental Bacterin	Bacterin	Lysigin reduced the clinical severity and duration of clinical disease. None of the experimental Bacterins has significant effects	[80]
	Polyvalent <i>S. aureus</i> Bacterin	Bacterin + antibiotic therapy	<i>S. aureus</i> intramammary infection cure rate increased	[89]
	Whole-cell lysate	Whole-cell trivalent vaccine containing CP types 5, 8 and 336 with FIA or Alum adjuvants	Elicited antibody responses specific to the 3 capsular polysaccharides	[98]

<i>Mastitis Pathogen</i>	<b>Vaccine</b>	<b>Vaccine component</b>	<b>Protective effect</b>	<b>Reference</b>
	CP conjugated to a protein and incorporated in polymicrospheres and emulsified in FIA	CP types 5, 8 and 336	Cows in both groups produced increased concentrations of IgG1, IgG2 antibodies, hyperimmune sera from immunized cows increased phagocytosis, decreased bacterial adherence to epithelial cells	[99]
	Polysaccharide-protein conjugates in FIA	Polysaccharide-protein conjugate		
	SASP or SCSP	Surface proteins	Induced partial protection	[100]
	Vaccination with Efb and LukM		Induced increased titers in serum and milk	[101]
	Inactivated Bacterin	Bacterin	Partial protection	[102]
<i>S. uberis</i>	<b>Commercial</b>			
	UBAC®	Extract from biofilm-forming strains of <i>S. uberis</i>	Reduce clinical signs, bacterial count, temperature, daily milk yield losses and increased the number of quarters with isolation and somatic cell count <200,000 cells/mL of milk	[84]
	<b>Experimental</b>			
	Killed <i>S. uberis</i> cells	Bacterin	Reduced numbers of homologous <i>S. uberis</i> in milk	[103]
	Killed bacterial cells	Bacterin of <i>S. uberis</i> and <i>S. agalactiae</i>	Parenteral vaccination has no effect on streptococcal mastitis	[104, 105]
	Live <i>S. uberis</i> /cutaneous route	Live <i>S. uberis</i>	Some protective effect only on the homologous strain	[106]
	GapC or chimeric CAMP factor	Protein	Reduction in inflammation	[107]
	PauA	protein	Partial protection	[108]
Coliform	<b>Commercial</b>			
	<i>E. coli</i> J5 Mastiguard® J Vac® Endovac-bovi® (IMMVAC)	Bacterin	Reduce bacterial counts in milk, duration of IMI and resulted in fewer clinical symptoms	[82, 83, 109–111]

SAAC: slime associated antigenic complex, SASP: *Staphylococcus aureus* surface proteins, SCSP: *Staphylococcus chromogenes* surface proteins, CP: Capsular polysaccharide, GapC: Glyceraldehyde-3-phosphate dehydrogenase C, pauA: plasminogen activator protein, FIA: Freund's incomplete adjuvant, Efb: fibrinogen-binding protein, LukM: leukocidin subunit M.

**Table 1.**  
Commercialized and experimental vaccines against major bovine mastitis pathogens.

## 2.1 Intramammary immune mechanisms

Intramammary immunity can be induced locally in the mammary gland or systemically in the body and cross from the body into the mammary glands. Mammary gland pathogen that enters through teat opening interact with host innate defense system primarily with macrophages in the mammary gland. Macrophages recognize invading pathogens through its pattern recognition receptors (PRR) which binds to pathogen associated molecular patterns (PAMPs) and engulf and break down the foreign pathogen into small peptides and load on to MHC-II molecules move to the supramammary lymph nodes and display on its surface to the T cells. Naïve T cells bind with peptide on MHC-II molecule through its T- cell receptor and become activated and start secreting cytokines, which further stimulate B-cells to produce antibodies. Antibody produced by B-cells released into the blood circulation and depending on type of antibody may be released to the site of infection (e.g., IgG) and opsonize the infecting pathogen and subject them to destruction by opsonophagocytic mechanisms. Antibodies may also remain on mucosal surfaces (e.g., IgA) and bind to invading pathogens and prevent them from binding to host cells or tissue and thereby prevent colonization and infection.

Intramammary infection (IMI) leads to increased somatic cell count in the milk or mammary secretion. Somatic cells are mainly white blood cells such as granulocytes (neutrophils, eosinophils, and basophils), monocytes or macrophages, and lymphocytes, which are recruited to the mammary glands in response to mammary gland infection to fight off infection. A small proportion of mammary epithelial cells that produce milk are also shed through milk and are included in the somatic cell count. So, somatic cells are white blood cells and mammary epithelial cells. Milk somatic cell count (SCC) increases when there is mammary gland infection (IMI) because of an inflammatory response to clear infection. In general, SCC is also an indicator of milk quality [112–116] because if there are few mammary pathogenic bacteria in the gland, the inflammatory response is less, and somatic cells recruitment into the gland is also low and vice versa. Bulk tank milk (BTM) is milk collected from all lactating dairy cows in a farm into a tank or multiple tanks. So BTSCC is somatic cell counts obtained from milk sample collected from a tank.

Intramammary infection may progress to clinical or subclinical mastitis [117]. Clinically infected udder usually treated with antimicrobial, whereas subclinically infected udder may not be diagnosed immediately and treated but remained infected and shedding bacteria through milk throughout lactation. The proportion of cure following treatment of mastitis varies and the variation in cure rate is multifactorial including cow factors (age or parity number, stage of lactation, and duration of infection, etc.), management factors (detection and diagnosis of infection and time from detection to treatment, availability of balanced nutrition, sanitation, etc.), factors related to antimicrobial use patterns (type, dose, route, frequency, and duration), and pathogen factors (type, species, number, pathogenicity or virulence, resistance to antimicrobial, etc.) [46, 118].

The dilution of effector humoral immune responses by large volume of milk coupled with the ability of mastitis causing bacteria to develop resistance to antimicrobials makes the control of mastitis very difficult. Therefore, the development of an alternative preventive tool such as a vaccine, which can overcome these limitations, has been a crucial focus of current research to decrease not only the incidence of mastitis but also the use of antimicrobials in dairy cattle farms. Most vaccination strategies against mastitis have focused on the enhancement of humoral immunity. Development of vaccines that induce an effective cellular



immune response in the mammary gland has not been well investigated. The ability to induce cellular immunity, especially neutrophil activation and recruitment into the mammary gland, is one of the key strategies in the control of mastitis, but the magnitude and duration of increased cellular recruitment into the mammary gland leads to a high number of somatic cells and poor-quality milk. So, effective balanced humoral and cellular immunity that clear intramammary infection in a short period of time is required. Several vaccine studies were conducted over the years under controlled experimental and field trials. The major bacterial bovine mastitis pathogens that have been targeted for vaccine development are *S. aureus*, *S. uberis*, and *E. coli* [119]. Most of these experimental and some commercial vaccines are Bacterins which are inactivated whole organism, and some vaccines contained subunits of the organism such as surface proteins [100], toxins, or polysaccharides.

## 2.2 Vaccine trials against *Staphylococcus aureus* mastitis

*Staphylococcus aureus* is one of the most common contagious mastitis pathogens, with an estimated incidence rate ranging from 43–74% [25, 38, 56, 120, 121]. *Staphylococcus chromogenes* is another increasingly reported coagulase-negative *Staphylococcus* species with an estimated quarter incidence rate of 42.7% characterized by high somatic cell counts [122–128]. In a study on conventional and organic Canadian dairy farms, coagulase-negative *Staphylococcus* species were found in 20% of the clinical samples [129]. Recently, mastitis caused by coagulase-negative *Staphylococcus* species increasingly became more problematic in dairy herds [125, 127, 130, 131].

Several staphylococcal vaccine efficacy trials showed that vaccination with Bacterin vaccines induced increased antibody titers in the serum and milk that are associated with partial protection [75–77, 80, 132–134] or no protection at all [78, 79, 81]. However, effective intramammary immune mechanisms against staphylococcal mastitis is still poorly understood. None of the commercially available Bacterin vaccines protects new intramammary infection [75, 77, 80, 81]. Dependence on antibiotics for the prevention and treatment of mastitis is not sustainable because of limited success [46, 47] and the emergence of antimicrobial-resistant bacteria that are major threat to human and animal health [72–74].

Despite several mastitis vaccine trials conducted against *S. aureus* mastitis [75, 77, 80, 88, 89, 91, 93–95, 97–99, 133] all field trials have either been unsuccessful or had limited success. There are two commercial vaccines for *Staphylococcus aureus* mastitis on the market, Lysigin® (Boehringer Ingelheim Vetmedica, Inc., St. Joseph, MO) in the United States and Startvac® (Hipra S.A, Girona, Spain) in Europe and Canada [78]. None of these vaccines confer protection under field trials as well as under controlled experimental studies [75, 77, 80, 81]. Several field trials and controlled experimental studies have been conducted testing the efficacy of Lysigin® and Startvac® and results from those studies have shown some interesting results, namely a reduced incidence, severity, and duration of mastitis in vaccinated cows compared to non-vaccinated control cows [75–77]. Contrary to these observations, other studies failed to find an effect on improving udder health or showed no difference between vaccinated and non-vaccinated control cows [78, 79]. None of these Bacterin-based vaccines prevents new *S. aureus* IMI [75, 77, 80, 81]. Differences found in these studies are mainly due to methodological differences (vaccination schedule, route of vaccination, challenge model, herd size, time of lactation, etc.) in testing the efficacy of these vaccines. It is critically important to have a good infection model that mimics natural infection and a model that has 100% efficacy in causing infection. Without a good challenge model, the results from vaccine efficacy will be inaccurate.

The Startvac® (Hipra, Girona, Spain) is the commercially available vaccine in Europe and is a polyvalent vaccine that contains *E. coli* J5 and *S. aureus* strain SP140 [119]. In a field trial, Freick et al. [78] compared the efficacy of Startvac® with Bestvac® (IDT, Dessau-Rosslau, Germany) another herd-specific autologous commercial vaccine in a dairy herd with a high prevalence of *S. aureus* and found that the herd prevalence of *S. aureus* mastitis was lower in the Startvac® and Bestvac® vaccinated cows compared to the control cows. However, there were no other differences in terms of improvement of udder health. These authors [78] concluded that vaccination with Startvac® and Bestvac® did not improve udder health. In another field efficacy study on Startvac® in the UK, Bradley et al. [75] found that Startvac® vaccinated cows had clinical mastitis with reduced severity and higher milk production compared to non-vaccinated control cows [75].

Similarly, Schukken et al. [77] evaluated effect of Startvac® on the development of new IMI and the duration of infections caused by *S. aureus* and CNS. These authors [77] found that vaccinated cows had decreased incidence rate and a shorter duration of *S. aureus* and CNS mastitis. Piepers et al. [76], also tested the efficacy of Startvac® through vaccination and subsequent challenge with a heterologous killed *S. aureus* strain and found that the inflammatory response in the vaccinated cows was less severe compared to the control cows. These authors [76] suggested that Startvac® elicited a strong Th2 immune response against *S. aureus* in vaccinated cows and was more effective at clearing bacteria compared to the control cows. Contrary to these observations, Landin et al. [135], evaluated the effects of Startvac® on milk production, udder health, and survival on two Swedish dairy herds with *S. aureus* mastitis problems and found no significant differences between the Startvac® vaccinated and non-vaccinated control cows on the health parameters they evaluated.

An experimental *S. aureus* vaccine made up of a combination of plasmids encoding fibronectin-binding motifs of fibronectin-binding protein (FnBP) and clumping factor A (ClfA), and plasmid encoding bovine granulocyte-macrophage-colony stimulatory factor, was used as a vaccine with a subsequent challenge with bacteria to test its protective effects [95]. These authors (Shkreta et al. 2004) found that their experimental vaccine-induced immune responses in the heifers that were partially protective upon experimental challenge [95]. Another controlled experimental vaccine efficacy study was conducted on the slime associated antigenic complex (SAAC) which is an extracellular component of *Staphylococcus aureus*, as vaccine antigen in which one group of cows were vaccinated with a vaccine containing a low amount of SAAC and another group with a high amount of SAAC and the unvaccinated group served as a control [136]. Upon intramammary infusion (challenge) with *S. aureus*, no difference in the occurrence of mastitis among all three groups despite the fact that the vaccine with high SAAC content induced higher production of antibodies compared to the vaccine with a low amount of SAAC [136]. Similarly, Pellegrino et al. [137], vaccinated dairy cows with an avirulent mutant strain of *S. aureus* and subsequently challenged with *S. aureus* 20 days after the second vaccination which resulted in no significant differences in the number of somatic cell count (SCC) or number of bacteria shedding through milk despite increased IgG antibody titer in the vaccinated cows compared to the control cows.

Some of the constraints affecting the successful development of effective mastitis vaccines are strain variation, the presence of exopolysaccharide (capsule, slime, biofilm) layer in most pathogenic strains of bacteria (*Staph. aureus*, *Strep. uberis*) which does not allow recognition of antibody-coated bacteria by phagocytic cells, dilution of immune effectors by milk [138, 139], the interaction between milk components and immune effectors [140] that reduce their effectiveness, and the ability

of most mastitis-causing bacteria to attach and internalize into mammary epithelial cells. Furthermore, evaluation of mastitis vaccines is complicated by the absence of uniform challenge study models, and lack of uniform route(s) of vaccination, time of vaccination, adjuvants, and challenge dose. There is an increasing need for development of better vaccines that overcome these problems. Most mastitis vaccines are killed whole bacterial cells (Bacterin) vaccines [75, 77, 80, 88, 89, 91–95, 97–99] that are difficult to improve because of difficulty to specifically identify an immunogenic component that induced partial or some protective effect. In this regard, some of the current efforts to use a mixture of purified surface proteins as vaccine antigens [100] to induce immunity than killed whole bacterial cells (Bacterin) is encouraging. A better understanding of natural and acquired immunological defenses of the mammary gland coupled with detailed knowledge of the pathogenesis of each mammary pathogen should lead to the development of improved methods of reducing the incidence of mastitis in dairy cows.

### 2.3 Vaccine trials against *Streptococcus uberis*

*S. uberis* is ubiquitous in the cow's environment accounting for a significant number of mastitis cases. It is found on-farm in water, soil, plant material, bedding, flies, hay, and feces [141]. As such, *S. uberis* is remarkably adaptable, affecting lactating and dry cows, heifers, and multiparous cows, causing clinical or subclinical mastitis, and even being responsible for persistent colonization without an elevation in the somatic cell count [142, 143]. It has been described as an environmental pathogen [108, 144–146] with potential as a contagious pathogen [142, 143, 147]. *S. uberis* has ability to persist within the mammary gland which lead to chronic mastitis that is difficult to treat [148]. Coliform bacteria are a major cause of clinical mastitis [149, 150]. A vaccine that prevents *S. uberis* mastitis is not available, control measures are limited to the implementation of good management practices. Recently vaccine efficacy trial with extract of biofilm-forming strains of *S. uberis* (UBAC®) (Hipra, Amir, Spain), was reported to reduce clinical severity [84]. It is not clear what kind of adaptive immunity is induced by UBAC® *S. uberis* vaccine [84] and it only conferred partial reduction in clinical severity of mastitis. Multiple intramammary vaccinations of dairy cows with killed *S. uberis* cells resulted in the complete protection from experimental infection with the homologous strain [103]. Similarly, subcutaneous vaccination of dairy cows with live *S. uberis* followed by intramammary booster vaccination with *S. uberis* cell surface extract protected against challenge with the homologous strain but was less effective against a heterologous strain [106]. Vaccination with *S. uberis* glyceraldehyde phosphate dehydrogenase C (GapC) protein induced immune responses that confer a significant reduction in inflammation post-challenge [107, 151]. The pauA is a plasminogen activator and also binds active protease plasmin [152]. It has been postulated that acquisition of plasmin may promote invasion [153]. Vaccination of dairy cows with PauA induced increased antibody titers that conferred reduction in clinical severity [154]. However, mutation of pauA did not alter ability to grow in milk or to infect lactating bovine mammary glands. It appears that the ability to activate plasminogen through PauA does not play a major role in pathogenesis of *S. uberis* to either grow in milk or infect bovine mammary gland [155].

*S. uberis* expresses several surface associated proteins such as *S. uberis* adhesion molecule (SUAM) and extracellular matrix binding proteins, which allow it to adhere to and internalize into mammary epithelial cells, successfully inducing IMI [156–158]. The *S. uberis* adhesion molecule (SUAM) plays a central role in the adherence of *S. uberis* to mammary epithelial cells [159–162]. Vaccination of dairy cows with SUAM induced strong immune responses in vaccinated cows [163].

The immune serum from SUAM vaccinated cows prevented *S. uberis* adhesion and invasion into mammary epithelial cells *in vitro* [163]. In vivo infusion of mammary quarters of dairy cows with *S. uberis* pre-incubated with immune-serum from SUAM vaccinated cows reduced clinical severity [164]. The SUAM gene deletion mutant strain is less pathogenic to mammary epithelial cells [165] and to dairy cows [159]. Controlled experimental efficacy studies using SUAM as vaccine antigen to control *S. uberis* mastitis showed that SUAM is immunogenic but the induced immunity was not protective. Following experimental IMI challenge with *S. uberis*, clinical signs emerged at about 48 h, along with increased levels of inflammatory cytokines including TNF- $\alpha$ , IL-1 $\beta$ , IL-6, and IL-8 in milk at 60 h post-infection [166]. Adaptive immune response cytokines such as IFN- $\gamma$  promotes a cell-mediated immune response by enhancing functions such as macrophage bacterial killing, antigen presentation, cytotoxic T cell activation, and increased IgG2 levels. The IL-4 expression is associated with the antibody-mediated response, which is generally linked to parasite resistance, allergic reactions, and increased levels of IgG1 [167, 168]. This partial protection by the SUSP vaccine can be improved with dose optimization, appropriate adjuvant, route of injection, and timing of vaccination.

In conclusion, it is clear that Bacterin vaccines have some protective effect against homologous strains, and single surface protein is not effective. Therefore; use of multiple surface proteins may induce better immunity that prevents clinical disease and production losses.

## 2.4 Vaccine trials against *E. coli* mastitis

Coliform bacteria are a major cause of clinical mastitis [149, 150]. Coliforms include the genera *Escherichia*, *Klebsiella*, and *Enterobacter* [169]. Eighty to ninety percent of coliform intramammary infection (IMI) develop clinical mastitis, and 10% will be severe and could lead to death [150]. *E. coli* usually infects the mammary glands during the dry period and progresses to inflammation and clinical mastitis during the early lactation with local and sometimes severe systemic clinical manifestations.

Iron is an essential nutrient for the growth of coliforms [170]. However, free iron is limited in the bovine milk because most iron is bound to citrate and to a lesser extent to lactoferrin, transferrin, xanthine oxidase, and some caseins [171] and maintained at concentrations below levels required to support coliform growth [172]. To overcome this limited iron source, coliforms express multiple iron transport systems [173], which include synthesis of siderophores (e.g., enterobactin, aerobactin, ferrichrome) that bind iron with high affinity [174], the expression of iron-regulated outer membrane proteins (IROMP) that binds to ferric siderophore complexes to transport into bacterial cell and enzymes to utilize the chelated iron [173]. The siderophores are too large (600 to 1200 Da) to pass through the porin channels of the bacterial outer membrane [175, 176]. Therefore, the siderophores require specific IROMP to enable their passage across the bacterial outer membrane into the periplasm [177, 178]. The enterobactin is a siderophore with the highest affinity for iron, and it is produced by most pathogenic *E. coli* and *Klebsiella* spp. [179–181]. The aerobactin is another siderophore that was detected in only 12% of *E. coli* isolated from mastitis cases [182]. Enterobactin is the primary siderophore of *Escherichia coli* and many other Gram-negative bacteria [183]. Coliform bacteria also developed the ability to take up iron directly from naturally occurring organic iron-binding acids, including citrate [173, 184]. The citrate iron uptake system requires ferric dicitrate for induction [184]. More than 0.1 mM citrate is required for the induction of this system under iron-restricted conditions [184]. The ferric



citrate transport system is the major iron acquisition system utilized by *E. coli* [173] to grow in the mammary gland. The mammary gland is an iron-restricted environment, and bovine milk contains approximately 7 mM citrate [185] which is ideal for induction of ferric citrate transport system.

Ferric enterobactin receptor, FepA, is an 81 kDa iron regulated outer membrane protein (IROMP), that binds to ferric enterobactin complex to transport iron into the bacterial cell [186, 187]. Vaccination of dairy cows with FepA elicited an increased immunological response in serum and milk [188]. Bovine IgG directed against FepA inhibited the growth of coliform bacteria by interfering with the binding of the ferric enterobactin complex [189]. Ferric citrate receptor, FecA, is an 80.5-kDa IROMP that is responsible for the binding of ferric dicitrate [190] and transport into the bacterial cell. The FecA, is conserved among coliforms isolated from cases of naturally occurring mastitis [191]. The iron-regulated outer membrane proteins, FepA and FecA are ideal vaccine candidates because they are surface exposed, antigenic, and conserved among isolates from IMI.

Immunization of dairy cows with FepA induced significantly higher serum and whey anti-FepA IgG titers than in *E. coli* J5 vaccinates [188]. Results of *in vitro* growth inhibition studies demonstrated that antibody specific for blocking ferric enterobactin-binding site (anti-FepA) inhibited the growth of *E. coli* in vitro [192]. Cows immunized with FecA did have increased antibody titers in serum and mammary secretions compared with *E. coli* J5 immunization and unimmunized control cows [193, 194]. Antibody purified from colostrum inhibited the growth of *E. coli* when cultured in synthetic media modified to induce FecA expression [193]. Despite their antigenicity, the use of either FepA or FecA alone were not sufficient to prevent mastitis. The FecA and FepA are antigenically distinct [191].

Intramammary infection with *E. coli* induced expression and release of pro-inflammatory cytokines such as TNF-alpha, IL-8, IL-6, and IL-1 [195, 196]. Recently it has been shown with mouse mastitis models that IL-17A and Th17 cells are instrumental in the defense against *E. coli* IMI [197, 198]. However, the role of IL-17 in bovine *E. coli* mastitis is not well defined. Results of a recent vaccine efficacy study against *E. coli* mastitis suggested that cell-mediated immune response has more protective effect than humoral response [199]. The cytokine signaling pathways that lead to efficient bacterial clearance is not clearly defined.

The four coliform vaccines which include 1) J-5 Bacterin® (Zoetis, Kalamazoo, MI) [82, 83], 2) Mastiguard®, 3) J Vac® (Merial-Boehringer Ingelheim vet medical, Inc., Duluth, GA) and 4) Endovac-bovi® (IMMVAC) (Endovac Animal Health, Columbia, MO). Of the four coliform vaccines, J-5 Bacterin® and Mastiguard® are believed to have the same component, which is J5 Bacterin. The J Vac® is a different bacterin-toxoid. The Endovac-Bovi® contains mutant *Salmonella typhimurium* bacterin toxoid. All coliform mastitis vaccine formulations use gram-negative core antigens to produce non-specific immunity directed against endotoxin (LPS) [119]. The efficacy of these vaccines has been demonstrated in both experimental challenge trials and field trials in commercial dairy herds [109–111]. The principle of these bacterins is based upon their ability to stimulate the production of antibodies directed against common core antigens that gram-negative bacteria share. These vaccines are considered efficacious even though the rate of intramammary infection is not significantly reduced in vaccinated animals because they significantly reduce the clinical effects of the infection. Experimental challenge studies have demonstrated that J5 vaccines are able to reduce bacterial counts in milk and result in fewer clinical symptoms [109]. Vaccinated cows may become infected with gram-negative mastitis pathogens at the same rate as control animals but have a lower rate of development of clinical mastitis [111], reduced the duration of IMI [110], reduced production, culling, and death losses [200, 201].



There is an increasing need for the development of effective vaccines against major bacterial bovine mastitis pathogens. A better understanding of the natural and acquired immunological defenses of the mammary gland coupled with detailed knowledge of the pathogenesis of each mammary pathogen should lead to the development of improved methods of reducing the incidence of mastitis in dairy cows (**Table 1**).

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# Calf-Sex Influence in Bovine Milk Production

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## Abstract

The main source of incomes in a dairy farm is milk sales, and any factor altering the production affects the farmers' income significantly. According to the Trivers-Willard hypothesis, if the cows' systems are generally good and offer competitive conditions, they produce more milk for bull calves. They also suggest that cows in a worse condition or of a genetically diverging strain invest more milk in heifer calves. The existence of a sex-bias in cows' milk production remains controversial even if it would open new insights on the economic impacts of using sex-sorted semen to enhance farm productivity. Sex-biased milk production in cows can vary, favoring one sex or the other and, sometimes, none. It seems to favor females in intensive production systems, while in other less intensive systems, this effect seems to disappear. This chapter intends to address available evidence on the sex-biased cows' milk production and discuss why further research forecasting this issue is needed, including other cattle populations and correlating the investment strategy with an animal welfare index. Besides, other factors, such as different housing and feedings, can impact the calf-sex milk production bias through pathways still to be understood.

**Keywords:** sex-biased milk production, secondary-sex effects, cattle, production system

## 1. Introduction: Sex-bias in mammals mother resource allocation

Reproduction in mammalian females demands high energetic costs, driving the mobilization of fat deposits, in both gestation and lactation [1]. In evolutionary biology, numerous hypotheses defend a sex-biased allocation of these resources by the pregnant and nursing females, to maximize the reproductive success of their male and female offspring. Some of these theories support their reasoning in the local resource competition [2, 3], local resource enhancement [4], "advantaged daughters" [5], the "safe bet"/reproductive value [6, 7] and the sex-differentiated sources of mortality [8].

The most well-known and tested theory remains the Trivers-Willard hypothesis that predicts that: 1) females in good body condition will allocate her offspring sex ratio towards males; 2) and that mothers in good body condition will also invest more per son than per daughter if males exhibit greater variation in reproductive value when males exhibit greater variation in reproductive value [9] According to this hypothesis, female mammals are able to adjust the sex of their offspring based on their own condition as a form to maximize reproductive success in the next generation. This theory also states that the mother will adapt her milk production



to offspring gender, for example, by increasing milk production or changing its composition when she is nursing an offspring of the gender that has higher chances of producing future descendants. This strategy is particularly beneficial in species whose males compete for mating, like bovine, with dominant bulls leaving abundant offspring and weaker ones having no offspring at all. On the other side, this hypothesis also describes that investment in female offspring will be more profitable when the mothers are in poor condition because the chance of producing competitive male offspring is low. Well-nourished mothers invest more in male offspring, as strong sons will more likely leave more offspring, whereas even weaker daughters will produce more progeny than weak sons [10].

In agreement with this theory it has been shown that, in humans, the milk produced for males is more energy dense in well-nourished mothers [11], while mothers with low socioeconomic status, when nursing daughters produce milk with a higher fat content than when nursing sons [12]. However, evidence for systematic sex-biased favoring males has been equivocal [13–17]. Post-natal, sex-biased nursing care has been investigated as a possible reason for sex-biased milk production in several mammals, including humans. Several studies reported evidence of sex-biased milk synthesis in different species but drawing definitive conclusions from these studies has been difficult for several reasons [11, 12, 18–30].

This chapter intends to discuss the evidences pro and against the existence of a sex-bias in cows' milk production, by stressing the putative effects of the calf gender in consecutive lactations while focusing in particular in dairy cows. Albeit non-consensual, its existence would open new insights on the economic impacts of using sex sorted semen to enhance farm productivity.

## **2. Evolution of dairy milk production**

In the last decades, industrial intensive milk production system uses the Holstein-Friesian breed, known as highest milk producing cow in the world. It is well documented that, with almost no exceptions, there has been a continuous increase in milk yield per cow. In all countries milk production and milk composition evolved over the years, due to a higher genetic merit and better management of the cows [31–32]. For example, from 2002 to 2013, in Denmark, all but two years showed a significant increase in the milk production compared to the previous year [33]. In São Miguel island, Azores, the same evolution was observed [34].

Also, in all countries, seasonal variations in milk production and composition were observed, both in intensive [35, 36] and pasture-based systems [37]. Previous studies have also proven that milk production varies with parity. It is generally observed a progressive increase in milk production in the first three to four parities and then a progressive decrease [38, 39].

## **3. Bovine sex-biased milk production**

The main source of income in a dairy farm is, by far, milk sale and any factor that can increase or decrease the production affect significantly the farmers income. Even though external factors like feeding, rearing and management are an important part of profitability, other factors, intrinsic to animals can have an important impact on profitability of a farm. The genetic merit [40] and sex of the calf are some of those factors. Beside the intrinsic difference in the commercial value of a female or a male offspring in a commercial farm, if the female milk production is indeed affected by the calf gender, then it could be a major factor for maximizing profits [41].

Calf-sex biased milk production is the capability of a cow to adapt milk production and composition to the sex of her offspring, a phenomenon well documented in diverse mammalian species [19]. The milk yield and the quality of milk produced are two important characteristics in dairy cow production and are also of great impact in beef production. Any favoring of one sex over the other in bovine offspring can lead to a great increase in the use of sex sorted semen, despite its lower conception rate [42]. In dairy cows, birth sex-ratio is biased, with more males being born, which suggests underlying mechanisms operating to favor more male offspring [43, 44].

Bull calves in dairy farms are mostly unwanted, due to their low value; in some countries, they are euthanized after birth, raising an ethical and social concern for the industry. On the other side, the used of sexed semen has higher costs and lower fertility. The fertility of sexed semen is estimated to be 8 to 17.9% lower in heifers compared to the conventional and not advisable to use in multiparous cows [42, 45, 46]. If a specific calf sex is associated with higher milk yield, this would have obvious consequences in the value and widespread use of sexed semen [46].

The growth rate of a suckling a male calf is higher than in females [47]. Therefore, it would be expected cows to have higher milk production or more energy dense milk when nursing a male. Despite differences in milk quantity or composition, cows do not show any sex biases in nursing behavior [29]. Since in most dairy farms, contrasting to most beef operations, calves are removed from the mother soon after calving, the pre and peri-natal mechanisms are the sole responsible for any observed milk-production sex-bias. Besides, cows are usually pregnant for most of the previous lactation [48], so the calf sex can potentially influence the previous lactation during its gestation or the lactation after their birth.

In *Bovidae*, data on the effect of calf sex in milk production are, to the least, inconsistent. Some studies reported an effect of calf sex on milk yield [1, 49–51], whereas other studies found no association [52]. One of the studies found that cows with a given genotype had higher milk yield in case of a male calf than a heifer calf [51]. In buffalos no effect between calf sex and milk production was reported [53].

In dairy cows in particular, studies addressing milk production sex-bias so far led to different results. While most studies described an advantage of female offspring, this effect was not observed for all the populations and a significant difference was not always observed [1, 33, 34, 40, 41, 54, 55]. Canadian and Iranian data for calf-sex bias in milk production found milk yield to be increased when a heifer was calved [41, 56]. However, a higher milk yield after calving a female offspring was only seen in the second lactation in New Zealand Holstein-Friesians [40], and only in the first lactation in French Holstein-Friesians [54] (**Table 1**).

However, Hinde et al. [1], with the largest study done so far on this topic, documented sex-biased milk production in US Holstein cattle. In his population, cows favor daughters, producing significantly more milk for daughters than for sons across lactation, suggesting that the effects of fetal sex can interact dynamically across parities. The sex of the fetus being gestated can enhance or diminish the production of milk during an established lactation. Moreover, the sex of the fetus gestated on the first parity has persistent consequences for milk synthesis on the subsequent parity. Contrastingly, Gillespie et al. [57] did not detect a significant effect of the sex of the calf being gestated on the mother milk production. Dallago et al. [55]. found only a calf-sex effect on the lactose and total solids, with an advantage to the females.

On a population of 1.49 million cows from the late 90's, primiparous cows giving birth to a female produced, on average, additional 142 kg (1.3% increase) of milk over a standardized 305-day lactation period compared with those calving a male [1]. The fetal sex on the first parity had also persistent effects on milk production

Country	Years analyzed	N (lactations)	Breed	Main results	Study (chronologically)
USA	1995-1999	2,390,000	Holstein	<p>Cows favor daughters, producing significantly more milk for daughters across lactation.</p> <p>Effects of fetal sex interact dynamically across parities, whereby the sex of the fetus being gestated can enhance or diminish the production of milk during an established lactation.</p> <p>Sex of the fetus gestated on the first parity has persistent consequences for milk synthesis on the subsequent parity. Specifically, gestation of a daughter on the first parity increases milk production by, 445 kg over the first two lactations</p>	[1]
France	2000-2008	8,901,000	Montbéliarde and Holstein	<p>The effect of the calf sex hardly affected milk production. A small effect in favor of males was observed in parity 2 and 3 and was similar across breeds.</p> <p>The estimated effect of the sex of the calf in gestation on the simultaneous lactation was also very small.</p>	[53]
Iran	1992-2008	402,716	Holstein	<p>Cows with female calves had higher milk and fat yield, persistency of milk and fat yield and longer lactation length, while cows that gave birth to male calves had shorter calving interval and longer productive life.</p> <p>Also, cows with female calves had higher milk yield per day of lactation in the first two parities, but there was no difference in milk yield per day of lactation for parities ≥3.</p>	[40]
Denmark	till 2013	71,088	Holstein	<p>Cows produced higher volumes of milk if they had a bull calf, with a significantly higher milk production of 0.28% in the first lactation period for cows giving birth to a bull calf.</p> <p>Such difference was even higher when cows gave birth to another bull calf, so having two bull calves resulted in a difference of 0.52% in milk production compared to any other combination of sex of the offspring.</p>	[32]

Country	Years analyzed	N (lactations)	Breed	Main results	Study (chronologically)
New Zealand	1995-2005	578,912	Holstein and Jersey	The lactation initiated by the birth of a female calf was associated with a 0.33–1.1% ( $p < 0.05$ ) higher milk yield. Female calf gender present carryover effects associated with higher milk yield in second lactations for Holstein Friesians (0.24%; $p = 0.01$ ) and third lactations for Jerseys (1.1%; $p = 0.01$ ).	[39]
UK	2013-2014	211,932	Holstein	Giving birth to a heifer calf conferred a 1% milk yield advantage in first lactation heifers, whilst giving birth to a bull calf conferred a 0.5% advantage in second lactation.	[46]
Azores, Portugal	2009-2017	45,712	Holstein	Whether calving a male or a female, cows roughly produced the same amount of milk and protein content. However, the content of fat was slightly higher when they calved females ( $P < 0.001$ ).	[33]

**Table 1.**  
*Studies done so far to evaluate the effect of calf sex in Holstein cows' milk production.*

during the second lactation. Calving a female on the first parity, increases milk production by 445 kg over the first two lactations, identifying a dramatic and sustained programming of mammary function by the offspring in utero. On the other side, cows calving a male son on their first parity produced less milk on their second lactation ( $P < 0.001$ ), particularly if they also gestated a male calf on the second pregnancy (**Table 2**). According to the same study, the milk composition was similar whether the gestation produced a gestation of a son or daughter; the fat concentration was 3.61% after gestation of a daughter and 3.62% after gestation of a son; protein concentrations were the same (3.17%) [1].

Gillespie et al. [57] also showed that, in the UK, calving a heifer was associated with a 1% milk yield advantage in first lactation heifers, but calving a bull calf conferred a 0.5% advantage in second lactation. Heifer calves were also associated with a 0.66 kg reduction in saturated fatty acid content of milk in first lactation, even though there was no significant difference between genders in the second lactation. Interestingly, the effects of calf gender observed on both the yield and saturated fatty acid content were considered minor compared to the nutritional and genetic influences. Aspects that affect milk production, such as mastitis [58] or lameness [59], seem to have a deeper impact on milk production than calf gender.

An Iranian study, using 402,716 Holstein milk records from 1991 to 2008, report that cows calving a female offspring present a higher milk and fat yield and longer persistency of milk and fat yield, as well as a longer lactation length [41]. Cows calving a male offspring presented shorter calving interval and an overall longer reproductive life. The observed higher daily milk yield after calving a female in the first two parities was not maintained for the next parities [60]. However, a higher occurrence of dystocia in male calving was not taken into consideration and was most likely a factor for the higher milk production observed after calving a female calf [41]. In contrast, both a French [54] and a Danish [33] studies found a small increase in milk yield in both Holstein and Montbéliarde dams calving a male offspring. On the French study, the sex-bias favoring males effect reached 40 kg milk (0.5% of the mean), 0.6 kg fat, 0.6 kg protein. A small difference was also noticed for fat and protein contents (from 0.01 to 0.02%) in parity 2 and 3. Similarly, the estimated effect of the sex of the calf in gestation on the simultaneous lactation is very small [54].

Græsbøll et al. [33] also reported significantly higher milk productions (0.28%) in first lactating cows producing a bull calf. This difference was even higher when cows calved another bull calf, with a difference of 0.52% in milk production compared to any other possible combinations of offspring sex. The same study pointed that dams would favor a bull fetus by decreasing milk production during the second pregnancy if the calf born in the first parity was a heifer, which diluted the positive effect on milk production of calving a male in the first pregnancy. Being pregnant with a bull fetus may reduce milk production to possibly increase the energy spent

Differences Kg (%)	Calf gender combination at the first and second lactation		
	Female-female vs. male-male	Female-male vs. male-male	Male-female vs. male-male
at first lactation	24 (0.3)	7 (0.1)	13 (0.2)
at second lactation	52 (0.6)	5 (0.1)	53 (0.6)
Cumulative effect	76 (0.9)	12 (0.2)	66 (0.8)

**Table 2.**  
*Effect of the calf gender combination at the first and second lactation (305d) according to Hinde et al. [1].*



on the bull fetus. Also, cows seem to favor living bull offspring over unborn bull offspring, but unborn bull offspring over living heifer offspring [33].

The magnitude of sex bias milk production, when observed in other species, seems to be stronger among first parity females [11, 26, 27, 30, 59]. The fetal sex effect may be disguised in multiparous females because of the cumulative effects of sequential gestations with fetuses of different sexes on the mammary gland architecture [1]. It is also possible that maternal investment tactics may change according to the residual reproductive value of the offspring [1, 61] or transmit a targeted effort during a critical window of mammary gland preparation for a new lactation [1, 62]. Interaction effects were observed between calf gender across the first three parities, with the lowest second parity milk yield observed when a cow gave birth to male calves in all three parities. First parity calf sex did not have a significant effect on the third lactation milk yield. Disparities between the effects for calf sex sequences that differed only by the calf gender in the first parity were not significantly different from each other [40].

In cows' populations were a daughter-biased milk production was observed, this may involve life-history tradeoffs for both cows and their daughters. High milk production in dairy cows has been associated with reduced fertility, health, and survival depending on environmental conditions [63]. It was also observed that cows gestated during lactation have moderately reduced survival and milk production in their own adulthood [48, 64].

Some of the differences found across different studies could be partly explained by differences in the datasets used; Hess et al. [40] used total lactational yield, calculated using the test interval method; Hinde et al. [1] and Barbat et al. [54] used the test day model rather than predicting 305 day milk yields; Graesboll et al. [33] adopted a farm-based approach using Wilmink curves to calculate 305 day milk yields and Gillespie et al. [47] used the Milkbot lactation model, that can be affected by environment and genetics [65]. Also, the use of sexed semen was not known in most of the studies and it can have a significant impact in the results obtained. Sexed semen is mainly used to breed heifers with higher genetic merit [54, 66] and this creates an obvious bias towards female calves. This can be aggravated by the fact that heifers inseminated with sexed semen tend to have lower fertility and become pregnant later, consequently calving in an older age, which is associated with a higher milk production [67].

The effect of the calf gender can further interact with other factors, like parity or seasonality, making it difficult to evaluate it in a precise way. It was observed that after the third calving, the mother milk production was independent of the calf gender. This observation might be related to larger pelvic dimensions of older cows and by consequence a lower incidence of dystocia [41].

A significant difference between the dairy industry in Azores [34] or New Zealand [40] compared with other populations is that both are primarily pasture-based. The production and calving in Azores are not, however, as seasonal as the one observed in New Zealand [34, 40]. In the non-seasonal pasture-based system no calf-sex bias in milk yield was observed, even though a slight increase in fat percentage was associated with the birth of a male calf [34].

In Denmark, the difference observed in milk production due to the sex of the offspring was generally smaller than the difference between farms. Other management related aspects are more important for the milk yield registered and the differences identified might be due to size of the offspring rather than the sex, but size and sex might also have separated effects [33]. So far, no relation was observed among mean somatic cells count and the sex of the calf born [41, 68, 69], even though this parameter is often associated with the cow body condition [70].

Modeling complex biological features, such as milk production, is challenging due to the number of inherent and environmental aspects that can influence them. Also, the statistical model used for analysis may influence to a certain point the results and data interpretation. One explanation for the differences of the several studies on calf-sex biased milk production can be related to the models used. For example, in one of the studies, Holstein Friesian cows calving males in the first three parities had significantly lower first lactation milk yield than cows calving two males followed by a female in the first three parities, but this observation is biased if models do not include lactation length. Also, there are no reasonable biological reasons why to test the effect of the gender of the third calf on the first lactation yield. In fact, the observed effect of calf gender on milk yield is due to an association between calf gender and milk yield rather than calf gender triggering a difference in milk yield. The alleged effect of the third parity calf gender on the first lactation milk yield was not apparent when lactation length was included in the models [40].

In beef cows, studies with limited samples led to different sex-biased milk production, pointing to either favors a son [71], or a daughter [72], or not show any sex-biases [73]. A study in the red Chittagong cattle found no effect of the calf-sex in milk production [74].

#### **4. Pregnancy and lactation length**

In New Zealand, with a seasonal calving system, the calf gender was reported to influence milk yield possibly through the increased gestation length of male calves [40]. In that study, the milk production tests were performed on the same date for all cows, so those calving a male would have their tests performed, on average, 2 days earlier. However, when the lactation length (reported longer in male calves) was included in the model, no effects existed of the calf gender over the increased production of milk [40]. At least part of the reported difference in milk production due to calf gender, was really due to methodological issues. The interval-centering method used provide a  $10.8 \pm 4.0$  L higher milk yield if herd tests are 2 days later in lactation. However, the observed calf sex variance is too large to be explained only by this difference in herd test dates. When lactation length shortens depending on calving date, as well as the herd tests occurring 2 days earlier, the difference in milk yield is  $26.9 \pm 6.2$  L. This difference is similar to the observed effect of calf gender on milk yield, further supporting that this effect is, at least partially, due to the different lactation length when male calves are born 2 days later [40].

It is difficult to establish any association between the calf gender and a presumed sex-biased milk production or a sex-biased pregnancy length, because of various existing confounder factors that may permeate such interaction. Mean pregnancy in length male calves is longer than in females, the difference also being affect by breed and parity [40, 75]. Also, primiparous cows tend to present shorter pregnancies than multiparous cows, the calves born lighter [76], albeit the risk for dystocia is also higher for first calving cows.

Recently, Atashi and Asaadi [77], using 252,798 lactations on 108,077 Holstein dairy cows in Iran showed that multiparous cows with longer gestations performed better in lactation than primiparous cows. This study also showed that multiparous cows with short gestation length had a lower yield at the beginning of lactation and higher raising and declining slopes of the lactation curve compared with cows presenting longer or average length of pregnancy.

The production system may also interfere with milk production performance of dairy cows. In seasonal breeding systems, late calving cows usually have a shorter lactation since the entire herd ceases lactation on the same day [40]. The

lactation length is usually longer in non-seasonal systems because the lactation can continue until the milk yield of an individual cow drops below a point when it is more economical to dry the cow. In these conditions a weaker negative correlation between gestation and lactation length is observed compared with seasonal systems where all the cows are dried of on a single day [40]. However, even in non-seasonal systems lactation length was observed to be approximately four days shorter following the birth of a male calf compared to a female calf across the first four lactations [41]. Chegini et al. [41] found that cows calving female offspring had more persistent lactations than those that calving male offspring, suggesting that the lactation curves are different.

Still, there is some controversy regarding the best methodology to apply when modeling the milk production (whether in milk yield or composition) to adequately account the effects of the gender of the calf. This is not an easy task, because it establishes a complex interaction with other parameters (e.g., pregnancy length, dystocia, and some cow related factors) that may act as confounding factors. Lactation length is one important factor affecting milk yield per lactation, leading to the need to introduce correction factors for lactation length in the models for milk production in cows. Lactation length in itself has a negative relationship with the annualized production of milk and milk solids [78]. Also, the milk yield and milk production curves change according to the lactation number, the persistency of the peak and lactational length, the cow genetics and the number or milking frequency, among other factors. Such aspects should also be considered in the lactation modeling studies. Models construct evaluate the lactation curves should be used that take all possible confounders into account simultaneously. Therefore, further investigation is necessary to confirm whether the shape of lactation curves differ based on calf gender and identify potential biological explanations for any such difference.

## 5. Calving difficulty

Calving difficulty is higher with larger calves [79]. It is also known that there is a higher frequency of dystocia in male calves' birth [60, 74, 79]. Dystocia significantly reduces the whole lactation milk yield [40, 50, 54, 69, 75–77], besides increasing veterinary treatment costs [76], and reducing cow fertility. After dystocia there is a higher incidence of metritis [77], ketosis [80, 81], both associated with a decrease in milk production. Also, an easy calving presumably leads to a higher milk production because it is associated with reduced stress and pain during calving, consequently leading to a lower energy imbalance that can cause more metabolic disorders [41].

Male calves are typically larger than females, and pose a greater risk of dystocia [1, 79, 82]. However, Hinde et al. [1] reported that sex-biased milk synthesis remained when analysis was restricted to a subset of females without record of dystocia, and included information on individual cows across the first and second parity, favoring females.

A Danish study found different results. Farmer assisted calving were associated with a higher milk yield while cows with no farmer assistance or with veterinary assistance during the most recent calving produced less milk. This means that mildly to moderate calving difficulties improved milk yield, while no assistance or the need for veterinary assistance decreased subsequent milk production. In the same study the interaction between sex of offspring and difficulty of calving was found to be insignificant [33]. Still, it must be also considered that dystocia might go unnoticed, nevertheless affecting milk production, which could lead to misreading of the sex-bias towards higher production after female calving because

of unidentified or unrecorded dystocia [40]. The effect of the different degrees of dystocia in milk production or for how long they persist remain unclear [83–85].

In UK Holstein-Friesian cows, moderate calving difficulties resulted in higher milk production. It is possible that some births not needing help and human supervision may experience real difficulties that go unnoticed and are wrongly registered as an easy calving, when they might have had some difficulties without the farmer's notice. Furthermore, it is likely that cows with highly valued genetic material may be offered calving assistance from the farmer more often [67].

A reduction in milk production was observed between days in milk 10 and 90 after veterinary-assisted calving compared with non-assisted calving, leading to the conclusion that non-assisted cows presented a flatter lactation curve after peak yield [69]. One of the reasons is a reduced dry matter intake in the months postpartum [86].

In Jerseys the effects of calf gender in mothers milk production were not as pronounced as in Holstein-Friesians [40], which can point to a genetic selection of calf-sex biased milk production.

## 6. Biological pathways of sex-biased milk production

Dairy calves are usually separated from their mothers right after or within hours of birth and artificially reared; therefore, the differences observed on milk production of the mother should relate to factors affecting the lactogenesis in pre- or peri-natal period [40]. The pathways through which fetal sex may influence milk production are not yet fully understood. Sex-biased milk production may reflect differential cellular capacity in the mammary gland, programmed via hormonal signals from the fetal-placental unit, or post-natal through sex-biased nursing behavior [87]. Several hypothetical mechanisms have been explored in an attempt to explain the mechanisms that may explain a sex-biased milk production in bovine, albeit with discrepant results.

One possible mechanism may relate to the translocation of fetal hormones to the cow mammary gland via the maternal circulation [1]. The concentrations of sexual hormones differ between male and female fetuses and can potentially enhance or inhibit mammary milk synthesis if they get access to the maternal circulation. In the bovine species, fetal steroid hormones are present from the first trimester [1, 88, 89]. The hormones produced by the bovine fetus can cross the placenta to the cow circulation and calf sex influences hormonal levels in the mother [76, 90–94]. Thereby, variations in the blood levels of the hormones involved in lactogenesis may influence milk, dependent on the sex of the calf born [40]. In humans, higher concentrations of circulating androgens during the second trimester were associated with a lower probability of sustaining breastfeeding to three months post-partum, but the effect of fetal sex on the milk production was not directly analyzed [1, 95].

Also, it is possible that the sex of the first parity calf affects milk production for the duration of the productive life of a cow due to the differences in the level of the hormones that influence mammary development, as it has been reported in mice [96], since dairy cows are first bred before they are fully mature, usually with only 60% of their adult weight.

Xiang and colleagues [97] showed gender variations in the placenta weight in both *Bos taurus* and *Bos indicus* pregnancies; the placenta of the male fetus present heavier total placenta weight, better placenta efficiency heavier fetus weight than female fetus. These differences might explain and favor the fact that male calves are usually heavier than the female's.

Differences in the amount of placental lactogen produced between female and male fetus could differently prime the mammary gland of the cow [1]. It is accepted

that prolactin and placental lactogens have roles in mammogenesis and lactogenesis but the mechanisms of action of those hormones act are still in discussion, and the role of the calf gender is still unclear [98, 99]. Albeit the information available for bovine is scarce, in humans, differences were found in the levels of placental lactogen in the umbilical cord blood in female and male pregnancies [100]. It was also been shown that glucose-to-insulin ratios were lower in women bearing a female vs. those bearing a male fetus [101]. Both insulin and glucose are important modulators of milk production. The fetal Insulin-like peptide 3 (INSL3) are raised in maternal circulation during pregnancy in male-pregnant dairy cows and diminished in female-pregnant cows [102]. It was also demonstrated that the level of this hormone directly affects milk production [103, 104]. In cows, Insulin and IGF-I concentrations, important metabolic mediators of the energetic metabolism and body condition, are negatively associated with milk yield during the production phase of the lactation [105].

Hiendleder et al. [106] showed that total thyroxine concentrations were higher in male pregnancies, while triiodothyronine concentrations were unaffected by fetal gender. Contrastingly, free thyroxine concentrations were higher in female pregnancies of *Bos indicus* genetics, while in the *Bos taurus*, the values for that hormone tend to be higher in male pregnancies. No gender-associated differences were found regarding the Insulin-like growth factors in this study. The changes in the thyroid hormones' concentrations may contribute to a different pattern in gene expression at the mammary gland, due to their galactopoietic role that sets the mammary gland's metabolic priority during lactation [107].

Exploring another route, Chew et al. [108] showed that larger calves are associated with higher milk production, maybe related to higher concentrations of estrogen and placental lactogens during gestation. Indirectly, this could be one of the reasons why, in some cases, male calves are associated with higher milk production, since male calves are usually heavier at birth [109]. However, a negative correlation between birthweight and milk production during gestation was also found, leading to the hypothesis that the competition for nutrient between the fetus in gestation and the milk production for the current one would drive a diminished milk production. Yet, it cannot be ruled out that a high milk production is in itself responsible for a smaller birthweight of the calf in gestation [110].

Women giving birth to daughters show upregulation of epithelial/lactocyte genes, which may be associated with increased milk yield [111]. Also, in dairy cattle a sex-biased in nitrogen and energy metabolism during the transition period was observed [112]. Higher odds exist for a male birth in cows that lose less body condition after calving [113, 114]. The depth of the Negative Energetic Balance (NEB) experienced by these cows may affect the sex-biased production of milk to favor one sex or the other. The usually higher NEB that cows go through in more intensive systems may account for the results obtained under highly intensive conditions compared to the ones obtained under less stressful management. Roche et al. [113] showed that a higher loss of body condition score by the cow was associated with a higher rate of born females. Higher milk producer cows usually lose more body condition score and have a higher rate of female calves' gestation [114]. This might be the reason why it seems that the birth of a female is positive to milk production; however, the relationship between these factors might be the inverse, with higher producers having a higher rate of female calves [34].

Cow's milk production increases with the weight of the calf born [115], and male calves mean weight at birth is higher [82]. This difference in calf-sex birth weight can lead to the idea that the milk production is related to sex, when in fact it only reflects the birth weight [40]. Chew et al. [108] found no calf-sex bias in milk production when birth weight was included in the model.



The sex of the calf whose birth initiates lactation can influence the milk production in the subsequent lactation because of the hormonal influences on the mammary gland development or due to the calf sex effects on pregnancy length. Also, fetal sex can influence lactation production during pregnancy because cows become pregnant at peak lactation [109].

In the *Cervus elaphus* species, the red reindeer, dominant females give birth to a higher proportion of males than their subordinates. It is known that these dominant hinds produce higher levels of progesterone in the early days of pregnancy, and male blastocysts secrete interferon-tau earlier than females, so the hypothesis is that maternal recognition of pregnancy in dominant hinds is therefore more likely to be successful if the blastocyst is male [116]. Factors such as this at the time of maternal recognition of pregnancy in cattle could also affect calf sex, but this has not been studied yet.

Holstein heifers in the USA, even after administration of bST (bovine somatotropin) still produced significantly higher milk yield if they calve a female offspring, but sex-biased milk synthesis was not observed in parities two through five [1]. Even though hormones can cause sex-biased milk production, other factors such as birth, weight, lactation length and dystocia probably have a higher impact [40].

## 7. The use of sexed semen

Sexed semen produces 90% of offspring of the desired sex, but the fertility is reduced in between 75 to 80% compared with conventional frozen semen [117], because the sorting process produces a higher level of damaged to the spermatozoa [118]. Usually, sexed semen is applied more frequently in heifers, to profit from their higher fertility. Also, the heifers selected to be inseminated with sexed semen are usually the ones with higher genetic merit, so they are the ones producing the replacement animals [66].

The use of sorted semen in dairy industry screws the gender ratios into the female sex, seeking the production of future genetically superior replacement animals. Under the sex-biased milk production framework, and according to some studies [1, 41, 57], it would be expected to observe an increase in milk yield in cows that calved a female in their first and eventually in the second parity. This effect would overcome any negative effects exerted by the calving of a larger male fetus (increasing the stress over nutrients partitioning between the fetus and the mother during pregnancy, and increasing the risk for dystocia) and variations in pregnancy length. On the other hand, the sorted semen being applied more often in heifers or primiparous cows, the former tending to present shorter pregnancy lengths [76], may also influence the results if the type of semen used does not enter in the model used. Attention should be paid when analyzing data from most studies, because usually the type of semen used in artificial insemination is not considered as a variable in the statistical model, which could affect the results.

After investigating the effect of sex-bias in milk production, using simulated data and considering different intensities of sexed semen in three different scenarios, two studies concluded that including sex-bias could increase profitability between €4.0 and €9.9 per cow per year [58, 119] (Table 3). On the other hand, it was also concluded that any increase in milk yield from cows calving a female calf was insufficient to warrant the use of sexed semen. The real influence of sex-biased milk production using sexed semen must be further studied before recommendations can be made into its economic impact [40]. Also, two different studies concluded that, even though there might be an effect of calf gender on a cows' milk production, the

Differences in milk yield per cow/year	Without sex bias	With sex bias	Simulation scenario
Milk yield (kg of ECM)	36	48	Sorted semen used in 30% of heifers and 30% of cows
Net return (€)	3.0	7.0	
Milk yield (kg of ECM)	66	99	Sorted semen used in 100% of heifers and 50% of cows
Net return (€)	3.1	13.0	

**Table 3.**  
*Effects of the use of sex sorted semen on milk yield per cow/year considering two different simulation scenarios [109].*

impact was not large enough to influence profit [54] or encourage the use of sexed semen [56].

8. Conclusions

Whether or not a sex biased milk production in dairy cows exists, this bias can vary, favoring one sex or the other and, sometimes, none. It seems to favor females in intensive production systems, while in other less intensive systems this was not observed.

The conflictual results obtained in different studies considering the cow may influence the sex of offspring suggest that the systems where cows are generally in good and competitive condition produce more milk for bull calves. They also seem to indicate that cows in a worse condition, or of a genetically diverging strain, apparently invest more milk in heifer calves. Up to now, conflicting reports have been presented to the scientific society, but differences among the models used make difficult to establish a clear relation between the gender of the offspring and the productivity of the cow. The different results observed are probably due to differences in the methodological approach, and the different influencer parameters used to calculate a lactation milk production, and in possible confounding factors that may not be completely identified. Also, other factors, such as different housing and feedings can have impact in calf-sex milk production bias in pathways still to be understood.

To further explore this theory, additional research is needed that includes other cattle populations and correlating the investment strategy with an animal welfare index. If the calf sex effect in milk production is present in a population, selection of bull mothers and progeny tested bulls may be biased due to the offspring sex, increasing the genetic progress towards more profitable cows, if this calf-gender bias is accounted for in breeding value estimation.

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Conflict of interest

The authors declare no conflict of interest.

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# Reproductive Toxicity of Insecticides

*Mehtap Kara and Ezgi Öztaş*

## Abstract

Pesticides include several classes such as insecticides, herbicides, fungicides, and have widespread usage in agriculture. Different type of pesticides and their combinations affect dairy animals through their lifetime and the livestock industry. Under chronic exposure conditions, hormonal and cellular systems of animals, which play a role in reproduction, are affected dramatically. Some of the insecticides act as endocrine disruptors and impair reproductive hormone metabolic pathways via the hypothalamic-pituitary-gonadal (HPG) axis. Additionally, insecticides could have harmful effects on reproductive organs that may cause infertility. The aim of this chapter is review the toxic effects of insecticides on animal reproductive system focusing on molecular mechanisms.

**Keywords:** organophosphates, organochlorines, pyrethroids, male and female reproduction system, endocrine disruption

## 1. Introduction

Over decades, consumption of pesticides has slightly increased year by year; over 4 million tons of pesticides were used worldwide in 2017. Asia (52.8%) followed by USA (30.2%) and Europe (13.8%) were the highest amount of pesticide used obtain the most excessive amount of pesticide used continents. Insecticides, a subgroup of pesticides, constitute nearly 100000 tons per year [1]; and, carbamates, chlorinated hydrocarbons, organophosphates and pyrethroids are most commonly used insecticides. Although these chemicals increase crop yields and provide economic benefits by reducing pest-borne diseases, their harmful effects on human health and environment still have the attention; and, considering these effects less toxic alternatives continue to be developed. Pesticide exposure alone or in mixture via environmental contamination could have important acute and chronic adverse effects on living organisms. Pesticide usage in agriculture is increasing every passing day and becoming a confusing issue due to the use of new chemical compounds that come into the market.

Chronic or delayed insecticide exposure exerts its toxicity on several systems such as nervous, immune, respiratory and reproductive. Reproductive toxicity of insecticides may affect either men or women; reduced fertility, spontaneous abortion, birth defects and developmental retardation have been linked to insecticide toxicity [2, 3]. For livestock industry, decreasing reproductive functions is rising problem; and, common problems can be listed as infertility, sub-fecundity, ovarian

cycle failures, decreased pregnancy rates, altered germ cell quality, reduced sperm motility as well as structural damage of testes or ovaries [4]. Furthermore, insecticides have important impacts on HPG axis and that qualifies them as endocrine disrupters. Endocrine-disrupting insecticides alter hormone synthesis or impair hormonal metabolic pathway by acting as hormonal receptor agonist or antagonists [5].

This chapter describes the reproductive system toxicity of commonly used insecticides based on each male and female; furthermore, it focuses on endocrine disruption.

## 2. The fundamentals of insecticides

Insecticides are described as “chemicals used to control insects by killing them or preventing them from engaging in undesirable or destructive behaviors” by United States Environmental Protection Agency (EPA) [6]. Insecticides provide substantial benefits during agriculture by controlling or preventing pests that could harm to crops and food causing nutritional and economic losses. Additionally, pests could damage wooden constructions and reduce the beauty and attractiveness of landscapes. Furthermore, insects could carry various diseases such as malaria [7, 8]. Insecticides play a crucial role in producing safe and quality food at affordable prices, home and gardening as well as controlling pest-borne diseases for public health.

Insecticides can be classified in varying ways such as their chemical structure, natural or synthetic origin, application requirement or mode of action. The chemical structure is particularly important for toxicology, since insecticides could exert similar toxicological effects due to their common chemical properties. Considering the chemical structure, insecticides could be divided into five groups: (i) organochlorines, (ii) organophosphates, (iii) carbamates, (iv) pyrethrins/pyrethroids and (v) nicotine/neonicotinoids.

Organochlorines have chlorinated hydrocarbon structures with high lipophilicity and persistence in the environment. Most exert their effects by disrupting sodium/potassium imbalance and others affect  $\gamma$ -aminobutyric acid (GABA) receptors; eventually, they cause hyperexcitation in the nervous system. Organophosphates, as another major class of insecticides, are phosphoric acid esters that cause acetylcholine accumulation at neuromuscular junctions by irreversible acetylcholinesterase (AChE) inhibition [6, 9, 10]. The other AChE inhibitor insecticide group carbamates are carbamic acid derivatives and show their effects reversibly, unlike organophosphates [11]. Pyrethrins are isolated from the flowers of *Chrysanthemum cinerariaefolium*; and, pyrethroids are synthetic analogs of pyrethrins. Both keep open the sodium channels, cause hyperexcitation in peripheral and central nervous systems and ultimately lead to paralysis. Pyrethrins and pyrethroids have lower environmental bioaccumulation and mammalian toxicity [12, 13]. Nicotine and neonicotinoids, as a newer class of insecticides widely used all over the world, have selectively neurotoxic effects on nicotinic acetylcholine receptor (nAChRs) [14].

High levels of exposure to several insecticides due to lack of legislations, regulations and education with ignorant behaviors may cause serious consequences on the human health and environment. Many studies showed that the misuse or overuse of insecticides lead to harmful effects in various systems such as nervous, respiratory and reproductive. The rest of this chapter gives details of the effects of selected insecticides on the female and male reproductive systems.

### 3. Toxicity of insecticides on reproductive system

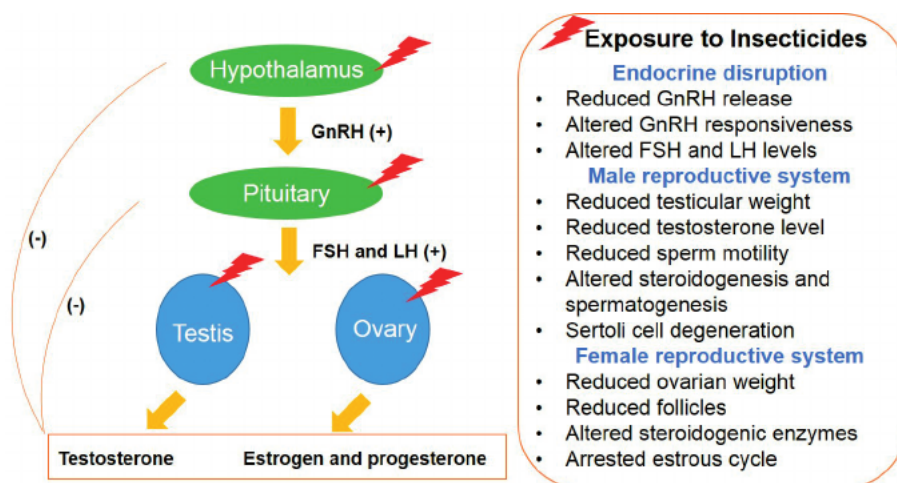
Toxic effects of insecticides on male and female reproductive system and HPG axis are shown in **Figure 1**.

#### 3.1 Hormonal system disruption

Insecticides could be characterized as “endocrine disrupters” due to their adverse effects on reproductive hormone pathway [15]. The half-life of endocrine-disrupting insecticides changes from hours to months in the environment. Insecticides may have toxic effects on synthesis, secretion, transport, binding to target receptors, intracellular transmission and elimination processes of reproductive hormones. In addition, insecticides alter hormone-receptor binding via changing receptor affinity or agonist/antagonist effects, since, they mimic hormones. Thus, many of insecticides have estrogenic, androgenic or anti-estrogenic and anti-androgenic effects. Furthermore, insecticides could bind several types of receptors such as membrane, nuclear, orphan and neurotransmitter receptors. Endocrine-disrupting insecticides also exert toxic effects via inducing cell death in reproductive system cells playing a role from hormone synthesis to germ cell axis. Different studies confirmed that insecticides irreversibly affect hypothalamic-pituitary axis due to their mimicking properties of hormones or undesired inhibition or activation of metabolic pathways [15–17].

Pyrethroids, synthetic esters of pyrethrins, widely used worldwide are important endocrine-disrupting chemicals. In animal studies, contradictory results were obtained about the effects of pyrethroids on HPG axis. It has been shown that permethrin, fenvalerate and cypermethrin exposure decreased serum testosterone levels and increased follicle stimulating hormone (FSH) and luteinizing hormone (LH) levels. Lower levels of testosterone constitute negative feedback in HPG axis resulting in increased levels of FSH and LH. However, in another study, delthamethrin exposure caused increased levels of testosterone, FSH and LH [18].

Elbetieha et al. [19] demonstrated that cypermethrin exposure decreased the serum testosterone, FSH and LH levels in male rats. On the other hand, different studies reported that pyrethroids have no effects on hypothalamus functions and



**Figure 1.**  
Schematic representation of insecticides on male and female reproductive system via HPG axis (32).



gonadotropin releasing hormone (GnRH) levels. There are few studies demonstrating that gonadotropic cells' function and expression of LH and FSH coding genes have changed with pyrethroids exposure [20]. Dohlman et al. [21] reported that permethrin caused reduction in progesterone levels in beef heifers. Overall, it has been concluded that changes of hormone production due to exposure of pyrethroids depend on dose and duration of the exposure.

Soljjou et al. [22] demonstrated that thiacloprid, a neonicotinoid, and deltamethrin, a pyrethroid, exposure decreased GnRH, LH, FSH and testosterone serum levels in the hypothalamus in a dose-dependent manner; and, interfered with steroidogenesis in testicular tissues. Annabi and Dhouib [23] showed that imidacloprid, a neonicotinoid, affected the biochemical pathways of hypothalamic-pituitary-adrenal (HPA) axis via induction of oxidative stress.

Heptachlor, an organochlorine, may induce testosterone synthesis via 16- $\alpha$  and 16- $\beta$  hydroxylases. Thiram, sodium N-methyldithiocarbamate and other dithiocarbamate insecticides inhibit the dopamine- $\beta$ -hydroxylase activity and result in higher LH production, which prolonged proestrus stage. It has been reported that chlordimeform and amitraz interfere with the norepinephrine by binding to  $\alpha$ 2-andrenoreceptors and disrupt the GnRH release. Some other insecticides such as methoxychlor, DDT endosulfan, toxaphene, dieldrin, triadimefon, aldrin, methiocarb, chlordecone, malathion and sumithrin affect the HPA axis via binding receptors, mimicking the hormones and have shown estrogenic effects [24, 25]. In **Table 1** [3], selected insecticides and their endocrine-disrupting effects are listed.

### 3.2 Toxicity on male reproductive system

Dysfunction of male reproductive system represents a fundamental issue for livestock industry. Impairment of spermatogenesis, anti-androgenic effects, alterations in reproductive enzyme pathways, decreased sperm quality and motility

Pesticide	Hormone disruption effects
Aldicarb	17 beta-estradiol and progesterone inhibition
Aldrin	Androgen receptor binding
Bioallethrin	Estrogen-sensitive cells proliferation inhibition
Carbofuran	Estradiol and progesterone increase; testosterone decrease
Chlordane	Androgen receptor binding, estrogenic pathway inhibition
Chlorpyrifos-methyl	Androgen activity antagonism
Cypermethrin	Estrogenic effect increase
Deltamethrin	Estrogenic activity
Dieldrin	Androgen receptor binding, inducing estrogen receptor production in the cell
Endosulfan	Androgen receptor binding, inducing estrogen receptor production in the cell
Fenoxycarb	Testosterone metabolism disruption
Lindane	Luteal progesterone decrease, androgen, estrogen and progesterone receptor binding
Methoxychlor	Estrogenic effect, pregnane X cellular receptor binding
Parathion	Gonadotrophic hormone synthesis inhibition
Tetramethrin	Estrogen antagonism in females

**Table 1.**  
*Selected insecticides and their effects on endocrine system.*

are key elements in insecticide-induced male infertility [5]. Insecticides exert their toxic outcomes on male reproductive system by directly affecting reproductive organs (testes, sertoli cells, leydig cells) and germ cells or impairing hormonal balance in secondary endocrine system [26].

It has been demonstrated in laboratory animals that carbamates have toxic effects on male reproductive system. Alterations of testicular weight and male accessory gland morphology, degeneration of seminiferous tubules and epididymis, spermatogenesis arrest, abnormalities of sperm motility and number, impairment of serum hormone and total proteins levels and estrogen receptor expressions were observed in several studies. However, detailed underlying molecular mechanisms of carbamate toxicity on male reproductive organs are still unclear [26–29].

Organophosphates could alter the spermatozoon chromatin structure, DNA, acrosome, motility and, have toxic effects on HPG axis. Reduced levels of testosterone were measured with organophosphate exposure due to inhibition of testosterone synthesis, which possibly occurs via reduction of steroidogenic enzymes' expression levels [5]. Organophosphates have dose-dependent detrimental effects on the morphology of testis and seminiferous tubules by causing atrophy and inducing germ cell death [26]. Additionally, organophosphate exposure is associated with decreased levels of sialic acid, glycogen alkaline phosphatase activity and increased levels of total protein, cholesterol and acid phosphatase. These imbalances could lead to induction of oxidative stress in male reproductive system by triggering inflammation, mitochondrial deficiency, DNA fragmentation and apoptosis [30, 31]. In wild birds such as parakeets and munias, organophosphate administration resulted in testicular dysfunctions [32]. Organophosphate insecticides induce DNA damage in sperm chromatin and that alters spermatogenesis pathway and causes infertility in male animals. Germ cell genetic material is protected by structure of male reproductive organs; however, it has been demonstrated that organophosphate insecticide disrupted the germ cell DNA integrity [32].

DDT, methoxychlor, chlordane, heptachlor, aldrin, dieldrin, endrin, toxaphene, mirex and lindane are commonly used organochlorines. Organochlorines have shown their toxic effects via inducing oxidative stress in the epididymis and decreasing antioxidant defense. It has been demonstrated that endosulfan caused abnormal sperm maturation in the epididymis. In addition, organochlorines disrupt male reproductive maturation in adolescence. TCDD (2,3,7,8-tetrachlorodibenzo-p-dioxin), the most dangerous compound in world history, causes reduced fertility, delayed puberty and reproductive organ weights alterations, and also induces oxidative stress resulting in abnormal sperm morphology, motility and sperm number decrease [26].

Pyrethroids are generally accepted as safe; however, their weak toxic effects on reproductive system were demonstrated in limited studies. Pyrethroids have adverse effects such as reducing sperm count and motility, aneuploidy in germ cells, reducing sex hormone levels and reducing semen quality and sperm morphological abnormalities in human [33].

### **3.3 Toxicity on female reproductive system**

Toxic effects of insecticides on female reproductive system were shown in different studies; and, it is concluded that insecticides disrupt female endocrine system and cause alterations in reproductive organs and germ cells [24]. Insecticides disrupt ovarian physiology. This is a two-way street as altering organ functions causes hormone secretion changes and this endocrine changes mostly affect the female reproductive system and result with dysfunctions via HPG axis.

Disrupted hormone synthesis, altered follicular maturation, disrupted ovarian cycle, pregnancy time prolong, stillbirth and infertility are linked to oxidative imbalance in the cells, and eventually lead to DNA damage, inflammation and apoptosis induction [34].

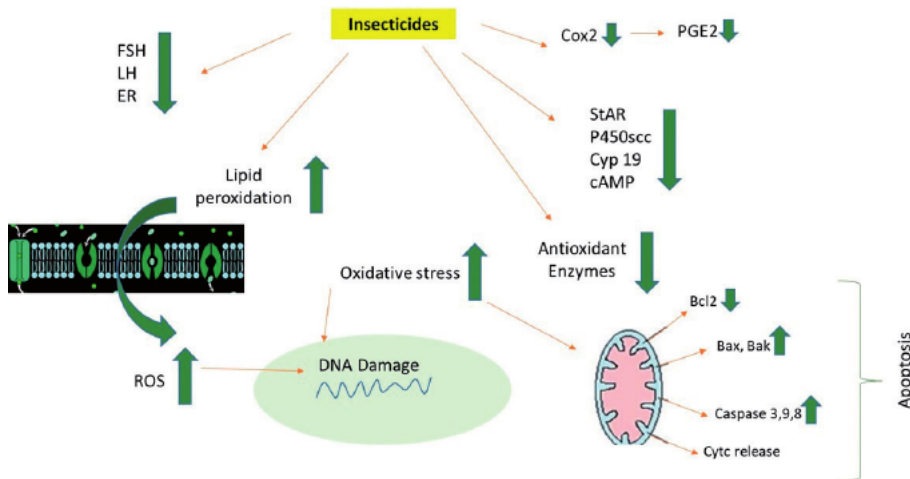
It has been speculated that pesticides have important role in slaughtering buffaloes reproductive defects. This could be associated with follicle membrane permeability features that permit xenobiotics entrance to the system. Higher concentrations of insecticides including DDT, eldrine, endosulphan and butachlor were detected in ovary than serum. This could make a way for follicular wall alterations and more insecticide entrance to the cellular system. In addition, insecticides could affect germ cells at primordial phases resulting in infertility in adult stage [5].

In wild birds such as female bobwhite quail (*Colinus virginianus*), parathion exposure caused reduction of egg production, impairment of follicular cycle, and reduction of LH and progesterone levels. Organophosphate (methyl parathion/phosphamidon/quinalphos) administration of white-throated munia (*Lonchura malabarica*) caused inhibition of two important enzymes:  $\Delta 5$ - $3\beta$ -hydroxysteroid dehydrogenase ( $3\beta$ HSD) and  $17\beta$ -hydroxysteroid dehydrogenase ( $17\beta$ HSD), playing key role in estrogen and progesterone production inhibition [32].

Endosulfan, an organochlorine, triggered apoptosis via oxidative stress induction in the follicle cells. Moreover, it induced the expressions of steroidogenic acute regulatory protein (StAR), CYP19A1a and aromatase, causing improper ovarian maturation. DDT exposure caused ovulation time alterations via inhibiting CYP450-side chain cleavage enzyme, progesterone receptor, estrogen sulfotransferase, cyclooxygenase-2 (COX-2) and epidermal growth factor (epiregulin) [34].

In female reproductive system, chlorpyrifos cause alterations in uterine weight and morphology via inducing surface epithelium and myometrium thickness [35]. In addition, chlorpyrifos could qualify as an ovotoxic and embryotoxic agent while mimicking estrogen and altering embryonic hatching, cell proliferation and apoptosis in zebrafish. Furthermore, chlorpyrifos reduces the levels of serum sex hormones such as LH, estrogen and progesterone [36, 37].

Toxic effects mechanisms of insecticides in female reproductive system are schematized in **Figure 2**.



**Figure 2.** Toxic effects mechanisms of insecticides in female reproductive system (FSH; follicle-stimulating hormone, LH; luteinizing hormone, ER; estrogen, ROS; reactive oxygen species, Cox2; Cyclooxygenase-2, StAr; Steroidogenic acute regulatory protein) [34].

#### **4. Conclusions**

Due to fact that insecticides may affect directly either male or female reproductive system as well as alter endocrine balance, eliminating or reducing the usage of insecticides is still a major concern. Considering literature data, many of insecticides caused infertility or developmental abnormalities by several pathways, and it is urgent to create awareness. Since, a huge amount of the data was obtained based on the rodent studies, further studies are needed to enlighten the toxic effects of insecticides on livestock. Furthermore, it would be possible to develop more effective and reduced-cost of stockbreeding by the clarification of possible molecular mechanisms of the insecticides.

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